



WELCOME TO YOUR SOUND JOURNEY  
2025







Our Vision and Ambassadors	02-03	Crystal Tuning Forks	49
A Guide to Crystal Singing Bowls	04-05	Handpans	50-52
Crystal Singing Bowls	06-20	Intuitive Play	53
Solfeggio Frequencies	10-11	Steel Tongue Drums	54-55
Crystal Singing Chalices	21	Kalimbas	56-57
Singing Bowl Practice	22-23	Wah-Wah Tubes, Chimes & Bell	58-63
Yoga Nidra	23	Cosmic Bamboo Chimes	62
Singing Bowls	24-29	Energy Chimes	64-65
Soundscape Gongs	30	Sound Effects	65-71
Gongs	31-39	The Sound of Nature	66-67
Working with Tuning Forks	40-41	Didgeridoos	71
Tuning Forks	42-48	The Magic of Drum Circles	72
The Binaural Effect	47	Frame Drums	73-75



# welcome to your SOUND Journey

**A journey to find more calmness, focus and relaxation. A journey to discover fresh, energizing sounds through instruments designed for anyone to explore, create and feel.**

## our VISION

In the hectic chaos of the modern age, it's easy to lose yourself in the stress of everyday life. Restlessness has become a universal companion, whispering in our ears, urging us to keep going, keep doing, and searching for something just out of reach. Within this discord of the external world, there exists a profound remedy: Sound.

Sound has the power to bridge the gap between the outer chaos and our inner world, offering us a pathway to peace and serenity. We want to embrace the power of sound together and start truly listening again. To rediscover our inherent sound.

### **Our vision includes ...**

- ... Creating moments of mindfulness and well-being in times of unrest, when everyone is always expected to perform.
- ... Allowing ourselves to slow down and reconnect with our inner world.
- ... Spreading our instruments with their positive effects all over the world to make them accessible to as many people as possible, no matter their age, gender, health, or wealth status.
- ... Reaching places with sound where words do not.
- ... Inspiring people to get creative and explore their own intuition.
- ... Supporting kids in finding joy through experimentation, strengthening their focus, concentration, and motor skills.
- ... Forming a way of communication through sounds for people who cannot express themselves verbally.
- ... Supporting all kinds of processes – physical, mental, and emotional.





# our Brand AMBASSADORS

Get to know the people who represent our brand with their energy, creativity and authenticity every day. Together, we want to spread the vision of sound as an universal message to the world. In May 2024, our first Brand Ambassador training took place and these are the very first Brand Ambassadors that were officially trained by us.



Emanuele  
Brunazzetto

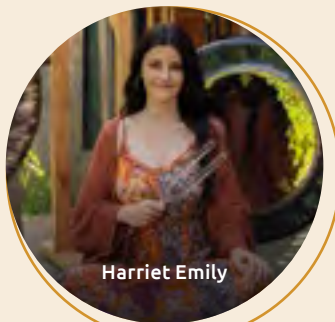


Lea Ferrante & Chloé  
Delfine Colombo



Peter Cushin

It has been an honor to be part of this training. The energy, the connection, the location – everything was magical! Chloé



Harriet Emily

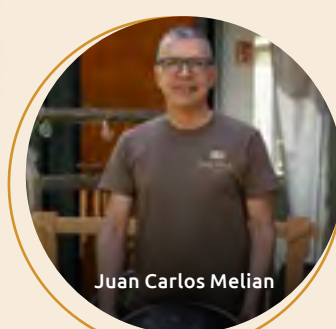


Francesco Fasanaro

Super delighted to have participated in this excellent experience. Thank you for all this ENERGY. Peter



Neval  
Karaman-Ribeiro



Juan Carlos Melian

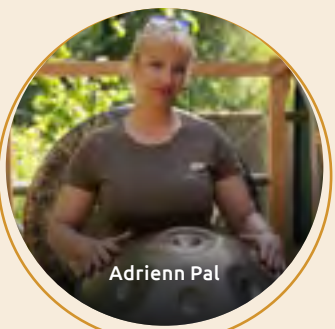
Sharing thoughts, skills and different point on views with people from all over the world. I couldn't ask for something more beautiful and enriching. Francesco



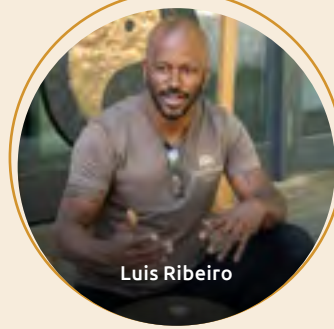
Carolin Mertens



Lucia Nosko



Adrienn Pal

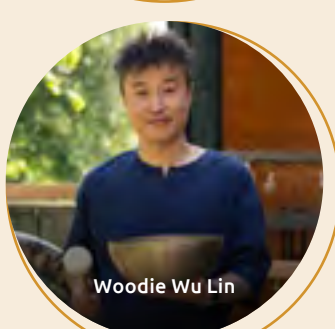


Luis Ribeiro

Coming into Union to create the New Earth. Caro



Kissen Taniguchi



Woodie Wu Lin



Mariela Sarkima

# Discover the variety

## A Short Guide to Crystal Singing Bowls

Crystal singing bowls create a soothing and uplifting resonance that invites people to enter a deep state of peace and relaxation when listening to them. There are a variety of different types of crystal singing bowls, ranging from frosted bowls to clear singing chalices, and each type offers a distinct sound and atmosphere that enriches the journey created in a Sound Bath.

### Frosted Singing Bowls

Frosted crystal singing bowls provide a rich spectrum of sound that can build to fill a large hall when playing for a crowd, or be played softly in a cozy studio for one-to-one Sound Bath. The frosted edge is what allows the sound of this type of crystal singing bowl to be so versatile. Frosted bowls come in a variety of octaves, so that you can create deep and calming tones when using bowls in the 3<sup>rd</sup> octave, or a joyful and uplifting soundscape when playing bowls in the 4<sup>th</sup> or 5<sup>th</sup> octave.

My favourite mallets for frosted singing bowls are the Crystal Singing Bowl Mallet made of rubber (see page 16), to create a clear and crisp tap when striking the bowl, or the Silicone-coated Rod (see page 16) for creating a smooth and relaxing sound when playing around the edge of the bowl.

### Exploring Frequencies

Crystal singing bowls are also available in a variety of different frequencies. 440 Hz is the standard tuning of music, and many bowls are tuned to this, meaning that the tone of crystal singing bowls in this tuning is likely to fit in with most musical instruments you already have at home. 432 Hz is a popular frequency used for relaxation and meditation, and many sound healing practitioners choose to use crystal singing bowls in this frequency for this reason when delivering Sound Baths. Sonic Energy's Planetary Crystal Singing Bowls are tuned to the frequencies based on the calculations of Hans Cousto, who discovered the frequencies of each planet. Working with planetary bowls adds a layer of symbolism and storytelling to your work, as you can share the mythology and meaning behind that planet in the sound journeys you create. Solfeggio crystal singing bowls are tuned to specific frequencies which have been used in both ancient and modern meditation practices that are known to have many different benefits for body, mind and spirit.





## Working with Chakras and Colours

When creating a Sound Bath, many people like to include the yogic chakra system and the meaning of each chakra as a way of choosing which sounds to include. When working with the chakras and crystal singing bowls, many people use this understanding:

**C = Root Chakra (red)**

**D = Sacral Chakra (orange)**

**E = Solar Plexus Chakra (yellow)**

**F = Heart Chakra (green)**

**G = Throat Chakra (sky blue)**

**A = Brow Chakra (indigo blue)**

**B = Crown Chakra (purple)**

If you enjoy working with colour in your practice, the marble-frosted crystal singing bowls and colour-frosted crystal bowls make a perfect addition to your sound journeys, as each note is colour-matched with the associated note and chakra.

## Essence Crystal Singing Bowls and Chalice

The Essence Crystal Singing Bowls have a smooth, polished finish which allows the sound created by these bowls to have a very clear and long-lasting resonance that is tranquil and relaxing. The chalice variety of these bowls allows you to direct the sound around the room, as you can also pick these bowls up and move them in your hand whilst you play, creating a hypnotic, cocooning effect. My favourite mallets to use with these bowls are the Suede Resonant Mallet (see page 28), for creating a clear and crisp tap when striking the bowl, and the Crystal Silicone Rod (see page 16) creating a smooth and relaxing wave of sound when playing around the edge of the bowl.



### About Harriet

With 10 years of experience in the wellness industry, Harriet has held hundreds of events across the globe and is known for hosting some of London's best well-being events. Her lifelong passion for wellness and meditation is central to her work and this passion is infused into every project and service that she provides. She is proud to have collaborated with some of the world's most reputable brands and businesses. In 2022, Harriet launched her private studio and London residency within the Harrods Wellness Clinic and in 2024, was announced as a Brand Ambassador for Sonic Energy.

[www.harrietemily.com](http://www.harrietemily.com)

# CRYSTAL SINGING BOWLS

**NEW** 



Root Chakra,  
8" / 20 cm  
**CSB8C5**

Heart Chakra,  
8" / 20 cm  
**CSB8F**

Crown Chakra,  
8" / 20 cm  
**CSB8B**

Brow Chakra,  
9" / 22 cm  
**CSB9A**

Sacral Chakra,  
10" / 25 cm  
**CSB10D**

Solar Plexus Chakra,  
10" / 25 cm  
**CSB10E**

Heart Chakra,  
10" / 25 cm  
**CSB10F**



Throat Chakra, 10" / 25 cm  
**CSB10G**

Heart Chakra, 11" / 28 cm  
**CSB11F**

Root Chakra, 12" / 30 cm  
**CSB12C**

Sacral Chakra, 12" / 30 cm  
**CSB12D**

Solar Plexus, 12" / 30 cm  
**CSB12E**



Heart Chakra, 12" / 30 cm  
**CSB12F3**

Heart Chakra, 12" / 30 cm  
**CSB12F**

Brow Chakra, 12" / 30 cm  
**CSB12A3**

Sacral Chakra, 13" / 33 cm  
**CSB13D**

Root Chakra, 14" / 35 cm  
**CSB14C**

**NEW**

**NEW**

**NEW**



Throat Chakra, 14" / 35 cm  
**CSB14G**

Root Chakra, 16" / 40 cm  
**CSB16C3**

Solar Plexus Chakra, 16" / 40 cm  
**CSB16E3**

Heart Chakra, 16" / 40 cm  
**CSB16F3**

## 1 CRYSTAL SINGING BOWLS, 432 HZ

- SIZES**
- CSB8**: 8" / 20 cm diameter
  - CSB9**: 9" / 22 cm diameter
  - CSB10**: 10" / 25 cm diameter
  - CSB11**: 11" / 28 cm diameter
  - CSB12**: 12" / 30 cm diameter
  - CSB13**: 13" / 33 cm diameter
  - CSB14**: 14" / 35 cm diameter
- MATERIAL**  
Gemstone (Quartz)
- TUNING**  
A4/a' 432 Hz
- CSB8C5**: Root Chakra, C5
  - CSB8F**: Heart Chakra, F4
  - CSB8B**: Crown Chakra, B4
  - CSB9A**: Brow Chakra, A4
  - CSB10D**: Sacral Chakra, D4
  - CSB10E**: Solar Plexus Chakra, E4
  - CSB10F**: Heart Chakra, F4
  - CSB10G**: Throat Chakra, G4
  - CSB11F**: Heart Chakra, F4
  - CSB12C**: Root Chakra, C4

### FEATURES

- CSB12D**: Sacral Chakra, D4
  - CSB12E**: Solar Plexus Chakra, E4
  - CSB12F3**: Heart Chakra, F3
  - CSB12F**: Heart Chakra, F4
  - CSB12A3**: Brow Chakra, A3
  - CSB13D**: Sacral Chakra, D4
  - CSB14C**: Root Chakra, C4
  - CSB14G**: Throat Chakra, G3
  - CSB16C3**: Root Chakra, C3
  - CSB16E3**: Solar Plexus Chakra, E3
  - CSB16F3**: Heart Chakra, F3
- INCLUDES**  
White silicone ring

## 2 CRYSTAL SINGING BOWL SETS, 3 PCS.

### CONTAINS

- CSBSETAFC**:  
CSB9A (Brow Chakra)  
CSB12F (Heart Chakra)  
CSB14C (Root Chakra)
  - CSBSETAFD**:  
CSB9A (Brow Chakra)  
CSB11F (Heart Chakra)  
CSB13D (Sacral Chakra)
  - CSBSETGEC**:  
CSB10G (Throat Chakra)  
CSB12E (Solar Plexus Chakra)  
CSB14C (Root Chakra)
- INCLUDES**  
White silicone ring  
Crystal silicone rod (CSBRL)  
Crystal singing bowl mallet (CSBM)



2



Set, 3 pcs.  
**CSBSETAFC**

3



Set, 7 pcs.  
**CSBSETCHA**



Set, 3 pcs.  
**CSBSETAFD**



Set, 3 pcs.  
**CSBSETGEC**

CRYSTAL SINGING BOWL SLEEVE SET  
(SEE PAGE 17)



**CSBPSSET2**

CRYSTAL SINGING BOWLS

**3 CRYSTAL SINGING BOWL CHAKRA SET**

- CONTAINS** CSB8B (Crown Chakra)  
CSB9A (Brow Chakra)  
CSB10G (Throat Chakra)  
CSB11F (Heart Chakra)  
CSB12E (Solar Plexus Chakra)  
CSB13D (Sacral Chakra)  
CSB14C (Root Chakra)
- INCLUDES** 7 x white silicone ring  
Crystal silicone rods (CSBRM, CSBRHL)  
Crystal singing bowl mallet (CSBM)



# CRYSTAL SINGING BOWLS

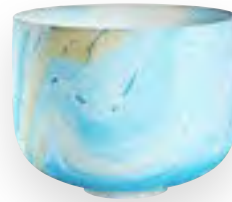
1 432 Hz



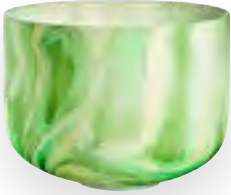
Crown Chakra, 10" / 25 cm  
**MCSB10B**



Brow Chakra, 10" / 25 cm  
**MCSB10A**



Throat Chakra, 10" / 25 cm  
**MCSB10G**



Heart Chakra, 10" / 25 cm  
**MCSB10F**



Solar Plexus Chakra, 10" / 25 cm  
**MCSB10E**



Sacral Chakra, 10" / 25 cm  
**MCSB10D**



Root Chakra, 10" / 25 cm  
**MCSB10C**

2



432 Hz



Set, 7 pcs.  
**MCSBSETCHA**

## 1 MARBLE CRYSTAL SINGING BOWLS

**SIZE** 10" / 25 cm diameter

**MATERIAL** Gemstone (Quartz)

**TUNING** A4/a' 432 Hz

**MCSB10B:** Crown Chakra, B4

**MCSB10A:** Brow Chakra, A4

**MCSB10G:** Throat Chakra, G4

**MCSB10F:** Heart Chakra, F4

**MCSB10E:** Solar Plexus Chakra, E4

**MCSB10D:** Sacral Chakra, D4

**MCSB10C:** Root Chakra, C4

**FEATURES** Made of high-purity quartz  
Exterior frosted colour, marbled  
Extremely long-lasting resonance

**INCLUDES** White silicone ring

**COLOURS** **MCSB10B:** Purple  
**MCSB10A:** Dark Blue  
**MCSB10G:** Light Blue  
**MCSB10F:** Green  
**MCSB10E:** Yellow  
**MCSB10D:** Orange  
**MCSB10C:** Red

## 2 MARBLE CRYSTAL SINGING BOWL CHAKRA SET

**CONTAINS** MCSB10B (Crown Chakra)  
MCSB10A (Brow Chakra)  
MCSB10G (Throat Chakra)  
MCSB10F (Heart Chakra)  
MCSB10E (Solar Plexus Chakra)  
MCSB10D (Sacral Chakra)  
MCSB10C (Root Chakra)

**INCLUDES** 7 x white silicone ring  
Crystal silicone rod (CSBRM)  
Crystal singing bowl mallet (CSBM)





Crown Chakra,  
Amethyst, 8" / 20 cm  
**CSBA8B**



Heart Chakra,  
Rose Quartz, 10" / 25 cm  
**CSBR10F**



Heart Chakra,  
Emerald, 10" / 25 cm  
**CSBE10F**

**6 NEW**



8" / 20 cm  
**PCSB80M**

**NEW**



16" / 40 cm  
**PCSB160M**



**7**



8" / 20 cm  
**PCSB8FOL**



10" / 25 cm  
**PCSB10FOL**

**NEW**



16" / 40 cm  
**PCSB16FOL**

CRYSTAL SINGING BOWLS

**3 AMETHYST CRYSTAL SINGING BOWL**

**SIZE** 8" / 20 cm diameter  
**MATERIALS** Gemstones (Quartz and Amethyst)  
**TUNING** A4/a' 432 Hz, Crown Chakra, B4  
**FEATURES** Made of high-purity quartz; Extremely long-lasting resonance  
**INCLUDES** White silicone ring

**4 ROSE QUARTZ CRYSTAL SINGING BOWL**

**SIZE** 10" / 25 cm diameter  
**MATERIALS** Gemstones (Quartz and Rose Quartz)  
**TUNING** A4/a' 432 Hz, Heart Chakra, F4  
**FEATURES** Made of high-purity quartz; Extremely long-lasting resonance  
**INCLUDES** White silicone ring

**5 EMERALD CRYSTAL SINGING BOWL**

**SIZE** 10" / 25 cm diameter  
**MATERIALS** Gemstones (Quartz and Emerald)  
**TUNING** A4/a' 432 Hz, Heart Chakra, F4

**FEATURES** Made of high-purity quartz; Extremely long-lasting resonance  
**INCLUDES** White silicone ring

**6 OM CRYSTAL SINGING BOWLS**

**SIZES** **PCSB80M**: 8" / 20 cm diameter  
**PCSB160M**: 16" / 40 cm diameter  
**MATERIAL** Gemstone (Quartz)  
**TUNING** A4/a' 432 Hz  
**PCSB80M**: Om 136.10 Hz (audible 544.29 Hz ≈ C#5)  
**PCSB160M**: Om 136.10 Hz ≈ C#3  
**FEATURES** Made of high-purity quartz; White-frosted; Extremely long-lasting resonance  
**PRINTED SYMBOL**  
**INCLUDES** White silicone ring  
**SYMBOL** **OM**: Om

**7 FLOWER OF LIFE CRYSTAL SINGING BOWLS**

**SIZES** **PCSB8FOL**: 8" / 20 cm diameter  
**PCSB10FOL**: 10" / 25 cm diameter  
**PCSB16FOL**: 16" / 40 cm diameter  
**MATERIAL** Gemstone (Quartz)  
**TUNING** **PCSB8FOL**: 128 Hz (audible 512 Hz = C5)  
**PCSB10FOL**: 128 Hz (audible 256 Hz = C4)  
**PCSB16FOL**: 128 Hz = C3  
**FEATURES** Made of high-purity quartz; White-frosted; Extremely long-lasting resonance  
**PRINTED SYMBOL**  
**INCLUDES** White silicone ring  
**SYMBOL** **FOL**: Flower of Life

## THE STORY BEHIND

# SOLFEGGIO FREQUENCIES

Solfeggio – a term originally rooted in music theory – has found a significant place in Sound Therapy. The effects and magic of Solfeggio frequencies are perceived in various ways, each offering a unique connection to these ancient tones.

The Solfeggio frequencies form a six-tone scale originally used in religious music during the 11th century, with references to these frequencies dating back to early biblical times. These frequencies represent distinct tonal qualities that are believed to support and enhance various aspects of mental and physical well-being. Despite their powerful effects on the body and mind, Solfeggio frequencies may not always sound harmonious to the modern ear. This is because they do not follow the traditional Western musical scale, which is based on equal temperament tuning.

As a result, they can feel unfamiliar or dissonant, as they operate outside the conventional frameworks of intervals and harmonies, following a more ancient, natural tuning.

The initially six well-known Solfeggio frequencies were complemented by three additional tones, completing the now nine-part scale, as follows:



Solfeggio Crystal Singing  
Bowls see page 12



Essence Solfeggio  
Crystal Singing Bowls  
see page 18



**174 Hz**

Calming, grounding, pain relief



**285 Hz**

Renewal of energy fields  
and physical rearrangement



**396 Hz**

UT – Liberation from guilt and fear





Solfeggio  
Crystal Tuning Forks  
see page 49



### 417 Hz

RE – Undoing situations  
and facilitating change



### 528 Hz

MI – Transformation  
and miracles



### 639 Hz

FA – Harmonizing relationships  
and inner balance



### 741 Hz

SOL – Living healthier  
and promoting lifestyle changes



### 852 Hz

LA – Returning to mental  
and spiritual order



### 963 Hz

Divinity, pineal gland activation,  
spiritual connection



Sound Bath Tube  
Chime Solfeggio-Set  
see page 58

In Sound Therapy, listening to these frequencies is associated with healing effects on the mind, body, and spirit, helping to restore balance. The exact mechanism by which Solfeggio frequencies achieve their effects is not yet scientifically proven. Nevertheless, instruments resonating with these potent frequencies, when paired with purposeful intention and a tranquil atmosphere, have the potential to create a profoundly soothing and harmonizing effect on our well-being.

# CRYSTAL SINGING BOWLS

1



Mi 528 Hz, 8" / 20 cm  
**SOLCSB8-528**



Ut 396 Hz, 10" / 25 cm  
**SOLCSB10-396**



Re 417 Hz, 10" / 25 cm  
**SOLCSB10-417**



## SOLFEGGIO



Fa 639 Hz, 10" / 25 cm  
**SOLCSB10-639**



Sol 741 Hz, 10" / 25 cm  
**SOLCSB10-741**



La 852 Hz, 10" / 25 cm  
**SOLCSB10-852**



963 Hz, 10" / 25 cm  
**SOLCSB10-963**



174 Hz, 12" / 30 cm  
**SOLCSB12-174**



285 Hz, 12" / 30 cm  
**SOLCSB12-285**

2



Set, 6 pcs.  
**SOLCSBSET**

### 1 SOLFEGGIO CRYSTAL SINGING BOWLS

- SIZES**
- SOLCSB8:** 8" / 20 cm diameter
  - SOLCSB10:** 10" / 25 cm diameter
  - SOLCSB12:** 12" / 30 cm diameter
- MATERIAL**
- Gemstone (Quartz)
- TUNING**
- 174:** 174 Hz
  - 285:** 285 Hz
  - 396:** Ut 396 Hz
  - 417:** Re 417 Hz
  - 528:** Mi 528 Hz
  - 639:** Fa 639 Hz (audible 319.5 Hz)
  - 741:** Sol 741 Hz (audible 370.5 Hz)
  - 852:** La 852 Hz (audible 426 Hz)
  - 963:** 963 Hz (audible 481.5 Hz)
- FEATURES**
- Made of high-purity quartz
  - White-frosted
  - Extremely long-lasting resonance
  - Printed symbol
- INCLUDES**
- White silicone ring

### 2 SOLFEGGIO CRYSTAL SINGING BOWL SET

- CONTAINS**
- SOLCSB10-396 (Ut 396 Hz)
  - SOLCSB10-417 (Re 417 Hz)
  - SOLCSB8-528 (Mi 528 Hz)
  - SOLCSB10-639 (Fa 639 Hz)
  - SOLCSB10-741 (Sol 741 Hz)
  - SOLCSB10-852 (La 852 Hz)
- INCLUDES**
- 6 x white silicone ring
  - Crystal Silicone Rod (CSBRM)
  - Crystal Singing Bowl Mallet (CSBM)



3



Schumann Resonance, 12" / 30 cm  
**PCSB12SF**



Venus, 12" / 30 cm  
**PCSB12V**



Synodic Moon, 12" / 30 cm  
**PCSB12MSY**



Synodic Day, 12" / 30 cm  
**PCSB12ESY**



Jupiter, 12" / 30 cm  
**PCSB12J**



Chiron, 12" / 30 cm  
**PCSB12CH**



Earth Platonic Year, 12" / 30 cm  
**PCSB12EPL**



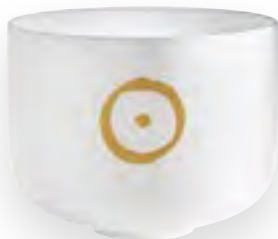
Mars, 12" / 30 cm  
**PCSB12MA**



Mercury, 12" / 30 cm  
**PCSB12ME**



Earth Year/Om, 12" / 30 cm  
**PCSB12E**



Sun, 12" / 30 cm  
**PCSB12S**



4



Set, 7 pcs.  
**PCSBSETCHA**

CRYSTAL SINGING BOWLS

**3 PLANETARY TUNED CRYSTAL SINGING BOWLS**

- SIZE** 12" / 30 cm diameter
- MATERIAL** Gemstone (Quartz)
- TUNING**
  - CH:** Chiron 172.86 Hz ≈ F3
  - E:** Earth Year/Om 136.10 Hz (audible 272.2 Hz ≈ C#4)
  - EPL:** Earth Platonic Year 172.06 Hz ≈ F3
  - ESY:** Synodic Day 194.18 Hz ≈ G3
  - J:** Jupiter 183.58 Hz ≈ F#3
  - MA:** Mars 144.72 Hz (audible 289.44 Hz ≈ D4)
  - ME:** Mercury 141.27 Hz (audible 282.54 Hz ≈ C#4)
  - MSY:** Synodic Moon 210.42 Hz ≈ G#3
  - S:** Sun 126.22 Hz (audible 252.44 Hz ≈ B3)
  - SF:** Schumann Resonance 250.56 Hz ≈ B3
  - V:** Venus 221.23 Hz ≈ A3

- FEATURES**
  - Made of high-purity quartz
  - White-frosted
  - Extremely long-lasting resonance
  - Printed symbol
- INCLUDES** White silicone ring

**4 PLANETARY TUNED CRYSTAL SINGING BOWL CHAKRA SET**

- CONTAINS**
  - PCSB12EPL (Crown Chakra)
  - PCSB12V (Brow Chakra)
  - PCSB12ME (Throat Chakra)
  - PCSB12E (Heart Chakra)
  - PCSB12S (Solar Plexus Chakra)
  - PCSB12MSY (Sacral Chakra)
  - PCSB12ESY (Root Chakra)
- INCLUDES**
  - 7 x white silicone ring
  - Crystal Silicone Rod (CSBRL)
  - Crystal Singing Bowl Mallet (CSBM)

# CRYSTAL SINGING BOWLS



**NEW**

**NEW**

**NEW**



Root Chakra, 12" / 30 cm  
**CSBM12C4**



Crown Chakra, 12" / 30 cm  
**CSBM12B3**



Brow Chakra, 12" / 30 cm  
**CSBM12A3**

**NEW**

**NEW**

**NEW**



Throat Chakra, 12" / 30 cm  
**CSBM12G3**



Heart Chakra, 12" / 30 cm  
**CSBM12F3**



Solar Plexus Chakra, 14" / 35 cm  
**CSBM14E3**

**NEW**

**NEW**



Sacral Chakra, 16" / 40 cm  
**CSBM16D3**



Root Chakra, 16" / 40 cm  
**CSBM16C3**



## 1 CRYSTAL SINGING BOWLS, 440 HZ

**SIZES** **CSBM12:** 12" / 30 cm diameter  
**CSBM14:** 14" / 35 cm diameter  
**CSBM16:** 16" / 40 cm diameter

**MATERIAL** Gemstone (Quartz)

**TUNING** A4/a' 440 Hz

**CSBM12C4:** Root Chakra, C4  
**CSBM12B3:** Crown Chakra, B3  
**CSBM12A3:** Brow Chakra, A3  
**CSBM12G3:** Throat Chakra, G3  
**CSBM12F3:** Heart Chakra, F3  
**CSBM14E3:** Solar Plexus Chakra, E3  
**CSBM16D3:** Sacral Chakra, D3  
**CSBM16C3:** Root Chakra, C3

**FEATURES** Made of high-purity quartz  
White-frosted  
Extremely long-lasting resonance

**INCLUDES** White silicone ring



**2** 440 Hz



Crown Chakra, 8" / 20 cm  
**CSBC8B**



Brow Chakra, 9" / 22 cm  
**CSBC9A**



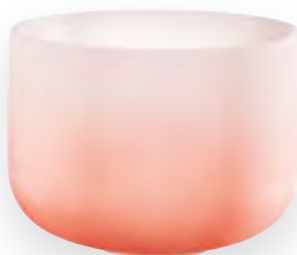
Throat Chakra, 10" / 25 cm  
**CSBC10G**



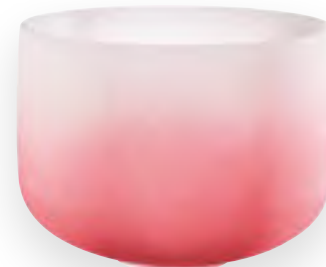
Heart Chakra, 11" / 28 cm  
**CSBC11F**



Solar Plexus Chakra, 12" / 30 cm  
**CSBC12E**



Sacral Chakra, 13" / 33 cm  
**CSBC13D**



Root Chakra, 14" / 35 cm  
**CSBC14C**

**3**



Set, 7 pcs.  
**CSBCSETCHA**

440 Hz



CRYSTAL SINGING BOWL  
TRAVEL BAG SET  
(SEE PAGE 17)



**CSBPSSET3**

CRYSTAL SINGING BOWLS

**2 CRYSTAL SINGING BOWLS  
COLOUR-FROSTED**

- SIZES**
- CSBC8:** 8" / 20 cm diameter
  - CSBC9:** 9" / 22 cm diameter
  - CSBC10:** 10" / 25 cm diameter
  - CSBC11:** 11" / 28 cm diameter
  - CSBC12:** 12" / 30 cm diameter
  - CSBC13:** 13" / 33 cm diameter
  - CSBC14:** 14" / 35 cm diameter
- MATERIAL** Gemstone (Quartz)
- TUNING** A4/a' 440 Hz
- CSBC8B:** Crown Chakra, B4
  - CSBC9A:** Brow Chakra, A4
  - CSBC10G:** Throat Chakra, G4
  - CSBC11F:** Heart Chakra, F4
  - CSBC12E:** Solar Plexus Chakra, E4
  - CSBC13D:** Sacral Chakra, D4
  - CSBC14C:** Root Chakra, C4

- FEATURES** Made of high-purity quartz  
Gradient colour (exterior frosted colour)  
Extremely long-lasting resonance
- INCLUDES** White silicone ring
- COLOURS**
- CSBC8B:** Purple
  - CSBC9A:** Dark Blue
  - CSBC10G:** Light Blue
  - CSBC11F:** Green
  - CSBC12E:** Yellow
  - CSBC13D:** Orange
  - CSBC14C:** Red

**3 CRYSTAL SINGING BOWL  
COLOUR-FROSTED CHAKRA SET**

- CONTAINS**
- CSBC8B (Crown Chakra)
  - CSBC9A (Brow Chakra)
  - CSBC10G (Throat Chakra)
  - CSBC11F (Heart Chakra)
  - CSBC12E (Solar Plexus Chakra)
  - CSBC13D (Sacral Chakra)
  - CSBC14C (Root Chakra)
- INCLUDES**
- 7 x white silicone ring
  - Crystal silicone rods (CSBRM, CSBRHL)
  - Crystal singing bowl mallet (CSBM)

# CRYSTAL SINGING BOWL ACCESSORIES

1



78" / 200 cm, Navy Blue  
**MMR1NB**

78" / 200 cm, Vintage Gold  
**MMR1VG**

2



12.2" / 31 cm, Beige  
**MMC**

3



Mallet  
**CSBM**

4



Medium Large  
**CSBRM CSBRM**

Medium Large  
**CSBRHM CSBRHL**

Medium Large  
**CSBRHMT CSBRHLT**

**NEW**  
SOUND BATH DOUBLE  
MALLETS (SEE PAGE 28)



**SB-PDM-FS-M SB-PDM-FS-L**

## 1 MEDITATION RUGS

**SIZE** 78" / 200 cm diameter  
**MATERIALS** 45% cotton, 45% polyester, 10% viscose  
**FEATURES** Suitable as the center of your meditation instruments; Calming spot for relaxation; Washable at 30°C

## 2 MEDITATION CUSHION

**SIZE** 12.2" / 31 cm diameter,  
7.87" / 20 cm height  
**MATERIALS** Cotton; Buckwheat filling  
**FEATURE** Washable at 30°C

## 3 CRYSTAL SINGING BOWL MALLET

**SIZE** 7.8"  
**MATERIALS** Wood; Silicone  
**FEATURE** Perfect for gently tapping or rubbing crystal singing bowls

## 4 CRYSTAL SILICONE RODS

**SIZES** **M:** Medium (7.8")  
**L:** Large (9.0")  
**MT:** Medium (9.3")  
**LT:** Large (10.4")  
**MATERIAL** Silicone coated glass  
**FEATURES** Perfect for gently tapping or rubbing crystal singing bowls; Super soft surface for silent play  
**CSBRHM, CSBRHL:** Glass handle for a comfortable grip  
**CSBRHMT, CSBRHLT:** Silicone tip

## 5 CRYSTAL SINGING BOWL BAGS

**SIZES** **CSBB8:** For 8" crystal singing bowls  
**CSBB10:** For 9" to 10" crystal sing. bowls  
**CSBB12:** For 11" to 12" crystal sing. bowls  
**CSBB14:** For 13" to 14" crystal sing. bowls  
**CSBB16:** For 15" to 16" crystal sing. bowls  
**MATERIAL** Heavy-duty nylon  
**FEATURES** Secure storage and transport; Carrying grip; Double-slide zipper; External pocket  
**COLOUR** **BR:** Brown



**5 NEW**



8" / 20 cm  
**CSBB8BR**

10" / 25 cm  
**CSBB10BR**

12" / 30 cm  
**CSBB12BR**

14" / 35 cm  
**CSBB14BR**

16" / 40 cm  
**CSBB16BR**

**6 NEW**



8" / 20 cm  
**CSBS8BR**

9" / 22 cm  
**CSBS9BR**

10" / 25 cm  
**CSBS10BR**

11" / 28 cm  
**CSBS11BR**

12" / 30 cm  
**CSBS12BR**

13" / 33 cm  
**CSBS13BR**

14" / 35 cm  
**CSBS14BR**

16" / 40 cm  
**CSBS16BR**

**7 NEW**



Set, 7 pcs.  
**CSBPSSET2**

**8 NEW**



Set, 8 pcs.  
**CSBPSSET3**

CRYSTAL SINGING BOWLS

**6 CRYSTAL SINGING BOWL SLEEVES**

- SIZES**
- CSBS8**: For 8" crystal singing bowls
  - CSBS9**: For 9" crystal singing bowls
  - CSBS10**: For 10" crystal singing bowls
  - CSBS11**: For 11" crystal singing bowls
  - CSBS12**: For 12" crystal singing bowls
  - CSBS13**: For 13" crystal singing bowls
  - CSBS14**: For 14" crystal singing bowls
  - CSBS16**: For 16" crystal singing bowls

**MATERIAL** Heavy-duty nylon  
**FEATURE** Secure storage  
**COLOUR** Brown

**8 CRYSTAL SINGING BOWL TRAVEL BAG SET**

- CONTAINS** 6 x sleeve: 8", 9", 10", 11", 12", 13"  
2 x carrying bag 14"
- FEATURE** Secure storage and transport for your Crystal Singing Bowl Chakra Set (CSBSETCHA & CSBCSETCHA)

**7 CRYSTAL SINGING BOWL SLEEVE SET**

- CONTAINS** 7 x sleeve: 8", 9", 10", 11", 12", 13", 14"
- FEATURE** Secure storage for your Crystal Singing Bowl Chakra Set (CSBSETCHA & CSBCSETCHA)

# CRYSTAL SINGING BOWLS

**1** NEW



963 Hz, 3.25" / 8.3 cm  
**ESOLCSB963**



La 852 Hz, 3.75" / 9.5 cm  
**ESOLCSB852**



Sol 741 Hz, 3.75" / 9.5 cm  
**ESOLCSB741**



Fa 639 Hz, 4.25" / 10.8 cm  
**ESOLCSB639**



Mi 528 Hz, 4.5" / 11.5 cm  
**ESOLCSB528**



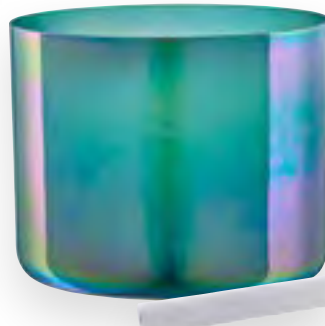
ONE BAG PER BOWL INCLUDED



Re 417 Hz, 5.75" / 14.6 cm  
**ESOLCSB417**



Ut 396 Hz, 5.75" / 14.6 cm  
**ESOLCSB396**



285 Hz, 6.75" / 17 cm  
**ESOLCSB285**



174 Hz, 8" / 20 cm  
**ESOLCSB174**

## 1 ESSENCE SOLFEGGIO CRYSTAL SINGING BOWLS

**SIZES**  
**ESOLCSB174:** 8" / 20 cm diameter  
**ESOLCSB285:** 6.75" / 17 cm diameter  
**ESOLCSB396:** 5.75" / 14.6 cm diameter  
**ESOLCSB417:** 5.75" / 14.6 cm diameter  
**ESOLCSB528:** 4.5" / 11.5 cm diameter  
**ESOLCSB639:** 4.25" / 10.8 cm diameter  
**ESOLCSB741:** 3.75" / 9.5 cm diameter  
**ESOLCSB852:** 3.75" / 9.5 cm diameter  
**ESOLCSB963:** 3.25" / 8.3 cm diameter

**MATERIAL** Gemstone (Quartz, galvanised)

**TUNING**  
**174:** 174 Hz  
**285:** 285 Hz  
**396:** Ut 396 Hz  
**417:** Re 417 Hz  
**528:** Mi 528 Hz  
**639:** Fa 639 Hz  
**741:** Sol 741 Hz  
**852:** La 852 Hz  
**963:** 963 Hz

**FEATURES** Clear, strong and rich vibrations; Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

**INCLUDES** Carrying bag  
 Suede mallet  
**ESOLCSB174, ESOLCSB285:** Silicone ring

**COLOURS**  
**ESOLCSB174:** Brandy Rose  
**ESOLCSB285:** Turquoise Green  
**ESOLCSB396:** Olive Green  
**ESOLCSB417:** Copper Brown  
**ESOLCSB528:** Sunrise Blue  
**ESOLCSB639:** Indigo Blue  
**ESOLCSB741:** Lavender Purple  
**ESOLCSB852:** Mango Mojito  
**ESOLCSB963:** Coral Reef

**2 NEW**



CRYSTAL SINGING BOWLS

6 pcs.  
**ESOLCSBSET**

**2 ESSENCE SOLFEGGIO CRYSTAL SINGING BOWL SET**

**CONTAINS** ESOLCSB396  
ESOLCSB417  
ESOLCSB528  
ESOLCSB639  
ESOLCSB741  
ESOLCSB852

**INCLUDES** 2 x carrying bag  
4 x suede mallet





# CRYSTAL SINGING BOWLS

1 440 Hz



Solar Plexus Chakra, 6" / 15 cm  
ECSB6E4CL



Root Chakra, 6.7" / 17 cm  
ECSB67C4OR

ONE BAG PER BOWL INCLUDED



Crown Chakra, 7" / 18 cm  
ECSB7B3C



Throat Chakra, 7.5" / 19 cm  
ECSB75G3LPK



Heart Chakra, 8" / 20 cm  
ECSB8F3MB

2

3 BAGS INCLUDED

3 BAGS INCLUDED

440 Hz



440 Hz



Set, 3 pcs.  
ECSBSETEBG

Set, 3 pcs.  
ECSBSETECG

## 1 ESSENCE CRYSTAL SINGING BOWLS

**SIZES**  
**ECSB6E4CL:** 6" / 15 cm diameter  
**ECSB67C4OR:** 6.7" / 17 cm diameter  
**ECSB7B3C:** 7" / 18 cm diameter  
**ECSB75G3LPK:** 7.5" / 19 cm diameter  
**ECSB8F3MB:** 8" / 20 cm diameter

**MATERIAL** Gemstone (Quartz, galvanised)  
**TUNING** A4/a' 440 Hz

**ECSB6E4CL:** Solar Plexus Chakra, E4  
**ECSB67C4OR:** Root Chakra, C4  
**ECSB7B3C:** Crown Chakra, B3  
**ECSB75G3LPK:** Throat Chakra, G3  
**ECSB8F3MB:** Heart Chakra, F3

**FEATURES**  
 Clear, strong and rich vibrations;  
 Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

**INCLUDES**  
 White silicone ring  
 Crystal silicone rod (CSBRM)  
 Bag

**COLOURS**  
**ECSB6E4CL:** Clear  
**ECSB67C4OR:** Orange  
**ECSB7B3C:** Creamy  
**ECSB75G3LPK:** Lotus Pink  
**ECSB8F3MB:** Mint Blue

## 2 ESSENCE CRYSTAL SINGING BOWL SETS

**CONTAINS** **ECSBSETEBG:**  
 ECSB6E4CL (Solar Plexus Chakra)  
 ECSB7B3C (Crown Chakra)  
 ECSB75G3LPK (Throat Chakra)

**ECSBSETECG:**  
 ECSB6E4CL (Solar Plexus Chakra)  
 ECSB67C4OR (Root Chakra)  
 ECSB75G3LPK (Throat Chakra)

**INCLUDES**  
 3 x white silicone ring  
 2 x crystal silicone rod (CSBRM)  
 3 x bag

# CRYSTAL SINGING CHALICES & BAGS



Heart Chakra,  
Flower of Life, 6" / 15 cm  
**CSC6FPFOL**



Heart Chakra,  
Flower of Life, 8" / 20 cm  
**CSC8FPFOL**



Brow Chakra, 5.5" / 14 cm  
**CSC55AC**



Root Chakra, 6.75" / 17 cm  
**CSC675CC**



Crown Chakra, 7" / 18 cm  
**CSC7BCL**



RESONANT Mallet PERFECT  
FOR PLAYING CRYSTAL SINGING  
CHALICES (SEE PAGE 28)



**SB-RM-LE**

2

**NEW**



6" / 15 cm  
**CSCB6BR**

7" / 18 cm  
**CSCB7BR**

8" / 20 cm  
**CSCB8BR**

CRYSTAL SINGING CHALICES

## 1 CRYSTAL SINGING CHALICES

**SIZES** **CSC55AC:** 5.5" / 14 cm diameter  
**CSC6FPFOL:** 6" / 15 cm diameter  
**CSC675CC:** 6.75" / 17 cm diameter  
**CSC7BCL:** 7" / 18 cm diameter  
**CSC8FPFOL:** 8" / 20 cm diameter

**MATERIAL** Gemstone (Quartz, galvanised)

**TUNING** A4/a' 440 Hz  
**CSC55AC:** Brow Chakra, A4  
**CSC6FPFOL:** Heart Chakra, F4  
**CSC675CC:** Root Chakra, C4  
**CSC7BCL:** Crown Chakra, B3  
**CSC8FPFOL:** Heart Chakra, F3

**FEATURES** Clear, strong and rich vibrations;  
Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

**FINISHES** **CSC55AC, CSC675CC:** Creamy  
**CSC6FPFOL:** Pink  
**CSC7BCL:** Clear  
**CSC8FPFOL:** Purple

**SYMBOL** **FOL:** Flower of Life

## 2 CRYSTAL SINGING CHALICE BAGS

**SIZES** **CSCB6:** For 5.5" to 6" singing chalices  
**CSCB7:** For 6.5" to 7" singing chalices  
**CSCB8:** For 7.5" to 8" singing chalices

**MATERIAL** Heavy-duty nylon

**FEATURES** Secure storage and transport; Carrying grip; Double-slide zipper; External pocket

**COLOUR** **BR:** Brown

# A Love called Singing Bowls

Singing bowls are fascinating instruments that can be used for everything from yoga and meditation to massages, beauty treatments, music, and even in kindergartens and schools.

My journey with them began in 2014 during a Silent Meditation Retreat in a Nepalese Buddhist Monastery, where one of the monks used the same singing bowl every morning to end the silent meditation. I could feel an intense resonance in my body, and as soon as I came back home, I started researching but didn't get the results I was expecting.

A couple of months later, I came across the singing bowls of Sonic Energy during the Meinl Percussion Festival, and a small set of four Cosmos singing bowls marked the beginning of a deeper exploration. I took some courses but soon realized I needed to do my own research to truly understand these instruments.



## Here's what I learned

First and foremost: quality and condition are crucial. It's essential that singing bowls are of excellent quality, especially when we seek healing effects from them. Not every bowl is capable of producing the resonances needed for healing, which is why we must carefully research and choose wisely. As a teacher, I often encounter a variety of bowls brought by my students to courses. We measure their frequencies and tones, and many are surprised to discover that the bowl's true characteristics differ from what they initially thought or why they purchased it.

Sonic Energy brought reliable quality to the European market, making it possible to buy online with confidence. While I honor the ancient legacy of bowls, I embrace a modern approach, blending tradition with today's fast-paced world.

## Yin & Yang aspects of Singing Bowls

The singing bowl represents the feminine (yin), while the mallet is the masculine aspect (yang). Every time we strike the bowl, we are co-creating harmony and balance, symbolizing new life and fulfillment. Each bowl has a unique "personality," and surprisingly, some don't always sing, which is why I teach my students to carefully listen to their instruments. If you listen closely, you'll learn that each bowl communicates.

As soon as you enter the energetic field of a person or yourself, observe how the sound and resonance develop. If the sound fades quickly, focus on that area until the resonance deepens. This indicates the body is relaxing, shifting from disharmony to balance. Therapeutic bowls like the Cosmos or Energy series (see pages 25, 26) help to reset the body with their rich vibration. This practice can also be helpful for mental well-being when played softly near the head.





I don't follow a strict structure. Over the years, I've developed my own approach, using bowls flexibly based on the client's needs and the bowl's response. Each session becomes a creative, personalized healing experience because everyone is different.

I still work daily with my first Cosmos bowls, along with two Universal series bowls. Since the Origin series (see page 27) came out, I've integrated them for their clear meditative sound. Two years ago, I added a 13000 g Grounding Bowl (see page 27), which everyone loves.

Singing bowls are pure love, revealing their secret world to us and enriching our lives. Enjoy your journey with your favorite singing bowls!

### About Lucia

Lucia Nosko is a Sound Healer based in Slovakia who has been using Sound Therapy to help people improve their physical, emotional, and spiritual well-being. With her Sound Healing Slovakia practice, Lucia offers individual sessions, workshops, and group sound baths using a variety of instruments such as singing bowls and gongs. Lucia is passionate about sharing the transformative power of sound and being a Brand Ambassador for Sonic Energy since 2024.

[www.soundhealingslovakia.sk](http://www.soundhealingslovakia.sk)

# Enhance Your Relaxation Practice with the Transformative Power of Sound

Yoga Nidra, also known as "yogic sleep", is a state of conscious relaxation induced through a guided meditation practice. This form of meditation brings about deep physical, emotional, and mental relaxation.

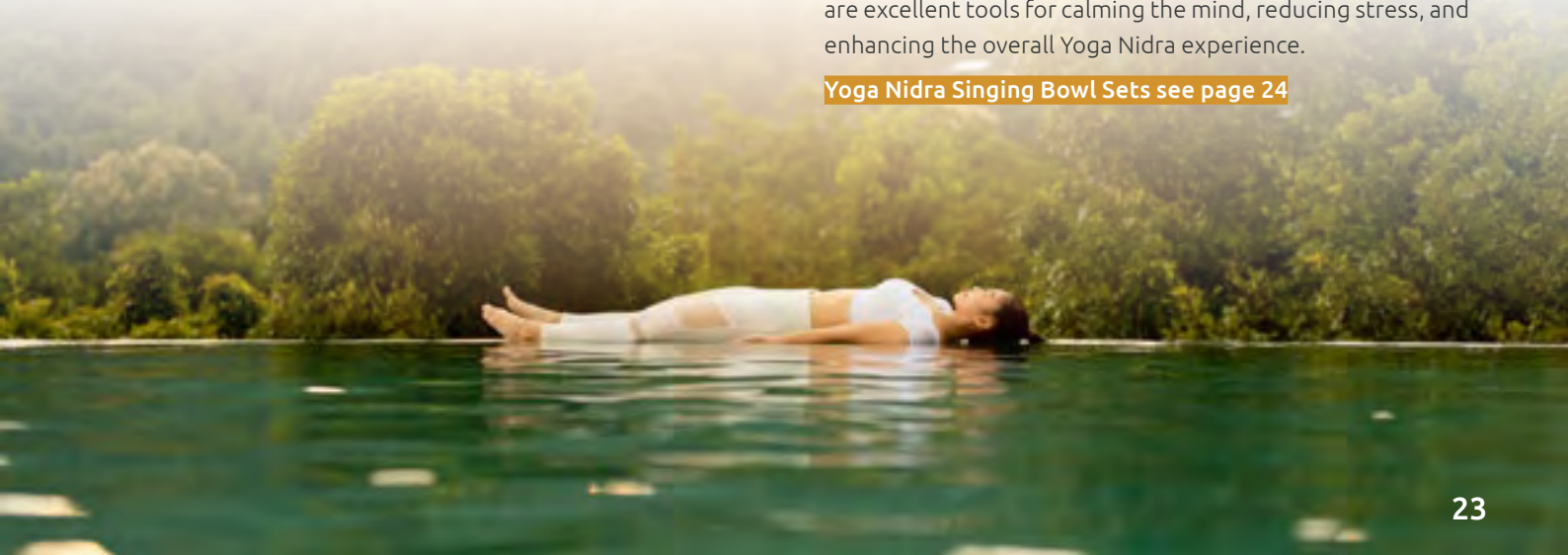
During Yoga Nidra, the mind is led through various mindfulness exercises, including awareness of physical sensations, breathing techniques, visualizations, and feelings of inner peace.

The goals of Yoga Nidra range from promoting relaxation and stress reduction to supporting self-healing and spiritual growth. Regular practice can improve overall well-being, calm the mind, and relieve emotional stress. Supported by the transformative power of sound, this experience becomes even more profound.

The Sonic Energy 3-piece Yoga Nidra Singing Bowl Set is handcrafted in India from a special bronze alloy, ensuring a high-quality sound experience. These three singing bowls can be used individually or together to deepen your Yoga Nidra practice, creating a soothing, immersive atmosphere. Their rich tones guide you into a state of deep relaxation, making them the perfect companion for achieving balance and inner peace during meditation.

For a more profound experience, the 5-piece Singing Bowl Set expands the sound range, offering a more dynamic and versatile meditation session. The additional bowls provide a variety of tones tailored to each phase of practice, fostering deeper relaxation and smoother energy flow. Whether used in personal meditation or group sessions, these sets are excellent tools for calming the mind, reducing stress, and enhancing the overall Yoga Nidra experience.

**Yoga Nidra Singing Bowl Sets see page 24**

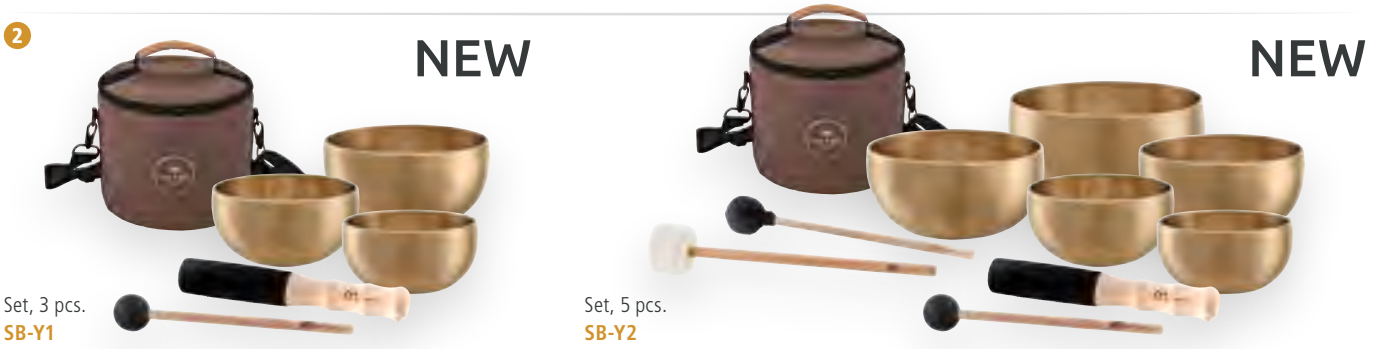


# SINGING BOWLS

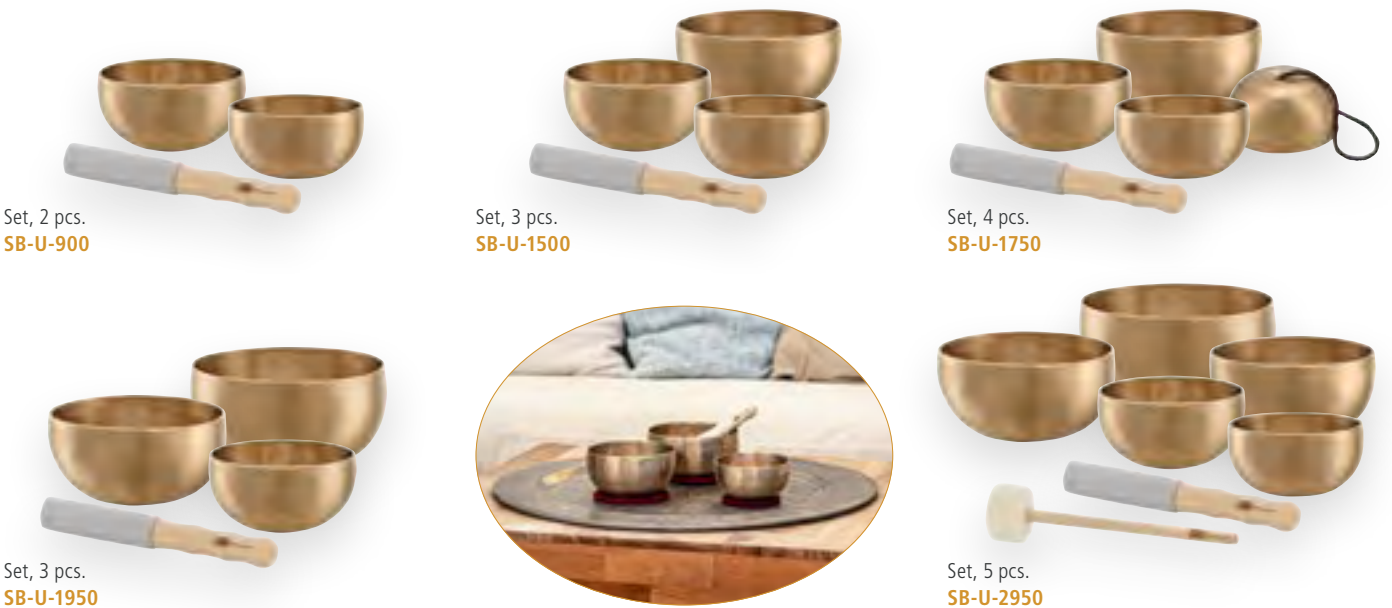
1



2



3



## 1 UNIVERSAL SINGING BOWLS

**DIMENSIONS** **SB-U-400**: ~4.5" diameter; ~400 g  
**SB-U-500**: ~4.9" diameter; ~500 g  
**SB-U-600**: ~5.5" diameter; ~600 g  
**SB-U-700**: ~5.9" diameter; ~700 g  
**SB-U-750**: ~6.5" diameter; ~750 g  
**SB-U-1000**: ~8.3" diameter; ~1000 g  
**SB-U-1700**: ~9.8" diameter; ~1700 g  
**SB-U-2300**: ~11.2" diameter; ~2300 g

**MATERIAL** Special bronze alloy

**FEATURES** Ideal for yoga and meditation  
 Handcrafted masterpiece made in India  
 Engraved logo

**INCLUDES** Corresponding cover and felt ring

## 2 YOGA NIDRA SINGING BOWL SETS

**CONTAINS** **SB-Y1**: SB-U-400, SB-U-500, SB-U-600  
**SB-Y2**: SB-U-400, SB-U-500, SB-U-600, SB-U-700, SB-U-750

**FEATURES** Guides through the stages of Yoga Nidra; Promotes deep relaxation and stress relief; Use individually or as a set

**INCLUDES** **SB-Y1**: Carrying bag (CBCB), corresponding covers, fleece pads and two different mallets  
**SB-Y2**: Carrying bag (CBCB), corresponding covers, fleece pads and four different mallets

## 3 UNIVERSAL SINGING BOWL SETS

**CONTAINS** **SB-U-900**: SB-U-400, SB-U-500  
**SB-U-1500**: SB-U-400, SB-U-500, SB-U-600  
**SB-U-1750**: SB-U-400, SB-U-500, SB-U-600, SB-C-250  
**SB-U-1950**: SB-U-500, SB-U-700, SB-U-750  
**SB-U-2950**: SB-U-400, SB-U-500, SB-U-600, SB-U-700, SB-U-750

**INCLUDES** Corresponding covers and felt rings  
 Resonant Mallet (SB-RM-LE)  
**SB-U-2950**: Mallet (SB-M-LT-S)

4

SHAPE



~700 g  
**SB-E-700**

~1000 g  
**SB-E-1000**

~1400 g  
**SB-E-1400**

~1800 g  
**SB-E-1800**

~2200 g  
**SB-E-2200**

~2500 g  
**SB-E-2500**

5



Set, 3 pcs.  
**SB-E-3100**



Set, 3 pcs.  
**SB-E-5400**

Therapy  
Basis Set



Set, 3 pcs.  
**SB-E-4600**

SINGING BOWLS



**4 ENERGY THERAPY SINGING BOWLS**

**DIMENSIONS** **SB-E-700**: ~6.4" diameter; ~700 g  
**SB-E-1000**: ~7.8" diameter; ~1000 g  
**SB-E-1400**: ~9.0" diameter; ~1400 g  
**SB-E-1800**: ~10.2" diameter; ~1800 g  
**SB-E-2200**: ~11.4" diameter; ~2200 g  
**SB-E-2500**: ~12.2" diameter; ~2500 g

**MATERIAL** Special bronze alloy

**FEATURES** Ideal for upper body sound massage  
 Reinforcement rim that will produce a high tone at first followed afterwards by a deep tone  
 Handcrafted masterpiece made in India  
 Engraved logo

**INCLUDES** Corresponding cover and felt ring

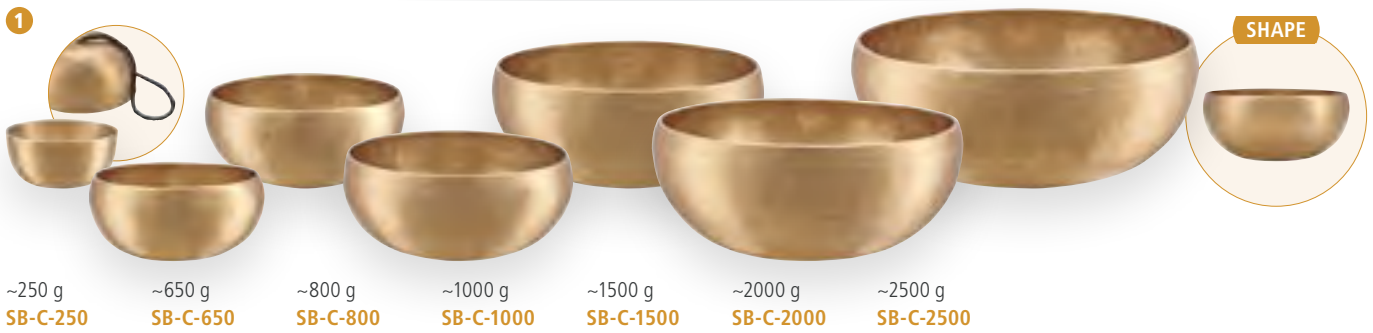
**5 ENERGY THERAPY SINGING BOWL SETS**

**CONTAINS** **SB-E-3100**: SB-E-700, SB-E-1000, SB-E-1400  
**SB-E-4600**: SB-E-1000, SB-E-1400, SB-E-2200  
**SB-E-5400**: SB-E-1400, SB-E-1800, SB-E-2200

**INCLUDES** Corresponding covers and felt rings  
**SB-E-3100**: Resonant Mallet (SB-RM-LE), Mallet (SB-M-ST-L)  
**SB-E-4600**: Professional Mallets (SB-PM-MF-S, SB-PM-MF-L)  
**SB-E-5400**: Resonant Mallet (SB-RM-LE), Mallets (SB-M-LT-L, SB-M-ST-L)



# SINGING BOWLS



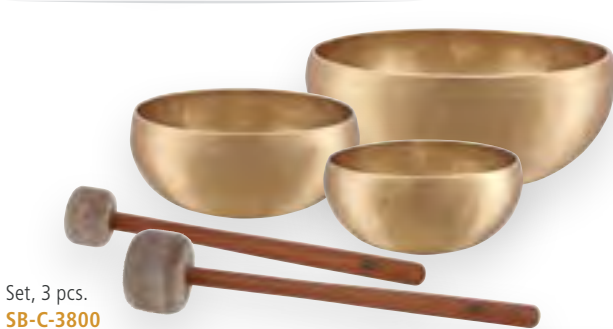
~250 g **SB-C-250**    ~650 g **SB-C-650**    ~800 g **SB-C-800**    ~1000 g **SB-C-1000**    ~1500 g **SB-C-1500**    ~2000 g **SB-C-2000**    ~2500 g **SB-C-2500**



Medium **SBSHM**



Set, 4 pcs. **SB-C-2700**



Set, 3 pcs. **SB-C-3800**



Set, 4 pcs. **SB-C-4750**



Set, 7 pcs. **SB-SET-CHA**

## 1 COSMOS THERAPY SINGING BOWLS

**DIMENSIONS** **SB-C-250**: ~3.7" diameter; ~250 g  
**SB-C-650**: ~5.8" diameter; ~650 g  
**SB-C-800**: ~6.6" diameter; ~800 g  
**SB-C-1000**: ~7.6" diameter; ~1000 g  
**SB-C-1500**: ~9.0" diameter; ~1500 g  
**SB-C-2000**: ~10.3" diameter; ~2000 g  
**SB-C-2500**: ~11.5" diameter; ~2500 g

**MATERIAL** Special bronze alloy

**FEATURES** Ideal for yoga and meditation; Generates a sustained deep tone that will fill a room with ambient sounds; Handcrafted masterpiece made in India; Engraved logo

**INCLUDES** Corresponding cover and felt ring

## 2 SUCTION HOLDER

**SIZE** Medium (7.9")

**MATERIALS** Beech handle; PVC suction pad

**FEATURES** Direct healing vibrations to specific areas of the body; Perfect for therapeutic use; For singing bowls from 700 g to 1500 g

## 3 COSMOS THERAPY SINGING BOWL SETS

**CONTAINS** **SB-C-2700**: SB-C-250, SB-C-650, SB-C-800, SB-C-1000  
**SB-C-3800**: SB-C-800, SB-C-1000, SB-C-2000

**SB-C-4750**: SB-C-250, SB-C-1000, SB-C-1500, SB-C-2000

**INCLUDES** Corresponding covers and felt rings

**SB-C-2700**: Resonant Mallet (SB-RM-LE), Mallet (SB-M-LT-S)

**SB-C-3800**: Professional Mallets (SB-PM-MF-S, SB-PM-MF-L)

**SB-C-4750**: Resonant Mallet (SB-RM-LE), Mallets (SB-M-LT-L, SB-M-ST-L)

## 4 SINGING BOWL CHAKRA SET

**CONTAINS** SB-C-250 (Crown Chakra), SB-E-700 (Brow Chakra), SB-E-1000 (Throat Chakra), SB-E-1400 (Heart Chakra), SB-C-1500 (Solar Plexus Chakra), SB-E-1800 (Sacral Chakra), SB-E-2200 (Root Chakra)

**INCLUDES** Corresponding covers and felt rings  
Mallets (SB-M-LT-L, SB-M-ST-L, SB-M-ST-S, SB-M-LT-S)  
Professional Mallet (SB-PDM-F-XL)

## 5 ORIGIN SINGING BOWLS

**DIMENSIONS** **SB-O-600**: ~5.1" diameter; ~600 g  
**SB-O-700**: ~5.7" diameter; ~700 g  
**SB-O-900**: ~6.7" diameter; ~900 g

**MATERIAL** Special bronze alloy

**FEATURES** Ideal for yoga and meditation  
Handcrafted masterpiece made in India  
Engraved logo on the bottom

**INCLUDES** Corresponding cover and felt ring

5



~600 g  
SB-O-600

~700 g  
SB-O-700

~900 g  
SB-O-900

6



Set, 3 pcs.  
SB-O-2200

7



Flower of Life, ~1000 g  
SB-S-FOL-1000



Venus Flower, ~1000 g  
SB-S-VF-1000



8



~5000 g  
SB-G-5000

~6000 g  
SB-G-6000

~9000 g  
SB-G-9000

~10000 g  
SB-G-10000

~11000 g  
SB-G-11000



~12000 g  
SB-G-12000

~13000 g  
SB-G-13000

~14000 g  
SB-G-14000

~15000 g  
SB-G-15000

### 6 ORIGIN SINGING BOWL SET

**CONTAINS** SB-O-600, SB-O-700, SB-O-900  
**INCLUDES** Corresponding covers and felt rings  
Mallet (SB-M-ST-L)

### 7 SYNTHESIS SINGING BOWLS

**DIMENSIONS** ~7.6" diameter; ~1000 g  
**MATERIAL** Special bronze alloy  
**FEATURES** Ideal for meditation, sound therapy, concerts and yoga; Generates a sustained deep tone that will fill a room with ambient sounds; Handcrafted masterpiece made in India; Engraved logo  
**INCLUDES** Corresponding cover and felt ring  
**SYMBOLS** **FOL:** Flower of Life  
**VF:** Venus Flower

### 8 GROUNDING SINGING BOWLS

**DIMENSIONS** **SB-G-5000:** ~15.8" diameter; ~5000 g  
**SB-G-6000:** ~15.8" diameter; ~6000 g  
**SB-G-9000:** ~18.9" diameter; ~9000 g  
**SB-G-10000:** ~19.7" diameter; ~10000 g  
**SB-G-11000:** ~20.5" diameter; ~11000 g  
**SB-G-12000:** ~20.9" diameter; ~12000 g  
**SB-G-13000:** ~22.1" diameter; ~13000 g  
**SB-G-14000:** ~23.2" diameter; ~14000 g  
**SB-G-15000:** ~23.2" diameter; ~15000 g  
**MATERIAL** Special bronze alloy  
**FEATURES** Ideal for sound therapy and can also be used for a full body experience by standing in these bowls; Handcrafted masterpiece made in India; Engraved logo  
**INCLUDES** Corresponding buckwheat cushion

# SINGING BOWL ACCESSORIES &

1



2



3



4



GONG BEATERS PERFECT FOR  
PLAYING SINGING BOWLS  
(SEE PAGE 38)



5



## 1 MALLETS

**DIMENSIONS** **SB-M-ST-S:** Small felt tip; Small (8.27")  
**SB-M-LT-S:** Large felt tip; Small (8.27")  
**SB-M-ST-L:** Small felt tip; Large (12.44")  
**SB-M-LT-L:** Large felt tip; Large (12.44")

**MATERIAL** Indian eucalyptus tree wood

## 2 PROFESSIONAL MALLETS

**DIMENSIONS** **SB-PM-SR-S:** Soft rubber tip; Small (8.86")  
**SB-PM-HFS-S:** Hard felt, small tip; Small (8.86")  
**SB-PM-HFM-S:** Hard felt, medium tip; Small (8.86")  
**SB-PM-HFL-L:** Hard felt tip, Large (13.78")  
**SB-PM-MF-S:** Medium felt tip; Small (12.01")  
**SB-PM-MF-M:** Medium felt tip; Medium (12.99")

## 3 SOUND BATH DOUBLE MALLETS

**DIMENSIONS** **SB-PDM-FS-M:** Double Mallet; Felt & silicone tip; Medium (11.81")  
**SB-PDM-FS-L:** Double Mallet; Felt & silicone tip; Large (13.78")

**MATERIALS** Sapele wood handle; Felt; Silicone

**FEATURE** Effortlessly switch between metallic and crystal singing bowls

**SB-PM-MF-L:** Medium felt tip; Large (13.78")

**SB-PDM-F/R-S:** Double Mallet; Felt & rubber tip; Small (9.25")  
**SB-PDM-F-XL:** Double Mallet; Felt tips; X-Large (15.94")

**MATERIALS** Sapele wood handle except:  
**SB-PDM-F-XL:** Maple handle

## 4 GROUNDING SINGING BOWL Mallet

**DIMENSIONS** Fleece tip, XX-Large (27.56")

**MATERIALS** Beech wood handle; Synthetic fleece

## 5 RESONANT MALLETS

**DIMENSIONS** **SB-RM:** Plain; 7.91"  
**SB-RM-LE:** Suede leather; 7.91"  
**SB-RM-LE-L:** Suede leather; 10.24"  
**SB-RM-LE-XL:** Suede leather; 10.63"

**MATERIAL** Indian eucalyptus tree wood



# ZEN, ORNAMENTAL, OM SINGING BOWLS



**6**  
SB-FR-08  
SB-FR-10  
SB-FR-13  
SB-FR-16



**8**  
SB-BC-10  
SB-BC-16  
SB-BC-21  
SB-BC-26



**7**  
SB-CB-20 SB-CB-25 SB-CB-30 SB-CB-38 SB-CB-50



**9**  
Set, 3 pcs.: ~170 g; ~260 g; ~340 g  
SBZ1



~300 g  
SB-OR-300-BK



~300 g  
SB-OR-300-R



Set, 3 pcs.: ~170 g; ~260 g; ~340 g  
SBZ2



~400 g  
SB-OR-400-BK



~400 g  
SB-OR-400-R



~300 g  
SB-OM-300

**6 FELT RINGS**  
SIZES **SB-FR-08:** 3.15" diameter  
**SB-FR-10:** 3.94" diameter  
**SB-FR-13:** 5.12" diameter  
**SB-FR-16:** 6.3" diameter  
MATERIAL Natural felt  
FEATURE Nonslip

**7 COTTON BAGS**  
SIZES **SB-CB-20:** 7.87" x 7.87"  
**SB-CB-25:** 9.84" x 9.84"  
**SB-CB-30:** 11.81" x 11.81"  
**SB-CB-38:** 14.96" x 14.96"  
**SB-CB-50:** 19.69" x 19.69"  
MATERIALS Natural cotton linen fabric  
Synthetic fleece inlay  
FEATURES Safe transport method;  
Prevents from scratches

**8 BUCKWHEAT CUSHIONS**  
SIZES **SB-BC-10:** 3.94" diameter  
**SB-BC-16:** 6.3" diameter  
**SB-BC-21:** 8.27" diameter  
**SB-BC-26:** 10.24" diameter  
FEATURES Filled with buckwheat;  
Transferring vibrations while playing

**9 ZEN SINGING BOWL SETS**  
SIZES 2.8"; 3.5"; 3.9" diameter  
~170 g; ~260 g; ~340 g  
MATERIAL Special cast alloy  
FEATURES High and clear tone; Perfect for meditation  
INCLUDES Cloth bags; Mallet  
SBZ1: Felt coasters

**10 ORNAMENTAL SINGING BOWLS**  
DIMENSIONS **SB-OR-300:** ~3.74" diameter; ~300 g  
**SB-OR-400:** ~4.13" diameter; ~400 g  
MATERIAL Special cast alloy  
FEATURES Hand-painted ornamental design;  
Great gift idea  
**SB-OR-300:** Consistently warm,  
high-pitched sound  
**SB-OR-400:** Consistently warm,  
low-pitched sound  
INCLUDES Corresponding mallet and coaster  
**BK:** Black gift box  
**R:** Red gift box

**11 OM SINGING BOWL**  
DIMENSIONS ~4.33" diameter; ~300 g  
MATERIAL Special cast alloy  
FEATURES Consistently warm, low-pitched sound;  
Hand-painted Om design; Great gift idea  
INCLUDES Corresponding mallet, ring and gift box

# SOUNDSCAPE GONGS

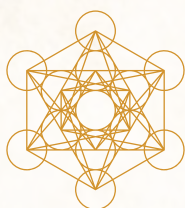
In the serene Franconian landscape, a ripple begins across still lakes, growing as it moves through the quiet hills. The air thickens with energy, and soon, the valleys hum in harmony with the earth. This is the sound of our Soundscape Gongs – deep, resonant, and alive – awakening the senses and filling the space with a calming yet powerful presence.

Sonic Energy Soundscape Gongs are meticulously crafted in Gutenstetten, Germany, producing a rich, complex soundscape that comes to life with even the gentlest touch.

The design also includes an easily playable edge, providing enough space for the mallet to strike. With a polished surface, these gongs not only sound impressive but also have a luxurious shine. Adorning this gleaming surface are detailed symbols, each carrying its own meaning and enhancing the visual appeal of the gong.



**The Flower of Life** represents the origin of all things through sacred geometry. The collaboration of numbers, shapes, and vibration belongs to the oldest myths of mankind. It is the strive to connect with our origin and to understand ourselves.



**Metatron's Cube** represents the flow of energy and the harmony of geometric patterns in the universe. It embodies balance, creation, and the interconnectedness of all things. This ancient symbol is believed to hold the key to understanding the structure of the cosmos and the unity between the physical and spiritual realms.



**The Om Lotus** symbolizes the union of spirituality and enlightenment. The lotus flower, rising from the mud to bloom beautifully, represents purity and spiritual growth, while the Om sound signifies the essence of the universe. Together, they embody the journey towards self-realization, inner peace, and the connection to the divine.



**The Spiral** symbolizes growth, evolution, and the journey of life. Through its ever-expanding form, it represents the continuous cycle of development and transformation. This ancient symbol reflects the quest for knowledge, self-discovery, and our connection to the universe.



**The Moon Phases** symbolize the cycles of change and renewal in life. As the moon transitions from new to full and back again, it reflects the ebb and flow of our experiences and emotions. This ancient symbol embodies the rhythm of nature, reminding us of the constant process of growth, transformation, and the passage of time.



**The Solar System** represents the intricate dance of celestial bodies, each orbiting around the sun. This cosmic arrangement symbolizes balance and harmony. It reflects humanity's quest to understand our place in the universe and the relationships between the planets, stars, and the greater cosmos.



1



**NEW**

Flower of Life, 22" / 55 cm  
**SGFOL22**



**NEW**

Metatron's Cube, 22" / 55 cm  
**SGMC22**



**NEW**

Om Lotus, 22" / 55 cm  
**SGOML22**



**NEW**

Spiral, 22" / 55 cm  
**SGSP22**



**NEW**

Moon Phases, 22" / 55 cm  
**SGMP22**



**NEW**

Solar System, 22" / 55 cm  
**SGSOLS22**



GONGS

**Notice:** Each Sonic Energy Gong is unique, variations in hammer patterns and coloration from the heating process may occur.

**1 SOUNSCAPE GONGS**

- SIZE** 22" / 55 cm
- MATERIAL** Nickelsilver
- FEATURES** Made in Gutenstetten, Germany  
Rich, dynamic soundscape  
Polished surface for a luxurious shine  
Easily playable edge  
High-quality engraved symbol
- INCLUDES** Travel bag, Gong Handle (G-HANDLE) and gloves
- SYMBOLS** **SGFOL22:** Flower of Life  
**SGMC22:** Metatron's Cube  
**SGMP22:** Moon Phases  
**SGOML22:** Om Lotus  
**SGSOLS22:** Solar System  
**SGSP22:** Spiral





# GONGS

**1** BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



24" / 60 cm  
**G24CC7**

24" / 60 cm  
**G24BC6**

32" / 80 cm  
**G32TC5**

36" / 90 cm  
**G36HC4**

36" / 90 cm  
**G36NC3**

24" / 60 cm  
**G24SC2**

24" / 60 cm  
**G24RC1**

**2**



24" / 60 cm  
**G24OM**

32" / 80 cm  
**G32OM**

36" / 90 cm  
**G36OM**

**3**

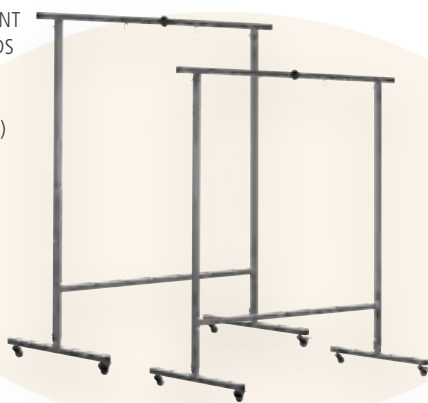


40" / 100 cm  
**TT40**

50" / 125 cm  
**TT50**

60" / 150 cm  
**TT60**

FRAMED GIANT GONG STANDS FOR GONGS UP TO 60" (SEE PAGE 37)



**TMGS-5**

**TMGS-4**

## **1** CHAKRA GONGS

**SIZES** **G24**: 24" / 60 cm  
**G32**: 32" / 80 cm  
**G36**: 36" / 90 cm

**MATERIAL** Nickelsilver

**TUNING** **G24CC7**: Crown Chakra, 172.06 Hz (audible: 86.03 Hz ≈ F2)  
**G24BC6**: Brow Chakra, 221.23 Hz (audible: 110.62 Hz ≈ A2)  
**G32TC5**: Throat Chakra, 141.27 Hz (audible: 70.64 Hz ≈ C#2)  
**G36HC4**: Heart Chakra, 136.10 Hz (audible: 68.05 Hz ≈ C#2)  
**G36NC3**: Solar Plexus Chakra, 126.22 Hz (audible: 63.11 Hz ≈ B1) (A4/a' 440 Hz » 449.80 Hz)  
**G24SC2**: Sacral Chakra, 210.42 Hz (audible: 105.21 Hz ≈ G#2)  
**G24RC1**: Root Chakra, 194.18 Hz (audible: 97.09 Hz ≈ G2)

**FEATURES** Handcrafted masterpiece made in Germany  
Deep, warm sound characteristic  
Sandblasted chakra symbol  
**INCLUDES** Cover and gloves

## **2** OM GONGS

**SIZES** **G24OM**: 24" / 60 cm  
**G32OM**: 32" / 80 cm  
**G36OM**: 36" / 90 cm

**MATERIAL** Nickelsilver

**TUNING** 136.10 Hz / C#2 (audible 68.05 Hz ≈ C#2)

**FEATURE** Handcrafted masterpiece made in Germany  
**INCLUDES** Cover and gloves

## **3** GIANT TAM TAMS

**SIZES** **TT40**: 40" / 100 cm  
**TT50**: 50" / 125 cm  
**TT60**: 60" / 150 cm

**MATERIAL** Nickelsilver

**TUNING** **TT40**: G#1 - A1  
**TT50**: F1 - F#1  
**TT60**: D1 - E1

**FEATURES** Handcrafted masterpiece made in Germany  
Deep, warm sound character with multi-layered overtones

**INCLUDES** **TT40**: Cover and gloves  
**TT50, TT60**: Gloves

## **4** DON CONREAUX

### EIGHT CORNERS OF HEAVEN MIRROR GONG

**SIZE** 32" / 80 cm

**MATERIAL** Nickelsilver

**TUNING** D2 - D#2

**FEATURES** Handcrafted masterpiece made in Germany  
The eight runic glyphs represent the cycle of life

Mirror surface allows player to see himself, listeners or other gong players

**INCLUDES** Cover and gloves

**4** DON CONREAUX  
SIGNATURE GONG



BACK

32" / 80 cm  
**G32-DC-B**

**5** DESIGNED IN COOPERATION  
WITH JENS ZYGAR



24" / 60 cm  
**G24-FOL**

36" / 90 cm  
**G36-FOL**

**6** BASED ON THE CALCULATIONS OF  
HANS COUSTO (THE COSMIC OCTAVE)



Sidereal Moon,  
24" / 60 cm  
**G24-M-SI**

Venus,  
24" / 60 cm  
**G24-V**

Neptune,  
24" / 60 cm  
**G24-N**

Synodic Moon,  
24" / 60 cm  
**G24-M-SY**

Uranus,  
24" / 60 cm  
**G24-U**

Sidereal Day,  
28" / 70 cm  
**G28-E-SI**

Jupiter,  
28" / 70 cm  
**G28-J**

Sedna,  
28" / 70 cm  
**G28-SE**



Chiron,  
28" / 70 cm  
**G28-CH**

Platonic Year,  
28" / 70 cm  
**G28-E-PL**

Saturn,  
32" / 80 cm  
**G32-SA**

Mars,  
32" / 80 cm  
**G32-MA**

Mercury,  
32" / 80 cm  
**G32-ME**

Earth Year / Om,  
36" / 90 cm  
**G36-E**

Sun,  
36" / 90 cm  
**G36-S**

**5** FLOWER OF LIFE GONGS

**SIZES** **G24-FOL:** 24" / 60 cm  
**G36-FOL:** 36" / 90 cm

**MATERIAL** Nickelsilver

**TUNING** **G24-FOL:** 128 Hz = C3

**G36-FOL:** 128 Hz (audible 64 Hz = C2)

**FEATURE** Handcrafted masterpiece made in Germany

**INCLUDES** Cover and gloves

**6** PLANETARY TUNED GONGS

**SIZES** **G24:** 24" / 60 cm  
**G28:** 28" / 70 cm  
**G32:** 32" / 80 cm  
**G36:** 36" / 90 cm

**MATERIAL** Nickelsilver

**TUNING**

**CH:** Chiron, 172.86 Hz  
(audible: 86.43 Hz ≈ F2)

**E:** Earth Year / Om, 136.10 Hz  
(audible: 68.05 Hz ≈ C#2)

**E-PL:** Platonic Year, 172.06 Hz  
(audible: 86.03 Hz ≈ F2)

**E-SI:** Sidereal Day, 194.71 Hz  
(audible: 97.36 Hz ≈ G2)

**J:** Jupiter, 183.58 Hz  
(audible: 91.79 Hz ≈ F#2)

**M-SI:** Sidereal Moon, 227.43 Hz  
(audible: 113.72 Hz ≈ A#2)

**M-SY:** Synodic Moon, 210.42 Hz  
(audible: 105.21 Hz ≈ G#2)

**MA:** Mars, 144.72 Hz  
(audible: 72.36 Hz ≈ D2)

**ME:** Mercury, 141.27 Hz  
(audible: 70.64 Hz ≈ C#2)

**N:** Neptune, 211.44 Hz  
(audible: 105.72 Hz ≈ G#2)

**S:** Sun, 126.22 Hz  
(audible: 63.11 Hz ≈ B1)

**SA:** Saturn, 147.85 Hz  
(audible: 73.93 Hz ≈ D2)

**SE:** Sedna, 181.60 Hz  
(audible: 90.80 Hz ≈ F#2)

**U:** Uranus, 207.36 Hz  
(audible: 103.68 Hz ≈ G#2)

**V:** Venus, 221.23 Hz  
(audible: 110.62 Hz ≈ A2)

**FEATURE** Handcrafted masterpiece made in Germany

**INCLUDES** Cover and gloves



# GONGS

1



20" / 50 cm **CHYY20**    22" / 55 cm **CHYY22**    24" / 60 cm **CHYY24**    28" / 70 cm **CHYY28**    32" / 80 cm **CHYY32**

2



20" / 50 cm **CH-TT20**    22" / 55 cm **CH-TT22**    24" / 60 cm **CH-TT24**    28" / 70 cm **CH-TT28**    30" / 75 cm **CH-TT30**



32" / 80 cm **CH-TT32**    34" / 85 cm **CH-TT34**    36" / 90 cm **CH-TT36**    38" / 95 cm **CH-TT38**    40" / 100 cm **CH-TT40**    44" / 110 cm **CH-TT44**    48" / 120 cm **CH-TT48**

3



12" / 30 cm **WGY12**    14" / 35 cm **WGY14**    16" / 40 cm **WGY16**    18" / 45 cm **WGY18**    20" / 50 cm **WGY20**    22" / 55 cm **WGY22**    24" / 60 cm **WGY24**    28" / 70 cm **WGY28**    30" / 75 cm **WGY30**    32" / 80 cm **WGY32**

## 1 CHAU TAM TAMS YIN & YANG

**SIZES** **CHYY20**: 20" / 50 cm  
**CHYY22**: 22" / 55 cm  
**CHYY24**: 24" / 60 cm  
**CHYY28**: 28" / 70 cm  
**CHYY32**: 32" / 80 cm

**MATERIAL** Special bronze alloy

**FEATURES** Handcrafted masterpiece made in China  
 Large sound characteristics  
 Blends well with other instruments

**INCLUDES** Beater and cover

**SYMBOL** Yin & Yang

## 2 CHAU TAM TAMS

**SIZES** **CH-TT20**: 20" / 50 cm  
**CH-TT22**: 22" / 55 cm  
**CH-TT24**: 24" / 60 cm  
**CH-TT28**: 28" / 70 cm  
**CH-TT30**: 30" / 75 cm  
**CH-TT32**: 32" / 80 cm  
**CH-TT34**: 34" / 85 cm  
**CH-TT36**: 36" / 90 cm  
**CH-TT38**: 38" / 95 cm  
**CH-TT40**: 40" / 100 cm  
**CH-TT44**: 44" / 110 cm  
**CH-TT48**: 48" / 120 cm

**MATERIAL** Special bronze alloy

**FEATURES** Handcrafted masterpiece made in China  
 Large sound characteristics  
 Blends well with other instruments  
 Printed logo and size info on the front

**INCLUDES** Beater and cover

## 3 WIND GONGS YIN & YANG

**SIZES** **WGY12**: 12" / 30 cm  
**WGY14**: 14" / 35 cm  
**WGY16**: 16" / 40 cm  
**WGY18**: 18" / 45 cm  
**WGY20**: 20" / 50 cm  
**WGY22**: 22" / 55 cm  
**WGY24**: 24" / 60 cm  
**WGY28**: 28" / 70 cm  
**WGY30**: 30" / 75 cm  
**WGY32**: 32" / 80 cm

**MATERIAL** Special bronze alloy

**FEATURES** Handcrafted masterpiece made in China  
 Mainly low-pitched sound  
 Wave-like overtones

**INCLUDES** Beater and cover

**SYMBOL** Yin & Yang

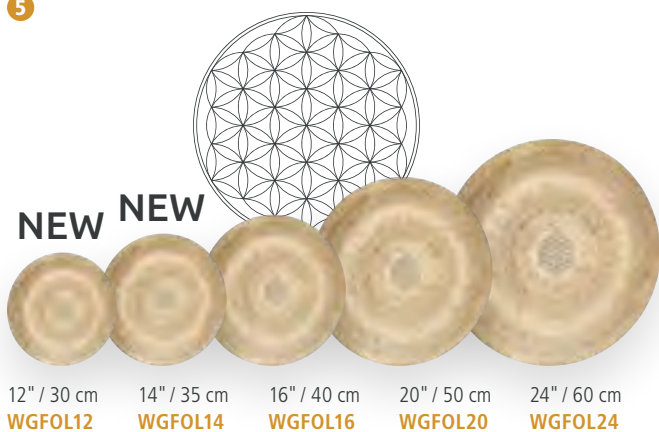


4



12" / 30 cm **WGK12**    14" / 35 cm **WGK14**    16" / 40 cm **WGK16**    18" / 45 cm **WGK18**    20" / 50 cm **WGK20**    22" / 55 cm **WGK22**    24" / 60 cm **WGK24**    28" / 70 cm **WGK28**    30" / 75 cm **WGK30**    32" / 80 cm **WGK32**

5



12" / 30 cm **WGFOL12**    14" / 35 cm **WGFOL14**    16" / 40 cm **WGFOL16**    20" / 50 cm **WGFOL20**    24" / 60 cm **WGFOL24**

6



12" / 30 cm **WG-TT12**    14" / 35 cm **WG-TT14**    16" / 40 cm **WG-TT16**    18" / 45 cm **WG-TT18**    20" / 50 cm **WG-TT20**



22" / 55 cm **WG-TT22**    24" / 60 cm **WG-TT24**    28" / 70 cm **WG-TT28**    30" / 75 cm **WG-TT30**    32" / 80 cm **WG-TT32**    36" / 90 cm **WG-TT36**    40" / 100 cm **WG-TT40**    44" / 110 cm **WG-TT44**    48" / 120 cm **WG-TT48**

**4 WIND GONGS KUN**

**SIZES** **WGK12:** 12" / 30 cm  
**WGK14:** 14" / 35 cm  
**WGK16:** 16" / 40 cm  
**WGK18:** 18" / 45 cm  
**WGK20:** 20" / 50 cm  
**WGK22:** 22" / 55 cm  
**WGK24:** 24" / 60 cm  
**WGK28:** 28" / 70 cm  
**WGK30:** 30" / 75 cm  
**WGK32:** 32" / 80 cm

**MATERIAL** Special bronze alloy

**FEATURES** Handcrafted masterpiece made in China  
Mainly low-pitched sound  
Wave-like overtones

**INCLUDES** Beater and cover

**SYMBOL** Kun

**5 WIND GONGS FLOWER OF LIFE**

**SIZES** **WGFOL12:** 12" / 30 cm  
**WGFOL14:** 14" / 35 cm  
**WGFOL16:** 16" / 40 cm  
**WGFOL20:** 20" / 50 cm  
**WGFOL24:** 24" / 60 cm

**MATERIAL** Special bronze alloy

**FEATURES** Handcrafted masterpiece made in China  
Mainly low-pitched sound  
Wave-like overtones

**INCLUDES** Beater

**SYMBOL** Flower of Life

**6 WIND GONGS**

**SIZES** **WG-TT12:** 12" / 30 cm  
**WG-TT14:** 14" / 35 cm  
**WG-TT16:** 16" / 40 cm  
**WG-TT18:** 18" / 45 cm  
**WG-TT20:** 20" / 50 cm

**WG-TT22:** 22" / 55 cm  
**WG-TT24:** 24" / 60 cm  
**WG-TT28:** 28" / 70 cm  
**WG-TT30:** 30" / 75 cm  
**WG-TT32:** 32" / 80 cm  
**WG-TT36:** 36" / 90 cm  
**WG-TT40:** 40" / 100 cm  
**WG-TT44:** 44" / 110 cm  
**WG-TT48:** 48" / 120 cm

**MATERIAL** Special bronze alloy

**FEATURES** Handcrafted masterpiece made in China  
Mainly low-pitched sound  
Wave-like overtones  
Printed logo and size info on the front

**INCLUDES** **WG-TT12 - WG-TT18:** Beater  
**WG-TT20 - WG-TT40:** Beater and cover  
**WG-TT44 - WG-TT48:** Beater

# GONGS & GONG STANDS

**1** NEW



BEATER INCLUDED



16" / 40 cm  
THG16

18" / 45 cm  
THG18

20" / 50 cm  
THG20

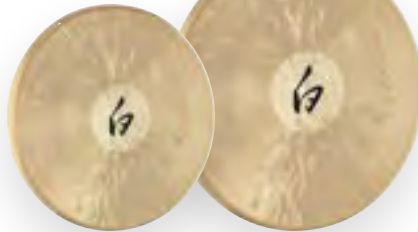
22" / 55 cm  
THG22

**2**



12" / 30 cm  
OG-12

**3**



12" / 30 cm  
WG-12

14.5" / 37 cm  
WG-145

**4**



12.5" / 31.5 cm  
TG-125

13" / 33 cm  
TG-13

14" / 35 cm  
TG-14

**5**



22" / 55 cm  
IG1

**6**



Small  
TMTGS-S



Medium  
TMTGS-M



Large  
TMTGS-L



X-Large  
TMTGS-XL

## 1 THAI GONGS

**SIZES** THG16: 16" / 40 cm  
THG18: 18" / 45 cm  
THG20: 20" / 50 cm  
THG22: 22" / 55 cm

**MATERIAL** Special bronze alloy  
**FEATURES** Handcrafted masterpiece from Thailand; Deep, resonant tones; Playable on stand or in hand; Beater crafted from upcycled Buddhist monk robes

**INCLUDES** Beater

## 2 OPERA GONG

**SIZE** 12" / 30 cm  
**MATERIAL** Special bronze alloy  
**FEATURES** Handcrafted masterpiece made in China; Descending pitch; Audible glissando effect with very short sustain

**INCLUDES** Beater

## 3 WHITE GONGS

**SIZES** WG-12: 12" / 30 cm  
WG-145: 14.5" / 37 cm

**MATERIAL** Special bronze alloy  
**FEATURES** Handcrafted masterpiece made in China; Powerful and splashy clear sound; Flat profile with bended rim

**INCLUDES** Beater

## 4 TIGER GONGS

**SIZES** TG-125: 12.5" / 31.5 cm  
TG-13: 13" / 33 cm  
TG-14: 14" / 35 cm

**MATERIAL** Special bronze alloy  
**FEATURES** Handcrafted masterpiece made in China; Splashy sound; Pronounced bent-out shape

**INCLUDES** Beater

## 5 INDIAN PREMIUM WIND GONG

**SIZE** 22" / 55 cm

**MATERIAL** Special bronze alloy  
**FEATURES** Handcrafted masterpiece made in India; Mainly low-pitched sound; Wave-like overtones; Hand engraved mantra

**INCLUDES** Table Gong Stand (TMTGS-L)

## 6 TABLE GONG STANDS

**SIZES** S: Small; Up to 13" gong size  
M: Medium; Up to 15" gong size  
L: Large; Up to 22" gong size  
XL: X-Large; Up to 26" gong size

**MATERIAL** Black powder-coated steel  
**FEATURES** Stable base for your gong; Provides a firm grip on any surface

## 7 GONG STAND

**SIZE** Up to 32" gong size  
**MATERIAL** Black powder-coated steel  
**FEATURE** Height-adjustable with locking system  
**INCLUDES** Hex key



**7**  
TMGS



**8**  
TMGS-2



**9**  
TMGS-2-G



Set  
TMGS-W



**11**  
TMGS-3



**12**  
TMGS-3-G

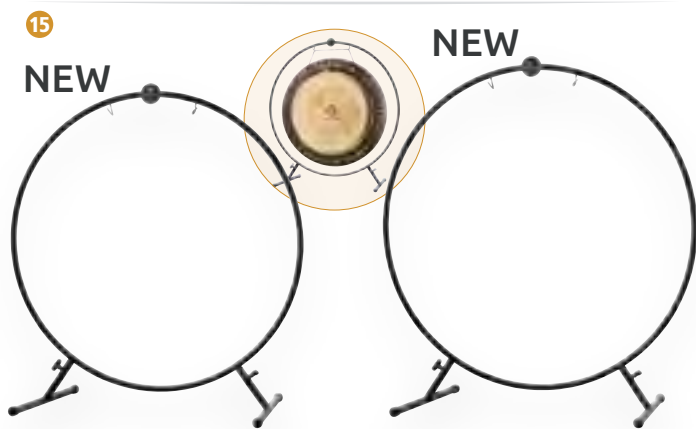


**13**  
TMGS-5

TMGS-4



**14**  
TMGWM



**15**  
NEW  
TMRGS1

NEW  
TMRGS2



**16**  
Medium  
TMWGS-M

Large  
TMWGS-L

**8 PRO GONG STAND**

**SIZE** Up to 40" gong size  
**MATERIAL** Black powder-coated steel  
**FEATURES** Stable double-brace at the base; Height-adjustable with locking system  
**INCLUDES** Hex key

**9 GONG HOLDER**

**SIZE** Upper gong size up to 32"  
Lower gong size up to 40"  
**MATERIAL** Black powder-coated steel  
**FEATURE** For Pro Gong Stand only  
**INCLUDES** Hex key

**10 WHEELS FOR GONG STANDS**

**FEATURES** For TMGS, TMGS-2 and TMGS-3 Gong Stands; Set of four; For ease of mobility

**11 FRAMED GONG STAND**

**SIZE** Up to 40" gong size  
**MATERIAL** Black powder-coated steel  
**FEATURES** Especially for bigger sized gongs; Height-adjustable with locking system  
**INCLUDES** Hex key

**12 FRAMED GONG HOLDER**

**SIZE** Upper gong size up to 38"  
Lower gong size up to 40"  
**MATERIAL** Black powder-coated steel  
**FEATURE** For Framed Gong Stand only  
**INCLUDES** Hex key

**13 FRAMED GIANT GONG STANDS**

**SIZES** **TMGS-4:** Up to 50" gong size  
**TMGS-5:** Up to 60" gong size  
**MATERIAL** Anthracite powder coated steel  
**FEATURES** Stable base for large gongs; Easy to roll  
**INCLUDES** Sturdy wheels

**14 GONG WALL MOUNT**

**SIZE** Up to 40" gong size  
**MATERIAL** Black powder-coated steel  
**FEATURE** Space-saving  
**INCLUDES** Screws and dowels

**15 ROUND GONG STANDS**

**SIZES** **TMRGS1:** Up to 32" gong size  
**TMRGS2:** Up to 36" gong size  
**MATERIAL** Black powder-coated steel  
**FEATURES** Stable base for your gong; Provides a firm grip on any surface

**16 WOOD GONG STANDS**

**SIZES** **M:** Medium; Up to 34" gong size  
**L:** Large; Up to 40" gong size  
**MATERIAL** Beech wood



# GONG MALLETS & BEATERS



## 1 GONG MALLETS

**DIMENSIONS** **MGM-S:** Small (11.81" x 2.76" x 2.76"); 138 g; For gongs from 20" to 80"  
**MGM-M:** Medium (13.58" x 3.15" x 3.15"); 222 g; For gongs from 22" to 80"  
**MGM-L:** Large (15.55" x 3.94" x 3.94"); 374 g; For gongs from 24" to 80"

**MATERIALS** Beech wood; Synthetic fleece

**FEATURE** May be used also as a pair

**COLOURS** **C:** Chai  
**L:** Lavender  
**PG:** Pure Green  
**R:** Rose  
**SP:** Sea Petrol  
**ST:** Sweet Tangerine

## 2 GONG RESONANT MALLETS

**SIZES** **G-RM-20:** 0.8"  
**G-RM-25:** 1.0"  
**G-RM-30:** 1.2"  
**G-RM-40:** 1.6"  
**G-RM-50:** 2.0"

**MATERIAL** Specially treated rubber ball

**FEATURES** Produces a gentle effect of the high and deepest low tones  
 Explore therapeutic and atmospheric sounds with these mallets

## 3 GONG RESONANT MALLET SET

**CONTAINS** G-RM-20, G-RM-25, G-RM-30, G-RM-40, G-RM-50

## 4 GONG BEATERS

**DIMENSIONS** **MGB-S:** Small; +/- 220 g; For gongs up to 28"  
**MGB-L:** Large; +/- 350 g; For gongs up to 40"

**MATERIALS** Coloured beech wood; Synthetic fleece

**FEATURES** To create a wide range of dynamics  
 Heat-branded logo  
**MGB-S:** Also perfect for singing bowls from 1,000 grams

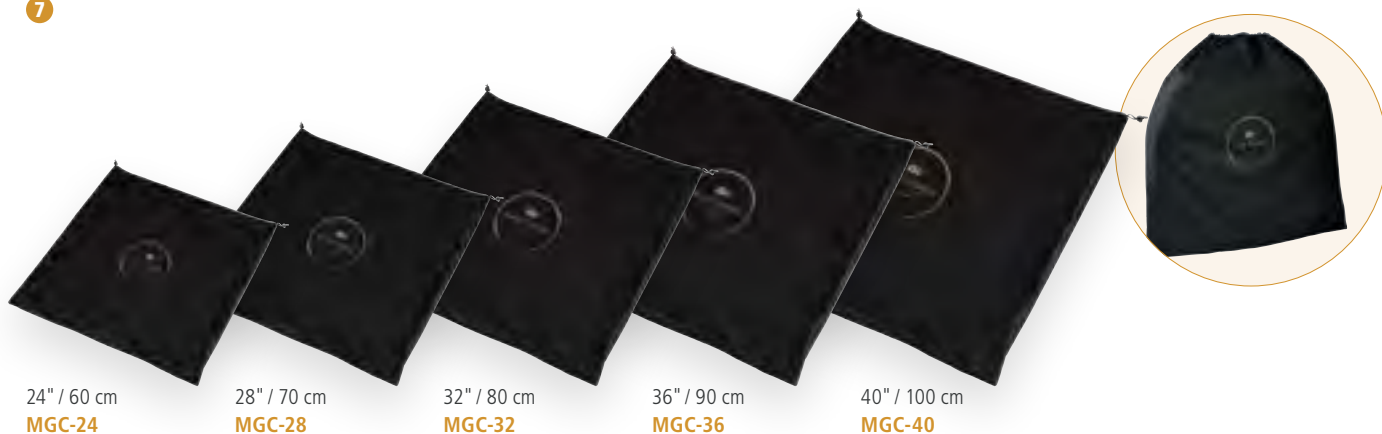
## 5 TAM TAM BEATERS

**DIMENSIONS** **MTTB-24:** +/- 250 g; For 24" tam tams  
**MTTB-28:** +/- 500 g; For 28" tam tams  
**MTTB-32:** +/- 600 g; For 32" tam tams  
**MTTB-36:** +/- 700 g; For 36" tam tams  
**MTTB-40:** +/- 800 g; For 40" tam tams

**MATERIALS** Beech wood; Cotton plush; Sheep wool

# GONG ACCESSORIES

7



24" / 60 cm  
**MGC-24**

28" / 70 cm  
**MGC-28**

32" / 80 cm  
**MGC-32**

36" / 90 cm  
**MGC-36**

40" / 100 cm  
**MGC-40**

8



24" / 60 cm  
**MGB-24**

28" / 70 cm  
**MGB-28**

32" / 80 cm  
**MGB-32**

36" / 90 cm  
**MGB-36**

38" / 95 cm  
**MGB-38**

40" / 100 cm  
**MGB-40**



9



**G-HANDLE**

11



**MGP**

10



**GC-2428**

**GC-32**

**GC-3640**

GONGS

## 6 GONG & SINGING BOWL MALLETS

**DIMENSIONS** **MGM1:** 14.5" x 2.6"  
For gongs from 20" to 80"  
**MGM2:** 14.5" x 3.2"  
For gongs from 22" to 80"  
**MGM1, MGM2:**  
For singing bowls from 1,000 grams

**MATERIALS** Maple; Synthetic fleece

**FEATURES** Hard synthetic core with soft synthetic fleece coating  
For powerful and precise playing  
Wrist strap

## 7 GONG COVERS

**SIZES** **MGC-24:** For 24" gongs  
**MGC-28:** For 28" gongs  
**MGC-32:** For 32" gongs  
**MGC-36:** For 36" gongs  
**MGC-40:** For 40" gongs

**MATERIALS** Inner material velvet;  
Outer material polyester

**FEATURE** Protects against dust and fingerprints

## 8 GONG BAGS

**SIZES** **MGB-24:** For 24" gongs  
**MGB-28:** For 28" gongs  
**MGB-32:** For 32" gongs  
**MGB-36:** For 36" gongs  
**MGB-38:** For 38" gongs  
**MGB-40:** For 40" gongs

**MATERIALS** Inner material velvet;  
Outer material durable synthetic fleece

**FEATURE** Protects during transportation

## 9 GONG HANDLE

**MATERIAL** Beech wood

**FEATURE** For comfortable holding a gong

## 10 GONG CORDS

**SIZES** **GC-2428:** For gongs from 24" to 28"  
**GC-32:** For 32" gongs  
**GC-3640:** For gongs from 36" to 40"

## 11 GONG POLISH

**SIZE** 250 ml

**FEATURE** For polishing the surface of a gong

Working with

# TUNING FORKS

Tuning Fork Therapy is a gentle yet effective method for harmonizing the body and mind, promoting inner balance and well-being. By transmitting pure frequencies to specific points on the body, this therapy helps relieve muscle tension, engage the nervous system, and work with subtle energies to facilitate deep relaxation and restoration. Its lasting benefits address both physical and energetic imbalances, contributing to sustained well-being.

Tuning forks are used across several holistic healing systems. In **Traditional Chinese Medicine (TCM)**, they are applied to acupuncture points to stimulate the flow of Qi through the meridians, aligning with the Five Elements for physical and emotional harmony. In **Acupuncture or Meridian Therapy**, tuning forks offer a non-invasive alternative to needles, enhancing energy flow and clearing blockages. In **Sound Healing**, specific frequencies restore the body's natural vibrations, supporting overall balance. **Biofield Tuning** targets the body's electromagnetic field, using tuning forks around the body to clear energetic disturbances.



## Balancing the Chakras

In the **Yogic Chakra System**, tuning forks balance the energy of the seven chakras, each of which is connected to a specific theme, color, symbol, and frequency. By combining the vibrations of the corresponding tuning fork with focused intention, one can help restore harmony, improve energy flow, and promote healing.

**Tuning Fork Chakra Sets see page 43 and 45**



### Crown Chakra

Spirituality & universal consciousness  
Platonic Year • 172.06 Hz

*I am present in every moment*



### Brow Chakra

Intuition & mental power  
Venus • 221.23 Hz

*I open myself to my inner wisdom*



### Throat Chakra

Communication & openness  
Mercury • 141.27 Hz

*I speak my truth*



### Heart Chakra

Love & devotion  
Earth • 136.10 Hz

*I offer compassion to myself and others*



### Solar Plexus Chakra

Willpower & courage  
Sun • 126.22 Hz

*I trust my power and strength*



### Sacral Chakra

Sensuality & creativity  
Synodic Moon • 210.42 Hz

*I enjoy life with all my senses*



### Root Chakra

Primal trust & stability  
Synodic Day • 194.18 Hz

*I feel connected to the Earth*



## Elevate Tuning Fork Treatments with Vibration Feet

The Meinl Sonic Energy Tuning Fork Vibration Feet enhance the effects of tuning forks by increasing the contact area with the surface, amplifying the vibrations. With their ability to treat not only specific points but larger areas, they have found their place in various fields such as massage, cosmetics, and therapy.

**Tuning Fork Vibration Feet see page 48**



## Tuning Fork Therapy for Pets: Harnessing Frequency for Wellness and Balance

Not only do humans benefit from the healing power of frequency work with tuning forks, but our four-legged companions and pets can also experience increased well-being and balance through this method. Animals, with their natural sensitivity and intuition, are especially receptive to these techniques. Since they often perceive stimuli far more intensely than we do, it's important to always use the vibrational feet when working with tuning forks to ensure their comfort. Animals will intuitively show whether the chosen frequency is working for them, making it easier to adjust and find the most beneficial vibration. While you can start on your own to see how your pet reacts, it's recommended to seek guidance from a professionally trained animal healer specialized in Tuning Fork Therapy when addressing more significant issues.

# TUNING FORKS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



## 1 PLANETARY TUNED TUNING FORKS

SIZES	TF-CH: 7.3"	TF-ME: 7.9"
	TF-E: 8.0"	TF-N: 6.9"
	TF-E-GEO: 7.7"	TF-PL: 8.0"
	TF-E-HY: 7.6"	TF-S: 8.3"
	TF-E-PL: 7.4"	TF-SA: 7.8"
	TF-E-SI: 7.1"	TF-SE: 7.2"
	TF-E-SY: 7.1"	TF-SF: 6.5"
	TF-ER: 7.7"	TF-U: 6.9"
	TF-FOL: 8.3"	TF-V: 6.8"
	TF-J: 7.2"	TF-256: 6.4"
	TF-M-AR: 6.5"	
	TF-M-CU: 7.1"	
	TF-M-K: 6.6"	
	TF-M-L: 8.3"	
	TF-M-MC: 6.6"	
	TF-M-SI: 6.7"	
	TF-M-SP: 6.5"	
	TF-M-SY: 6.9"	
	TF-MA: 7.8"	

MATERIAL	Premium nickel-plated steel; Cork
TUNING	CH: Chiron, 172.86 Hz ≈ F3
	E: Earth Year/Om, 136.10 Hz ≈ C#3
	E-GEO: Geomagnetic Field, 149.74 Hz ≈ D#3
	E-HY: Hydrogen Gamma, 157.04 Hz ≈ D#3
	E-PL: Platonic Year, 172.06 Hz ≈ F3
	E-SI: Sidereal Day, 194.71 Hz ≈ G3
	E-SY: Synodic Day, 194.18 Hz ≈ G3
	ER: Eros, 154.66 Hz ≈ D#3
	FOL: Flower of Life, 128.00 Hz = C3
	J: Jupiter, 183.58 Hz ≈ F#3
	M-AR: Apsidis' Rotation, 246.04 Hz ≈ B3
	M-CU: Culmination Cycle, 187.61 Hz ≈ F#3
	M-K: Moon Knot, 234.16 Hz ≈ A#3
	M-L: Lilith, 123.02 Hz ≈ B2
	M-MC: Metonic Cycle, 229.22 Hz ≈ A#3

	M-SI: Sidereal Moon, 227.43 Hz ≈ A#3
	M-SP: Saros' Period, 241.56 Hz ≈ B3
	M-SY: Synodic Moon, 210.42 Hz ≈ G#3
	MA: Mars, 144.72 Hz ≈ D3
	ME: Mercury, 141.27 Hz ≈ C#3
	N: Neptune, 211.44 Hz ≈ G#3
	PL: Pluto, 140.64 Hz ≈ C#3
	S: Sun, 126.22 Hz ≈ B2
	SA: Saturn, 147.85 Hz ≈ D3
	SE: Sedna, 181.60 Hz ≈ F#3
	SF: Schumann Resonance, 250.56 Hz ≈ B3
	U: Uranus, 207.36 Hz ≈ G#3
	V: Venus, 221.23 Hz ≈ A3
	256: Master Fork 2, 256.00 Hz = C4

INCLUDES Cotton bag

2



Natural Pitch  
**TF-432**      Standard Pitch  
**TF-440**

3



Set, 21 pcs.  
**TF-DISPLAY**

4



Set, 2 pcs.  
**TF-SET-2**

5



Set, 7 pcs.  
**TF-SET-CHA-7**



Set, 7 pcs.  
**TF-SET-CHA-7C**



Set, 7 pcs.  
**TF-SET-CHA-R**

**NEW**

6



Set, 16 pcs.  
**TF-SET-16**

7



Set, 27 pcs.  
**TF-SET-27**

TUNING FORKS

**2 NATURAL PITCH TUNING FORK & STANDARD PITCH TUNING FORK**

**SIZE** 5.4"  
**MATERIAL** Premium nickel-plated steel; Cork  
**TUNING** **TF-432:** 432 Hz (Natural Pitch)  
**TF-440:** 440 Hz (Standard Pitch)  
**INCLUDES** Cotton bag

**3 TUNING FORK CHAKRA DISPLAY SET**

**CONTAINS** 3 pcs. each: TF-E-PL (Crown Chakra), TF-V (Brow Chakra), TF-ME (Throat Chakra), TF-E (Heart Chakra), TF-S (Solar Plexus Chakra), TF-M-SY (Sacral Chakra), TF-E-SY (Root Chakra)  
**INCLUDES** Wood Display  
21 x cotton bag

**4 TUNING FORK DAY AND NIGHT SET**

**CONTAINS** TF-E, TF-E-SY  
**INCLUDES** Tuning Fork Holder (TF-HOLDER-2)  
2 x cotton bag

**5 TUNING FORK CHAKRA SETS**

**CONTAINS** TF-E-PL (Crown Chakra), TF-V (Brow Chakra), TF-ME (Throat Chakra), TF-E (Heart Chakra), TF-S (Solar Plexus Chakra), TF-M-SY (Sacral Chakra), TF-E-SY (Root Chakra)  
**INCLUDES** 7 x cotton bag  
**TF-SET-CHA-7:** Tuning Fork Holder (TF-HOLDER-7)  
**TF-SET-CHA-7C:** Tuning Fork Case (TFC-8)  
**TF-SET-CHA-R:** Tuning Fork Rollup Bag (TF-CB)  
Tuning Fork Vibration Foot (VF-FS)  
Mallet (SB-PM-SR-S)

**6 TUNING FORK SET, 16 PCS.**

**CONTAINS** TF-CH, TF-E, TF-E-PL, TF-E-SI, TF-E-SY, TF-J, TF-M-SI, TF-M-SY, TF-MA, TF-ME, TF-N, TF-S, TF-SA, TF-SE, TF-U, TF-V  
**INCLUDES** Tuning Fork Holder (TF-HOLDER-16)  
16 x cotton bag

**7 TUNING FORK SET, 27 PCS.**

**CONTAINS** TF-CH, TF-E, TF-E-GEO, TF-E-HY, TF-E-PL, TF-E-SI, TF-E-SY, TF-FOL, TF-FJ, TF-M-AR, TF-M-CU, TF-M-K, TF-M-MC, TF-M-SI, TF-M-SP, TF-M-SY, TF-MA, TF-ME, TF-N, TF-PL, TF-S, TF-SA, TF-SE, TF-SF, TF-U, TF-V, TF-256  
**INCLUDES** Tuning Fork Holder (TF-HOLDER-27)  
27 x cotton bag



# THERAPY TUNING FORKS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



## 1 PLANETARY TUNED THERAPY TUNING FORKS

SIZES	TTF-CH: 8.9"	TTF-ME: 9.4"
	TTF-E: 9.6"	TTF-N: 8.3"
	TTF-E-GEO: 9.3"	TTF-PL: 9.4"
	TTF-E-HY: 9.1"	TTF-S: 9.8"
	TTF-E-PL: 8.9"	TTF-SA: 9.3"
	TTF-E-SI: 8.5"	TTF-SE: 8.7"
	TTF-E-SY: 8.5"	TTF-SF: 7.8"
	TTF-ER: 9.1"	TTF-U: 8.3"
	TTF-J: 8.7"	TTF-V: 8.1"
	TTF-M-AR: 7.9"	TTF-128: 9.8"
	TTF-M-CU: 8.6"	TTF-256: 7.8"
	TTF-M-K: 8.0"	
	TTF-M-L: 9.9"	
	TTF-M-MC: 8.1"	
	TTF-M-SI: 8.1"	
	TTF-M-SP: 7.9"	
	TTF-M-SY: 8.3"	
	TTF-MA: 9.4"	

### MATERIAL TUNING

Premium nickel-plated steel; Cork  
**CH:** Chiron, 172.86 Hz ≈ F3  
**E:** Earth Year / Om, 136.10 Hz ≈ C#3  
**E-GEO:** Geomagnetic Field, 149.74 Hz ≈ D#3  
**E-HY:** Hydrogen Gamma, 157.04 Hz ≈ D#3  
**E-PL:** Platonic Year, 172.06 Hz ≈ F3  
**E-SI:** Sidereal Day, 194.71 Hz ≈ G3  
**E-SY:** Synodic Day, 194.18 Hz ≈ G3  
**ER:** Eros, 154.66 Hz ≈ D#3  
**J:** Jupiter, 183.58 Hz ≈ F#3  
**M-AR:** Apsidis' Rotation, 246.04 Hz ≈ E3  
**M-CU:** Culmination Cycle, 187.61 Hz ≈ F#3  
**M-K:** Moon Knot, 234.16 Hz ≈ A#3  
**M-L:** Lilith, 123.02 Hz ≈ B2  
**M-MC:** Metonic Cycle, 229.22 Hz ≈ A#3  
**M-SI:** Sidereal Moon, 227.43 Hz ≈ A#3  
**M-SP:** Saros' Period, 241.56 Hz ≈ B3  
**M-SY:** Synodic Moon, 210.42 Hz ≈ G#3  
**MA:** Mars, 144.72 Hz ≈ D3

**ME:** Mercury, 141.27 Hz ≈ C#3  
**N:** Neptune, 211.44 Hz ≈ G#3  
**PL:** Pluto, 140.64 Hz ≈ C#3  
**S:** Sun, 126.22 Hz ≈ B2  
**SA:** Saturn, 147.85 Hz ≈ D3  
**SE:** Sedna, 181.60 Hz ≈ F#3  
**SF:** Schumann Resonance, 250.56 Hz ≈ B3  
**U:** Uranus, 207.36 Hz ≈ G#3  
**V:** Venus, 221.23 Hz ≈ A3  
**128:** Master Fork, 128.00 Hz = C4  
**256:** Master Fork 2, 256.00 Hz = C4

**FEATURES**  
 Handcrafted masterpiece made in Germany  
 Ergonomic shaped cork handle  
 Engraved logo and tuning info

**INCLUDES**  
 Cotton bag

2



Natural Pitch  
TTF-432      Standard Pitch  
TTF-440

TUNING FORK VIBRATION FEET  
(SEE PAGE 48)



VF-FS   VF-RL   VF-RM   VF-RS

PROFESSIONAL Mallet PERFECT  
FOR PLAYING TUNING FORKS  
(SEE PAGE 28)



SB-PM-SR-S

3



Set, 2 pcs.  
TTF-SET-2

4



Set, 7 pcs.  
TTF-SET-CHA-7

**NEW**



Set, 7 pcs.  
TTF-SET-CHA-R

5



Set, 16 pcs.  
TTF-SET-16

6



Set, 27 pcs.  
TTF-SET-27

TUNING FORKS

**2 NATURAL PITCH THERAPY TUNING FORK & STANDARD PITCH THERAPY TUNING FORK**

SIZE 6.5"  
MATERIAL Premium nickel-plated steel; Cork  
TUNING **TTF-432**: 432 Hz (Natural Pitch)  
**TTF-440**: 440 Hz (Standard Pitch)  
INCLUDES Cotton bag

**3 THERAPY TUNING FORK DAY AND NIGHT SET**

CONTAINS TTF-E, TTF-E-SY  
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-2); 2 x cotton bag

**4 THERAPY TUNING FORK CHAKRA SETS**

CONTAINS TTF-E-PL (Crown Chakra), TTF-V (Brow Chakra), TTF-ME (Throat Chakra), TTF-E (Heart Chakra), TTF-S (Solar Plexus Chakra), TTF-M-SY (Sacral Chakra), TTF-E-SY (Root Chakra)  
INCLUDES **TTF-SET-CHA-7**: Therapy Tuning Fork Holder (TTF-HOLDER-7); 7 x cotton bag  
**TTF-SET-CHA-R**: Tuning Fork Rollup Bag (TFCB)  
Tuning Fork Vibration Foot (VF-FS)  
Mallet (SB-PM-SR-S)

**5 THERAPY TUNING FORK SET, 16 PCS.**

CONTAINS TTF-CH, TTF-E, TTF-E-PL, TTF-E-SI, TTF-E-SY, TTF-J, TTF-M-SI, TTF-M-SY, TTF-MA, TTF-ME, TTF-N, TTF-S, TTF-SA, TTF-SE, TTF-U, TTF-V  
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-16); 16 x cotton bag

**6 THERAPY TUNING FORK SET, 27 PCS.**

CONTAINS TTF-CH, TTF-E, TTF-E-GEO, TTF-E-HY, TTF-E-PL, TTF-E-SI, TTF-E-SY, TTF-J, TTF-M-AR, TTF-M-CU, TTF-M-K, TTF-M-MC, TTF-M-SI, TTF-M-SP, TTF-M-SY, TTF-MA, TTF-ME, TTF-N, TTF-PL, TTF-S, TTF-SA, TTF-SE, TTF-SF, TTF-U, TTF-V, TTF-128, TTF-256  
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-27); 27 x cotton bag

# GROUNDING, BINAURAL THERAPY TUNING FORKS

## 1 NEW



Venus  
TTF-V-G

Earth  
TTF-E-G

Master Fork  
TTF-64-G



## 2 NEW



Gamma  
TTF-GAMMA

Beta  
TTF-BETA

Alpha  
TTF-ALPHA

Theta  
TTF-THETA

Delta  
TTF-DELTA

THERAPY TUNING MASTER FORK  
(SEE PAGE 44)



TTF-128



## 3 NEW



Set, 6 pcs.  
TTF-BT-SET-R

### 1 GROUNDING THERAPY TUNING FORKS

<b>SIZES</b>	<b>TTF-E-G:</b> 8.5" <b>TTF-V-G:</b> 7.3" <b>TTF-64-G:</b> 8.7"
<b>MATERIAL</b>	Premium nickel-plated steel; ECO BRASS®
<b>TUNING</b>	<b>E-G:</b> Earth Year/Om, 136.10 Hz (audible 68.05 Hz ≈ C#2) <b>V-G:</b> Venus, 221.23 Hz (audible 110.62 Hz ≈ A2) <b>64-G:</b> Master Fork, 128 Hz (audible 64 Hz = C2)
<b>FEATURES</b>	Handcrafted masterpiece made in Germany Perfect for grounding and relaxation Extra low frequencies Elegant and detachable ECO BRASS® handle with Flat Vibration Foot Round Vibration Foot
<b>INCLUDES</b>	Round Vibration Foot 2 x cotton bag

### 2 BINAURAL THERAPY TUNING FORKS

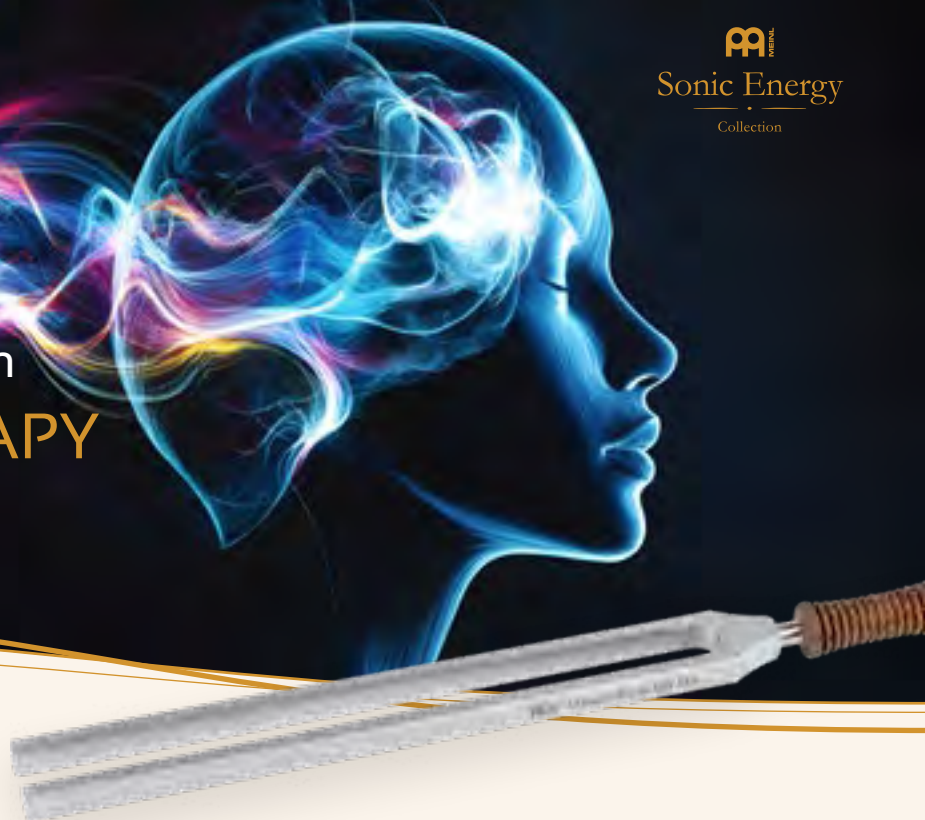
<b>SIZES</b>	<b>TTF-ALPHA:</b> 9.4" <b>TTF-BETA:</b> 9.3" <b>TTF-DELTA:</b> 9.6" <b>TTF-GAMMA:</b> 8.5" <b>TTF-THETA:</b> 9.5"
<b>MATERIAL</b>	Premium nickel-plated steel
<b>TUNING</b>	<b>ALPHA:</b> Alpha, 139 Hz <b>BETA:</b> Beta, 150 Hz <b>DELTA:</b> Delta, 130 Hz <b>GAMMA:</b> Gamma, 188 Hz <b>THETA:</b> Theta, 134 Hz
<b>FEATURES</b>	Handcrafted masterpiece made in Germany Ergonomic shaped cork handle Engraved logo and tuning info Pair with 128 Hz Masterfork for binaural effects
<b>INCLUDES</b>	Cotton bag

### 3 BINAURAL THERAPY TUNING FORK SET, 6 PCS.

<b>CONTAINS</b>	TTF-ALPHA, TTF-BETA, TTF-DELTA, TTF-GAMMA, TTF-THETA, TTF-128
<b>INCLUDES</b>	Tuning Fork Rollup Bag (TFCB); 6 x cotton bag



# Tune Your Mind: Unlocking the Power with BINAURAL THERAPY TUNING FORKS



Imagine being able to tune your mind like a musical instrument, effortlessly shifting from deep relaxation to heightened focus, or even slipping into a meditative state, simply by listening to certain sounds. This is the promise of binaural effects, a fascinating auditory phenomenon that can influence our brain wave activity.

By using Binaural Therapy Tuning Forks in conjunction with the Master Fork 128 Hz, we can create this effect on our own. When the forks are struck and held near the right and left ear, the brain detects the difference between the two frequencies, perceiving a third frequency that guides you into the desired brain wave state.

Understanding how different brain wave states can influence and shape our experience and reality, plays a fundamental role in our journey of self-discovery and personal development.

## These are the Five Main Types of Brain Waves:

### Gamma – 30 to 100 Hz Where all ideas grow

Gamma brain waves are the fastest and are associated with high concentration, focus, creativity, and heightened alertness.

### Beta – 12 to 30 Hz Sharp and focused glow

Beta brain waves heighten our alertness and analytical abilities. Typically, our brain operates at this frequency during daily activities that involve concentration, thinking, and excitement.

However, high beta waves can also lead to anxiety, stress, and restlessness. They are often associated with the "survival mode" that many of us experience constantly.

### Alpha – 8 to 12 Hz Calm and mindful peace

Alpha brain waves are linked to a relaxed, calm state of mind. They promote relaxation while awake, reduce stress, and improve learning.

### Theta – 4 to 8 Hz Creative flow

Theta brain waves are connected to a deeper state of relaxation, enhancing creativity and intuition while lowering stress and anxiety levels. This is where the door to our subconscious mind opens.

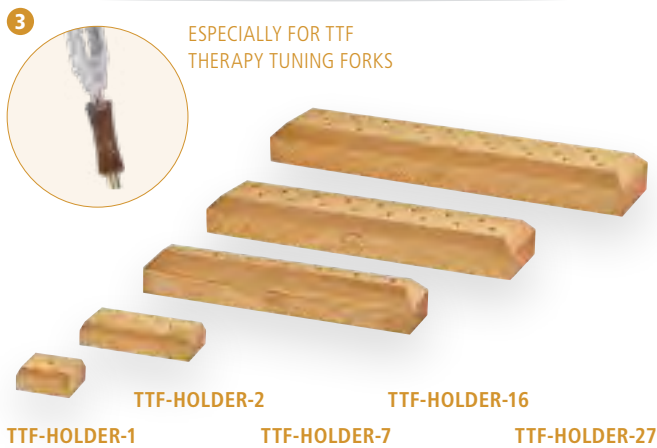
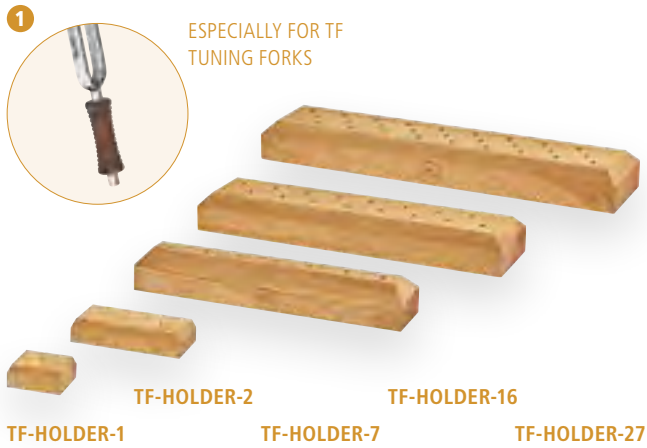
### Delta – 0,5 to 4 Hz Deep and dreamless sleep

Delta brain waves are the slowest frequency and are associated with deep, dreamless sleep. Our minds and bodies experience their most profound rest and rejuvenation here.

Tapping into different brain wave states can be a powerful tool for enhancing emotional well-being and achieving greater independence from external influences. These states act as a gateway to our subconscious mind, where we can tap into our inner resources and explore our inner world.



# TUNING FORK ACCESSORIES



## 1 TUNING FORK HOLDERS

**SIZES** **TF-HOLDER-1:** For 1 tuning fork  
**TF-HOLDER-2:** For 2 tuning forks  
**TF-HOLDER-7:** For 7 tuning forks  
**TF-HOLDER-16:** For 16 tuning forks  
**TF-HOLDER-27:** For 27 tuning forks

**MATERIAL** Beech wood

## 2 TUNING FORK CASES

**SIZES** **TFC-M:** For max. 7.1" tuning forks  
**TFC-L:** For max. 8.3" tuning forks  
**TFC-8:** For 8 tuning forks  
**TFC-16:** For 16 tuning forks

**MATERIALS** Inner material polyester  
 Outer material leatherette

**FEATURE** For safe and easy transportation

## 3 THERAPY TUNING FORK HOLDERS

**SIZES** **TTF-HOLDER-1:** For 1 tuning fork  
**TTF-HOLDER-2:** For 2 tuning forks  
**TTF-HOLDER-7:** For 7 tuning forks  
**TTF-HOLDER-16:** For 16 tuning forks  
**TTF-HOLDER-27:** For 27 tuning forks

**MATERIAL** Beech wood

## 4 TUNING FORK ROLLUP BAG

**SIZE** 18.1" x 21.7"

**MATERIAL** Cotton canvas

**FEATURES** 9 tuning fork compartments, 1 accessory compartment  
 Fitting every TF Tuning Fork and TTF Therapy Tuning Fork

## 5 TUNING FORK VIBRATION FEET

**DIMENSIONS** **VF-FS:** 0.60" / 1.5 cm diameter; 25 g  
**VF-RL:** 1.57" / 4 cm diameter; 98 g  
**VF-RM:** 1.18" / 3 cm diameter; 129 g  
**VF-RS:** 0.79" / 2 cm diameter; 46 g  
**VF-RL:** Aluminum, ECO BRASS®  
**VF-RM, VF-RS, VF-FS:** ECO BRASS®

**MATERIALS** **VF-RL:** Aluminum, ECO BRASS®  
**VF-RM, VF-RS, VF-FS:** ECO BRASS®

**FEATURES** Suitable for controlled massage of vibrations on humans as well as animals  
 Fitting every TF Tuning Fork and TTF Therapy Tuning Fork except Grounding Therapy Tuning Forks

## 6 TUNING FORK VIBRATION FOOT DISPLAY

**SIZE** 7.2" x 3.5" x 3.9"

**CONTAINS** 4 pcs. each: VF-FS, VF-RL, VF-RM, VF-RS

**FEATURE** Cardboard display for showrooms and studios

# CRYSTAL TUNING FORKS



CRYSTAL TUNING FORKS

## 1 CRYSTAL TUNING FORKS

**SIZES** **CTF440C16, CTF440F16:**  
0.63" / 1.6 cm diameter,  
17.7" / 45 cm length  
**CTF440C20, CTF440F20:**  
0.79" / 2 cm diameter,  
15" / 38 cm length

**MATERIAL** Gemstone (Quartz)

**TUNING** A4/a' 440 Hz  
**C16:** C3  
**C20:** C4  
**F16:** F3  
**F20:** F4

**FEATURES** Perfect for therapy and relaxation  
Made of high-purity quartz  
Extremely long-lasting resonance  
Pure and attractive crystal material

## 2 SOLFEGGIO CRYSTAL TUNING FORKS

**SIZES** **SOLCTF174:** 0.6" / 1.6 cm diameter,  
15.9" / 40.5 cm length  
**SOLCTF285, SOLCTF396,  
SOLCTF417, SOLCTF528:**  
0.4" / 1 cm diameter  
**SOLCTF285:** 10.2" / 26 cm length  
**SOLCTF396:** 9.3" / 23.7 cm length  
**SOLCTF417:** 9.1" / 23 cm length  
**SOLCTF528:** 8.9" / 22.5 cm length

**MATERIAL** Gemstone (Quartz)

**TUNING** **174:** 174 Hz  
**285:** 285 Hz  
**396:** Ut 396 Hz  
**417:** Re 417 Hz  
**528:** Mi 528 Hz

**FEATURES** Perfect for therapy and relaxation  
Made of high-purity quartz  
Extremely long-lasting resonance  
Pure and attractive crystal material

**INCLUDES** Engraved tuning info  
Carrying bag  
Crystal silicone rod

## 3 NATURAL PITCH CRYSTAL TUNING FORK & STANDARD PITCH CRYSTAL TUNING FORK

**SIZES** **CTF432:** 0.4" / 1 cm diameter,  
9" / 22.8 cm length  
**CTF440:** 0.4" / 1 cm diameter,  
8.9" / 22.6 cm length

**MATERIAL** Gemstone (Quartz)

**TUNING** **CTF432:** 432 Hz (Natural Pitch)  
**CTF440:** 440 Hz (Standard Pitch)

**FEATURES** Perfect for therapy and relaxation  
Made of high-purity quartz  
Extremely long-lasting resonance  
Pure and attractive crystal material  
Engraved tuning info

**INCLUDES** Carrying bag  
Crystal silicone rod

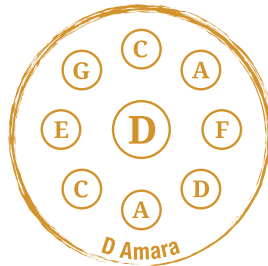
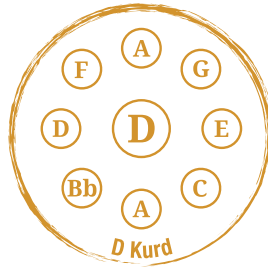


# SENSORY HANDPANS

1



D Kurd, 9 notes  
HPSTL90



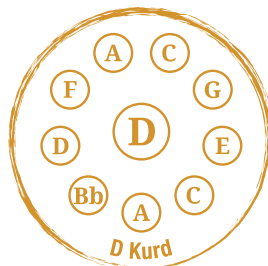
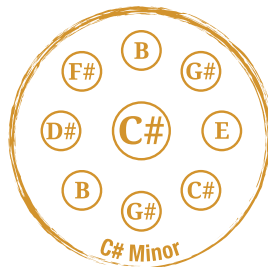
D Amara, 9 notes  
HPSTL91



432 Hz



C# Minor, 9 notes  
HPSTL92



D Kurd, 10 notes  
HPSTL100



## 1 SENSORY HANDPANS

**SIZES** 22" diameter, 9" height  
HPSTL93CU: 10" height

**MATERIAL** Stainless steel

**TUNING** HPSTL90: A4/a' 440 Hz  
D Kurd D3/ A3, Bb3, C4, D4, E4, F4, G4, A4 (9 notes)  
HPSTL91: A4/a' 440 Hz  
D Amara D3/ A3, C4, D4, E4, F4, G4, A4, C5 (9 notes)  
HPSTL92: A4/a' 432 Hz  
C# Minor C#3/ G#3, B3, C#4, D#4, E4, F#4, G#4, B4 (9 notes)  
HPSTL93CU: A4/a' 432 Hz  
Bb2 Amara Bb2/ F3, Ab3, Bb3, C4, Db4, Eb4, F4, Ab4 (9 notes)  
HPSTL100: A4/a' 440 Hz  
D Kurd D3/ A3, Bb3, C4, D4, E4, F4, G4, A4, C5 (10 notes)

### FEATURES

**HPSTL101:** A4/a' 440 Hz  
D Amara D3/ G3, A3, C4, D4, E4, F4, G4, A4, C5 (10 notes)  
**HPSTL102CU:** A4/a' 432 Hz  
E La Sirena E3/ G3, B3, C#4, D4, E4, F#4, G4, B4, D5 (10 notes)  
**HPSTL110CU:** A4/a' 440 Hz  
F Pygmy F3/ G3, Ab3, C4, Eb4, F4, G4, Ab4, C5 - Db3, Eb3 (11 notes)

Handcrafted masterpiece  
Pure soft sound with long sustain  
Perfect for both meditative and percussive playing  
Two sound holes: One, which faces the player and one, which faces the audience  
Two removable sound tubes for more sound options  
Durable stainless steel material  
Harmonic and balanced tones  
Lasered logo and tuning

### HPSTL93CU, HPSTL102CU:

Engraved design  
Includes Padded carrying bag, stainless steel protection cover, soft velvet bag, gloves and two sound tubes

### HPSTL110CU: 2 x protection cover

HPSTL90, HPSTL91, HPSTL92, HPSTL100, HPSTL101:

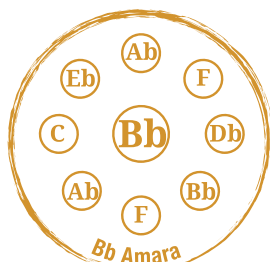
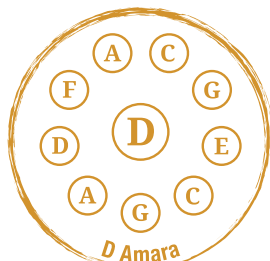
Vintage Gold  
HPSTL93CU, HPSTL102CU, HPSTL110CU:  
Vintage Copper

### INCLUDES

### COLOURS



D Amara, 10 notes  
HPSTL101



432 Hz

**NEW**



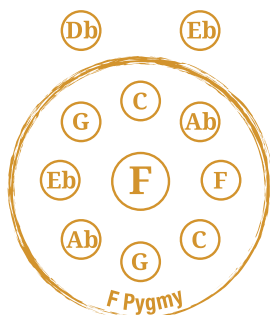
Bb2 Amara, 9 notes  
HPSTL93CU

432 Hz

**NEW**



E La Sirena, 10 notes  
HPSTL102CU



**NEW**



F Pygmy, 11 notes  
HPSTL110CU

STAINLESS STEEL HANDPAN CARE SET  
PERFECT FOR SENSORY HANDPANS  
(SEE PAGE 52)

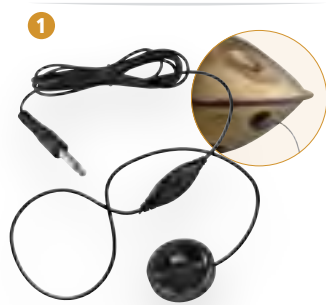


SSHPCS



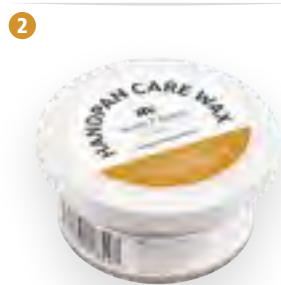
HANDPANS

# HANDPAN ACCESSORIES



1

SEPU



2

HP-CW



3

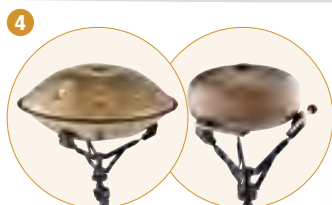
HPC



HPP



SSHPP



4



HPS-S

HPS



Set, 2 pcs.  
HPCS



Set, 2 pcs.  
SSHPCS



5 **NEW**

Medium  
MHPSM



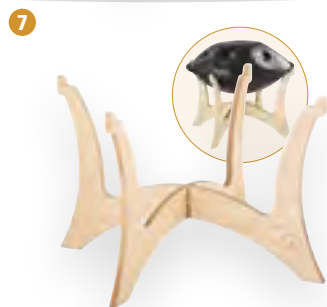
5 **NEW**

Large  
MHPSL



6

HPR



7

HPWS



8

HPWS2



9

MHPC

## 1 MAGNETIC PICKUP

**FEATURES** Magnetic  
Piezo pickup  
Integrated volume regulator  
6.3 mm input jack  
2.5 m long cable

## 2 HANDPAN CARE WAX

**SIZE** 36 ml  
**FEATURES** Designed for any unlacquered handpan;  
Prevents unwanted development of rust

## 3 HANDPAN CARE

**SIZE** 150 ml  
**PRODUCTS** **HPC**: Handpan Cleaner  
**HPP**: Nitrided Steel Handpan Protectant  
**HPCS**: Nitrided Steel Handpan Care Set  
**SSHPP**: Stainless Steel Handpan Protectant  
**SSHPCS**: Stainless Steel Handpan Care Set

**CONTAINS** **HPCS**: 1 x HPP, 1 x HPC  
**SSHPCS**: 1 x SSHPP, 1 x HPC  
**FEATURES** Corrosion protection; Made in Germany  
**INCLUDES** **HPCS, SSHPCS**: Two microfiber cloths

## 4 METALLIC HANDPAN & TONGUE DRUM STANDS

**SIZES** **HPS-S**: Height-adjustable (22" - 27")  
**HPS**: Height-adjustable (28" - 39")  
**MATERIAL** Black powder-coated steel  
**FEATURE** For Handpans and Steel Tongue Drums

## 5 WOOD HANDPAN/TONGUE DRUM STANDS

**SIZES** **MHPSM**: Medium (33.5" / 85 cm)  
**MHPSL**: Large (45.3" / 115 cm)  
**MATERIAL** Ki Bawang Wood (*Dysoxylum alliaceum*),  
Silicone, Steel  
**FEATURE** For Handpans and Steel Tongue Drums

## 6 WOOD HANDPAN REST

**MATERIAL** Baltic Birch (*Betula pendula*)  
**FEATURES** For easy storage and presentation;  
Fits all common handpans

## 7 WOOD HANDPAN STAND

**MATERIAL** Baltic Birch (*Betula pendula*)  
**FEATURE** Fits handpans with ~21.5" diameter

## 8 INCLINED WOOD HANDPAN STAND

**MATERIAL** Baltic Birch (*Betula pendula*)  
**FEATURE** Fits handpans with ~22" diameter

## 9 HANDPAN CORD

**MATERIALS** Linen, nylon  
**FEATURE** Fits all common handpans



# Discover Your Intuitive Play

Intuitive play and music-making allow us to express our emotions and thoughts freely, without reservations. This approach to music doesn't require extensive musical knowledge or training; some instruments enable us to start playing without years of practice, inviting us to explore creativity in its purest form.



## Find Your Inner Rhythm

Intuitive playing thrives on a good sense of rhythm. However, achieving this doesn't necessarily require long-term training. Simple rhythm exercises, like clapping or tapping out beats on a tabletop, can provide a solid foundation to help you enter a natural flow. These basic practices are often enough to connect with the rhythm within and let the music guide you.

## The Essentials of Intuitive Play

To fully embrace intuitive play, you need just two things: an instrument and trust – trust in yourself and the process. Here are a few key aspects to consider as you dive into this creative journey:

- » **Practice Makes Perfect:** While intuitive play is about freedom, regular practice helps deepen your connection with your instrument and your inner rhythm.
- » **Inspiration and Exchange:** Seek out inspiration from other musicians or artists, and don't hesitate to share your own experiences. The exchange of ideas can open new avenues in your intuitive play.
- » **Preserve the Joy of Playing:** Above all, remember that the joy of playing should remain at the heart of your musical journey. Keep it fun, light, and engaging – this is where true creativity flourishes.

By embracing intuitive play, you open the door to a world of spontaneous musical expression. Whether you're a seasoned musician or a complete beginner, this approach allows you to connect with your emotions, explore your creativity, and enjoy the pure joy of making music.

The ideal instruments for beginners, intermediate and advanced players:

- » **Handpans** (see page 50)
- » **Steel Tongue Drums** (see page 54)
- » **Kalimbas** (see page 56)



# STEEL TONGUE DRUMS

1



A Major, Purple  
**PSTD1PLF**



A Major, Navy Blue  
**PSTD2NBVF**



A Major, Gold  
**PSTD3GOM**



2



**PSTD3DISPLAY**

3



C Major, Black  
**MSTD1BK**



A Major, Navy Blue  
**MSTD2NB**



B Major, Gold  
**MSTD3G**



**MSSTDDISPLAY**

4



F Minor,  
Black  
**SSTD1BK**



G Minor,  
Navy Blue  
**SSTD2NB**



C Minor,  
Gold  
**SSTD3G**

5



B Minor, Black  
**MOSTD1BK**



C Major, Gold  
**MOSTD3G**



C Minor, Navy Blue  
**MOSTD2NB**



F# Minor, Dark Green  
**MOSTD4DG**

## 1 POCKET STEEL TONGUE DRUMS

**SIZE** 3" diameter, 1.85" height  
**MATERIAL** Coated stainless steel  
**TUNING** A Major A5, B5, C#6, E6, F#6, A6  
**FEATURES** Great gift idea; Soft and soothing sound; Perfect for takeaway  
**PSTD1PLF**: Lasered Lotus Flower design  
**PSTD2NBVF**: Lasered Venus Flower design  
**PSTD3GOM**: Lasered Om design  
**INCLUDES** Wooden mallet with rubber head  
**COLOURS** **PSTD1PLF**: Purple  
**PSTD2NBVF**: Navy Blue  
**PSTD3GOM**: Gold

## 2 HOLDERS FOR STEEL TONGUE DRUMS

**MATERIAL** Black walnut  
**FEATURES** **PSTD3DISPLAY**: Holds three Pocket Steel Tongue Drums (PSTD)  
**MSSTDDISPLAY**: Holds a Mini (MSTD) or a Small Steel Tongue Drum (SSTD)

## 3 MINI STEEL TONGUE DRUMS

**SIZE** 6" diameter, 2.55" height  
**MATERIAL** Coated stainless steel  
**TUNING** **MSTD1BK**: C Major C5, D5, E5, G5, A5, C6  
**MSTD2NB**: A Major A4, B4, C#5, E5, F#5, A5  
**MSTD3G**: B Major B4, C#5, D#5, F#5, G#5, B5  
**FEATURE** Soft and soothing sound  
**INCLUDES** Bag and wooden mallet pair with rubber heads  
**COLOURS** **BK**: Black  
**G**: Gold  
**NB**: Navy Blue

## 4 SMALL STEEL TONGUE DRUMS

**SIZE** 7" diameter, 2.56" height  
**MATERIAL** Coated stainless steel  
**TUNING** **SSTD1BK**: F Minor

F4, Ab4, Bb4, C5, Eb5, F5, Ab5, Bb5  
**SSTD2NB**: G Minor G4, Bb4, C5, D5, F5, G5, Bb5, C6  
**SSTD3G**: C Minor C5, D5, Eb5, F5, G5, Ab5, Bb5, C6  
**FEATURES** Portable size Steel Tongue Drum; Soft and soothing sound  
**INCLUDES** Bag and wooden mallet pair with rubber heads  
**COLOURS** **BK**: Black  
**G**: Gold  
**NB**: Navy Blue

## 5 MEDIUM OCTAVE STEEL TONGUE DRUMS

**SIZE** 10" diameter, 5.5" height  
**MATERIAL** Coated stainless steel  
**TUNING** A4/a' 432 Hz  
**MOSTD1BK**: B Minor F#3, G3, B3, C#4, D4, E4, F#4, G4  
**MOSTD2NB**: C Minor



6



D Kurd, Black  
**OSTD1BK**



D Amara, Navy Blue  
**OSTD2NB**



D Kurd, Black  
**OSTD1BKE**



D Amara, Navy Blue  
**OSTD2NBE**

7



A Minor, Black  
**STD1BK**



A Akebono, Black  
**STD2BK**



G Major, Black  
**STD3BK**



A Minor, Vintage Brown  
**STD1VB**



A Akebono, Vintage Brown  
**STD2VB**

8



**OSTDMC**



**OSTDM**



**STDB**



G Major, Vintage Brown  
**STD3VB**



G Minor, Pearl Grey  
**STD4PG**

G3, Ab3, C4, D4, Eb4, F4, G4, Ab4  
**MOSTD3G:** C Major  
A3, C4, D4, E4, F4, G4, A4, B4  
**MOSTD4DG:** F# Minor  
F#3, A3, B3, C#4, D4, E4, F#4, A4  
**FEATURES** Rich, space-filling and meditative sound; Decorative nylon cord; Non-slip silicone feet; Removable silicone plug  
**INCLUDES** Carrying bag and wooden mallet pair with soft-wrapped rubber heads  
**COLOURS** **BK:** Black  
**DG:** Dark Green  
**G:** Gold  
**NB:** Navy Blue

**6 OCTAVE STEEL TONGUE DRUMS**

**SIZE** 16" diameter, 6.4" height  
**MATERIAL** Coated stainless steel  
**TUNING** **OSTD1:** D Kurd  
D3/ A3, Bb3, C4, D4, E4, F4, G4, A4

**OSTD2:** D Amara  
D3/ A3, C4, D4, E4, F4, G4, A4, C5  
**FEATURES** One bass note plus eight additional octavated notes; Rich, space-filling and meditative sound; Decorative nylon cord; Non-slip silicone feet; Removable silicone plug  
**OSTD1BKE, OSTD2NBE:** Lasered floral design  
**INCLUDES** Carrying bag and wooden mallet pair with rubber heads  
**COLOURS** **BK:** Black  
**NB:** Navy Blue

**7 STEEL TONGUE DRUMS**

**SIZE** 12" diameter, 6.5" height  
**MATERIAL** Coated steel  
**TUNING** **STD1:** A Minor  
A3, C4, D4, E4, G4, A4, C5, D5  
**STD2:** A Akebono

A3, B3, C4, E4, F4, A4, B4, C5  
**STD3:** G Major  
G3, A3, B3, D4, E4, G4, A4, B4  
**STD4:** G Minor  
G3, Bb3, C4, D4, F4, G4, Bb4, C5  
**FEATURE INCLUDES** Rich, full and soothing sound  
Carrying bag and Steel Tongue Drum Mallet pair with soft rubber tips (STDB)  
**COLOURS** **BK:** Black  
**PG:** Pearl Grey  
**VB:** Vintage Brown

**8 STEEL TONGUE DRUM MALLETS**

**SIZES** **OSTDM:** 10.24"  
**OSTDMC:** 10.24"  
**STDB:** 11.25"  
**FEATURES** **OSTDM:** Perfect for OSTD models  
**OSTDMC:** Perfect for MOSTD and OSTD models  
**STDB:** Perfect for STD models



# KALIMBAS

1



21 notes,  
Black Walnut  
**KL2101S**



17 notes,  
Black Walnut  
**KL1701S**



17 notes,  
Sapele  
**KL1702S**



17 notes,  
Acacia  
**KL1703S**



17 notes,  
Maple  
**KL1704S**



10 notes,  
Black Walnut  
**KL1001TOL**



10 notes,  
Zambesi Redwood  
**KL1002FOL**



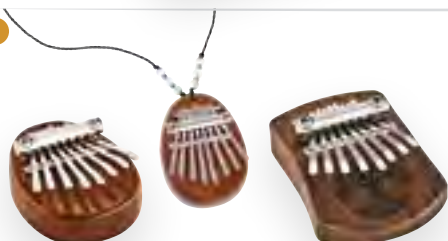
8 notes, Maple  
**KL801S**

2



**KL8DISPLAY**

3



8 notes, Sapele  
**KL8MINI**

8 notes, Black Walnut  
**KL801TOL**

8 notes, Red Zebrawood  
**KL802FOL**



**KL17DISPLAY**

## 1 SOLID KALIMBAS

**SIZES**  
**KL2101S:** 7.1" length x 5.5" width  
**KL1701S:** 7.5" length x 5.4" width  
**KL1702S:** 7.3" length x 5.2" width  
**KL1703S:** 7.1" length x 5.1" width  
**KL1704S:** 7.1" length x 5.1" width  
**KL1001TOL:** 6.7" length x 5.0" width  
**KL1002FOL:** 6.7" length x 5.0" width  
**KL801S:** 4.3" length x 2.8" width

**MATERIALS**  
 Chrome plated steel  
**KL2101S, KL1701S, KL1001TOL:** Black Walnut  
**KL1702S:** Sapele  
**KL1703S:** Acacia  
**KL1704S, KL801S:** Maple  
**KL1002FOL:** Zambesi Redwood

**TUNING**  
 C Major  
**KL2101S:** D5, B4, G4, E4, C4, A3, F3, D3, B2, G2, F2, A2, C3, E3, G3, B3, D3, F3, A4, C5, E5 (21 notes)

**KL1701S, KL1702S, KL1703S, KL1704S:** D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)  
**KL1001TOL, KL1002FOL:** E4, C4, A3, F3, D3, C3, E3, G3, B3, D4 (10 notes)  
**KL801S:** A4, E4, C4, G3, A3, D4, G4, C5 (8 notes)

**FEATURES**  
 Solid body; Harmonious tone sequence  
**KL1001TOL:** High-quality relief "Tree of Life"  
**KL1002FOL:** High-quality relief "Flower of Life"

**INCLUDES**  
 Linen bag; Microfiber cloth; Tuning hammer  
**KL2101S, KL1701S, KL1702S, KL1703S, KL1704S, KL1001TOL, KL1002FOL:** Case  
**KL2101S, KL1701S, KL1702S, KL1703S, KL1704S, KL801S:** Gloss  
**KL1001TOL, KL1002FOL:** Matte

## 2 HOLDER FOR KALIMBAS

**MATERIAL** Black Walnut  
**FEATURES**  
**KL8DISPLAY:** For Kalimbas up to 8 notes  
**KL17DISPLAY:** For Kalimbas with 9 notes or more and Pickup Kalimbas

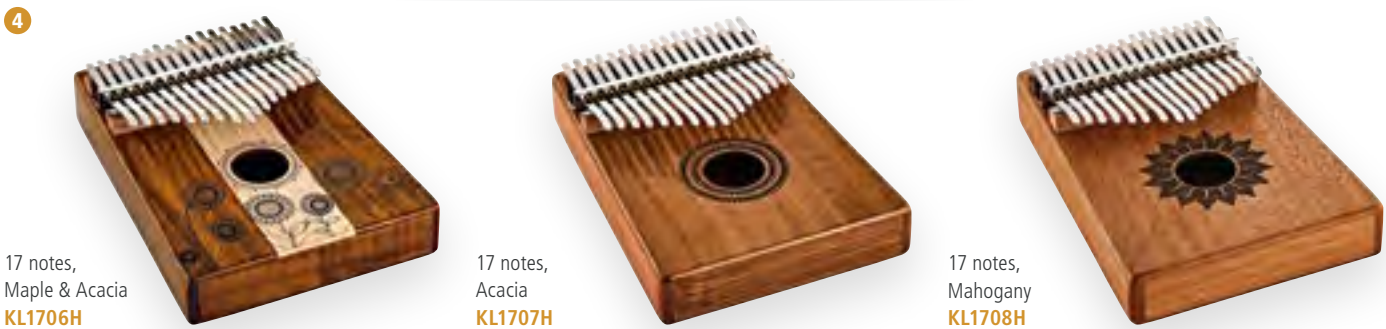
## 3 MINI KALIMBAS

**SIZES**  
**KL8MINI:** 2.8" length x 2.0" width  
**KL801TOL:** 2.9" length x 2.2" width  
**KL802FOL:** 2.9" length x 2.2" width

**MATERIALS**  
 Chrome plated steel  
**KL8MINI:** Sapele  
**KL801TOL:** Black Walnut  
**KL802FOL:** Red Zebrawood

**TUNING**  
 C Major  
 C4, A3, F3, D3, C3, E3, G3, B4 (8 notes)

**FEATURES**  
 Solid body; Harmonious tone sequence; Excellent gift idea  
**KL801TOL:** High-quality relief "Tree of Life"



17 notes,  
Maple & Acacia  
**KL1706H**

17 notes,  
Acacia  
**KL1707H**

17 notes,  
Mahogany  
**KL1708H**



17 notes,  
Maple  
**KL1709H**

10 notes,  
Mahogany  
**KL1008H**

10 notes,  
Maple  
**KL1009H**



17 notes,  
Acacia  
**KL1705H**

17 notes,  
Acacia  
**PKL1707H**

17 notes,  
Mahogany  
**PKL1708H**



17 notes,  
Maple  
**PKL1709H**

**KL802FOL:** High-quality relief "Flower of Life"  
**INCLUDES** **KL8MINI:** Ribbon  
**FINISHES** **KL8MINI:** Gloss  
**KL801TOL, KL802FOL:** Matte

**4 SOUND HOLE KALIMBAS**  
**SIZES** **KL1706H, KL1707H, KL1708H, KL1709H:** 7.3" length x 5.3" width  
**KL1008H, KL1009H:** 6.7" length x 4.9" width  
**MATERIALS** Chrome plated steel  
**KL1706H:** Maple, Acacia  
**KL1707H:** Acacia  
**KL1708H, KL1008H:** Mahogany  
**KL1709H, KL1009H:** Maple  
**TUNING** C Major  
**KL1706H, KL1707H, KL1708H, KL1709H:** D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5

(17 notes)  
**KL1008H, KL1009H:** E4, C4, A3, F3, D3, C3, E3, G3, B3, D4 (10 notes)  
**FEATURES** Hollowed resonating body; Harmonious tone sequence  
**INCLUDES** Case; Linen bag; Microfiber cloth; Tuning hammer  
**FINISHES** **KL1706H, KL1707H, KL1709H, KL1009H:** Gloss  
**KL1708H, KL1008H:** Matte

**5 WAH-WAH KALIMBA**  
**SIZE** 7.3" length x 5.3" width  
**MATERIALS** Chrome plated steel  
Acacia  
**TUNING** C Major  
D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)  
**FEATURES** Hollowed resonating body; Harmonious tone sequence; Wah-wah effect

**INCLUDES** Case; Linen bag; Microfiber cloth; Tuning hammer  
**FINISH** Gloss

**6 SOUNDHOLE PICKUP KALIMBAS**  
**SIZE** 7.5" length x 5.3" width  
**MATERIALS** Chrome plated steel  
**PKL1707H:** Acacia  
**PKL1708H:** Mahogany  
**PKL1709H:** Maple  
**TUNING** C Major  
D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)  
**FEATURES** Hollowed resonating body; Harmonious tone sequence; Built-in pickup; Red markings for visual orientation  
**INCLUDES** Case; Linen bag; Microfiber cloth; Tuning hammer  
**FINISHES** **PKL1707H, PKL1709H:** Gloss  
**PKL1708H:** Matte

# WAH-WAH TUBES & SOUND BATH TUBE CHIMES

**1 NEW**

**432 Hz**

C6  
WWTC6



**2 NEW**

**432 Hz**

Set, 7 pcs.  
WWTSETCHA



**3 NEW**

**432 Hz**

Set, 7 pcs.  
SBTSETCHA



**4 NEW**

**440 Hz**

Set, 8 pcs.  
SBTSETM



**5 NEW**

SOLFEGGIO

Set, 9 pcs.  
SBTSETSOL



## 1 WAH-WAH TUBE

**MATERIALS** Aluminum, ash wood, nonwoven fabric, faux suede fabric, silicone  
**TUNING** A4/a' 432 Hz; C6  
**FEATURE** Create captivating wah-wah sounds with ease  
**INCLUDES** Wooden stand, soft bag and mallet  
**FINISH** Champagne gold

## 2 WAH-WAH TUBE CHAKRA SET, 7 PCS.

**MATERIALS** Aluminum, ash wood, nonwoven fabric, faux suede fabric, silicone  
**TUNING** A4/a' 432 Hz; C5, D5, E5, F5, G5, A5, B5  
**FEATURES** Create captivating wah-wah sounds with ease; Play solo or in harmony with friend  
**INCLUDES** Wooden stand, carrying bag, 7 x soft bag, 3 x mallet  
**FINISH** Champagne gold

## 3 SOUND BATH TUBE CHIME CHAKRA SET, 7 PCS.

**SIZE** 51.6" / 131 cm height  
48.8" / 124 cm width  
19.7" / 50 cm depth  
**MATERIALS** Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone  
**TUNING** A4/a' 432 Hz; C4, D4, E4, F4, G4, A4, B4  
**FEATURES** Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes  
**INCLUDES** Wooden stand and shoulder strap, carrying bag, 7 x soft bag, 3 x additional holder, 3 x mallet, leather band  
**FINISH** Black

## 4 SOUND BATH TUBE CHIME SET, 8 PCS.

**SIZE** 51.6" / 131 cm height  
54.7" / 139 cm width  
19.7" / 50 cm depth  
**MATERIALS** Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone  
**TUNING** A4/a' 440 Hz; C4, D4, E4, F4, G4, A4, B4, C5  
**FEATURES** Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes  
**INCLUDES** Wooden stand and shoulder strap, carrying bag, 8 x soft bag, 3 x additional holder, 3 x mallet, leather band  
**FINISH** Bronze



# MEDITATION FLOW CHIMES

6



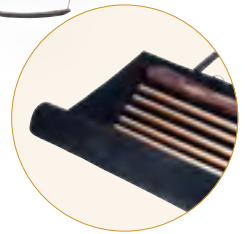
MFC8CSHMIS



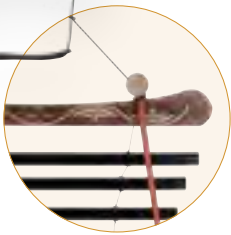
MFC10DMAB



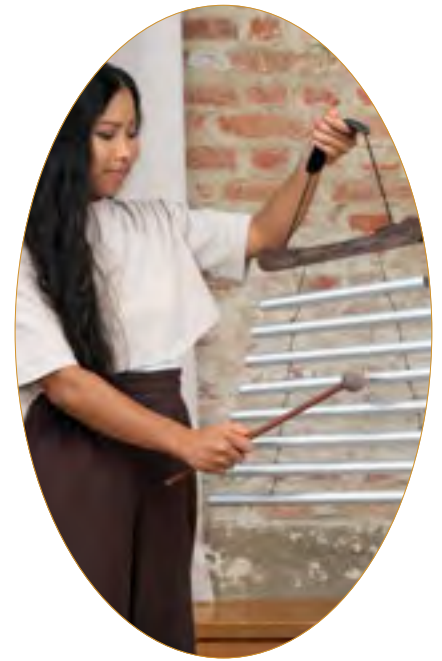
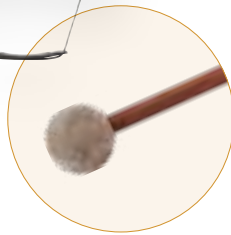
MFC10GMAB



MFC10CMIBK



MFC10EMIBK



## 5 SOUND BATH TUBE CHIME SOLFEGGIO SET, 9 PCS.

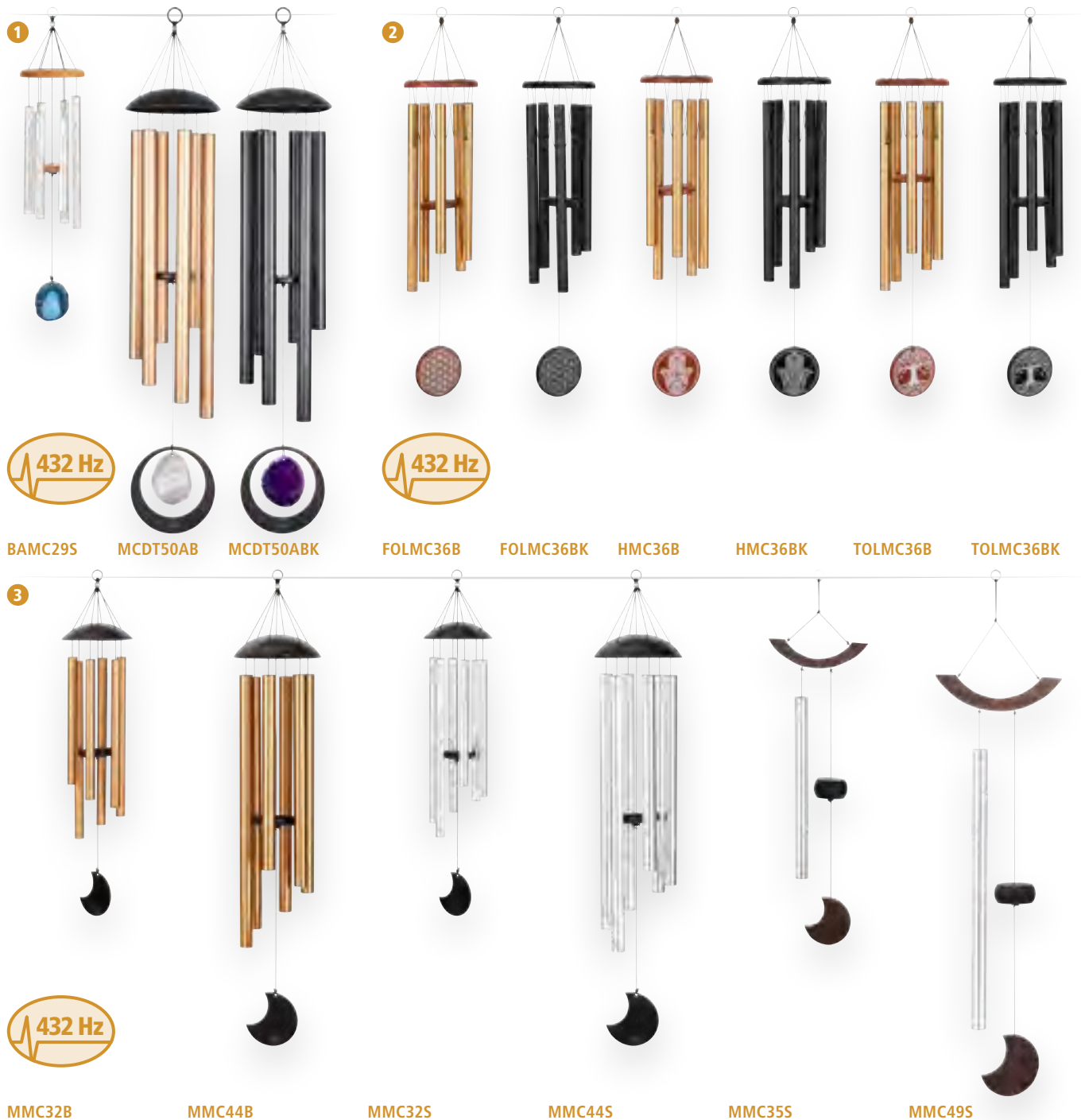
- SIZE** 59.8" / 152 cm height  
60.2" / 153 cm width  
19.7" / 50 cm depth
- MATERIALS** Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
- TUNING** 963 Hz, 852 Hz, 741 Hz, 639 Hz, 528 Hz, 417 Hz, 396 Hz, 285 Hz, 174 Hz
- FEATURES** Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
- INCLUDES** Wooden stand and shoulder strap, carrying bag, 9 x soft bag, 4 x additional holder, 4 x mallet, leather band
- FINISH** Champagne gold

## 6 MEDITATION FLOW CHIMES

- SIZES** **MFC8CSHMIS:** 24" / 60 cm height  
**MFC10DMAB:** 35" / 88 cm height  
**MFC10GMAB:** 35" / 88 cm height  
**MFC10CMIBK:** 38" / 95 cm height  
**MFC10EMIBK:** 38" / 95 cm height
- MATERIALS** Ash wood, aluminum, leather, nylon cord
- TUNING** **MFC8CSHMIS:** A4/a' 432 Hz; C# Minor C#5, E5, F#5, G#5, B5, C#6, E6, G#6  
**MFC10DMAB:** A4/a' 440 Hz; D Major D5, E5, F#5, A5, B5, D6, E6, F#6, A6, B6  
**MFC10GMAB:** A4/a' 440 Hz; G Major G4, A4, B4, D5, E5, G5, A5, B5, D6, E6  
**MFC10CMIBK:** A4/a' 432 Hz; C Minor C5, Eb5, F5, G5, Bb5, C6, Eb6, F6, G6, Bb6  
**MFC10EMIBK:** A4/a' 432 Hz; E Minor E4, G4, A4, B4, D5, E5, G5, A5, B5, D6

- FEATURES** Perfect for gentle swaying, circling, spinning and twirling; Calming and balancing effect on body, mind and spirit; Long-lasting resonance; Integrated holder for mallet
- INCLUDES** Carrying bag with a flocked velvet cloth and adjustable shoulder strap; Mallet with felt tip (SB-PM-HFL-L)
- FINISHES** **B:** Bronze  
**BK:** Black  
**S:** Silver

# MEDITATION CHIMES



## 1 AGATE MEDITATION CHIMES

**SIZES** **BAMC29S:** 29" / 73 cm height  
**MCDT50AB:** 50" / 128 cm  
**MCDT50ABK:** 50" / 128 cm

**MATERIALS** Ash wood, aluminum, plastic, nylon cord, Agate

**TUNING** A4/a' 432 Hz  
**BAMC29S:** F6, G6, A6, C7, D7, F7  
**MCDT50AB:** A4, B4, C#5, E5, F#5, A5  
**MCDT50ABK:** A4, B4, C#5, E5, F#5, A5

**FEATURES** Long-lasting resonance; For meditation, relaxation, or even for decorating; Height-adjustable pendulum  
**BAMC29S:** Blue Agate stone; Clear and cheerful sound  
**MCDT50AB:** Grey Agate stone; Extra deep sound  
**MCDT50ABK:** Purple Agate stone; Extra deep sound

**FINISH** **B:** Bronze  
**BK:** Black  
**S:** Silver

## 2 MEDITATION CHIMES

**SIZE** 36" / 90 cm height

**MATERIALS** Ash wood, aluminum, plastic, nylon cord

**TUNING** A4/a' 432 Hz  
**G#5, A5, B5, D6, E6**

**FEATURES** Long-lasting resonance; For meditation, relaxation, or even for decorating; Soft and soothing sound; Height-adjustable pendulum

**SYMBOLS** **FOL:** Flower of Life  
**H:** Hamsa  
**TOL:** Tree of Life

**FINISHES** **B:** Bronze  
**BK:** Matte black

## 3 MOON MEDITATION CHIMES

**SIZES** **MMC32:** 32" / 80 cm height  
**MMC35:** 35" / 88 cm height  
**MMC44:** 44" / 110 cm height  
**MMC49:** 49" / 125 cm height

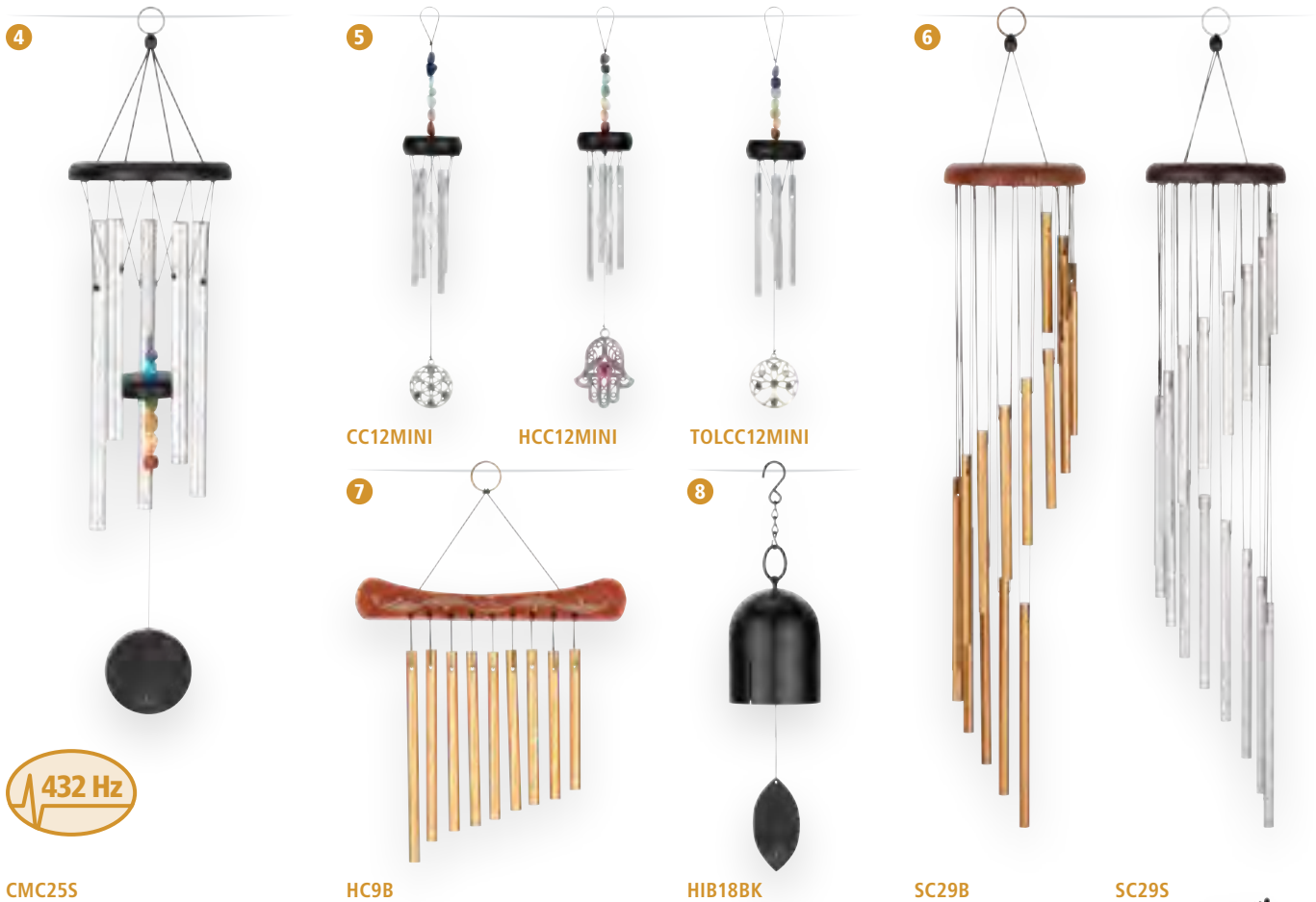
**MATERIALS** **MMC32, MMC44:** Iron, aluminum, plastic, nylon cord  
**MMC35, MMC49:** Ash wood, aluminum, plastic, nylon cord

**TUNING** A4/a' 432 Hz  
**MMC32:** G5, A5, B5, D6, E6, G6  
**MMC35:** C6  
**MMC44:** B4, C#5, D#5, F#5, G#5, B5  
**MMC49:** C5

**FEATURES** Long-lasting resonance; For meditation, relaxation, or even for decorating; Soft and soothing sound; Moon symbol; Height-adjustable pendulum

**FINISHES** **B:** Bronze  
**S:** Silver

# CHIMES & BELL



432 Hz

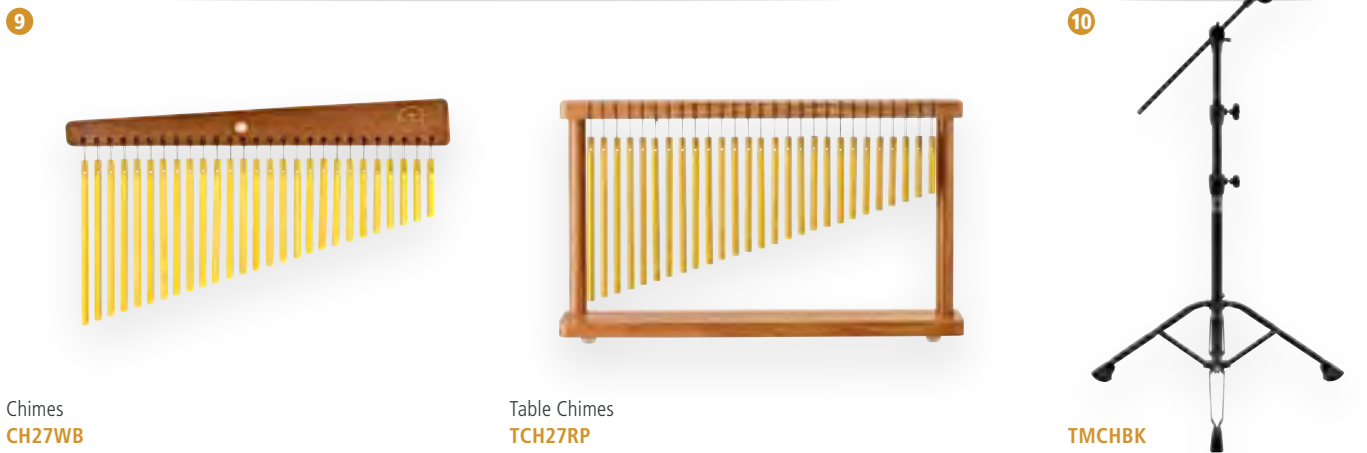
CMC25S

HC9B

HIB18BK

SC29B

SC29S



Chimes  
CH27WB

Table Chimes  
TCH27RP

TMCHBK

## 4 CHAKRA MEDITATION CHIME

**SIZE** 25" / 64 cm height  
**MATERIALS** Ash wood, aluminum, plastic, nylon cord  
**TUNING** A4/a' 432 Hz  
D6, E6, F#6, B6, D7  
**FEATURES** Long-lasting resonance; For meditation, relaxation, or even for decorating; Bright, activating sound; 7 different coloured chakra stones  
**FINISH** S: Silver

## 5 MINI CHAKRA CHIMES

**SIZE** 12" / 30 cm height  
**MATERIALS** Ash wood, aluminum, plastic, nylon cord  
**FEATURES** Great gift idea; High-pitched, sparkling sound; 7 different coloured chakra stones  
**SYMBOLS** H: Hamsa  
TOL: Tree of Life  
**FINISH** S: Silver

## 6 SPIRAL CHIMES

**SIZE** 29" / 73 cm height  
**MATERIALS** Ash wood, aluminum, nylon cord  
**FEATURES** Long-lasting resonance; For meditation, relaxation, or even for decorating; High-pitched, sparkling sound  
**FINISHES** B: Bronze  
S: Silver

## 7 HAND CHIME

**SIZE** 14" / 36 cm height  
**MATERIALS** Ash wood, aluminum, nylon cord  
**FEATURES** Clear, sweet sparkling sound; For meditation and relaxation  
**FINISH** B: Bronze

## 8 HANGING IRON BELL

**SIZE** 18" / 45 cm height  
**MATERIALS** Iron, plastic, nylon cord  
**TUNING** B#5 - D#5

**FEATURES** Deep-toned; Long-lasting resonance; Leaf symbol; Height-adjustable pendulum  
**FINISH** BK: Matte black

## 9 CHIMES & TABLE CHIMES

**SIZE** 27 bars, single row  
**MATERIALS** CH27WB: Siam Oak (*Hevea brasiliensis* Muell.-Arg.)  
TCH27RP: Padauk wood (*Pterocarpus soyauxii*)  
Gold anodized aluminum alloy  
**FEATURES** Full sound with wide tonal spectrum  
TCH27RP: Stable frame  
**COLOUR** WB: Walnut Brown

## 10 CHIMES STAND

**MATERIAL** Black powder-coated steel  
**FEATURES** Full angle and height adjustability; Secure angle clamps; Telescoping stem; Rubber feet to prevent from slipping



# A SOUND JOURNEY FROM MORNING TO NIGHT

Introducing our collection of Cosmic Bamboo Chimes in 432 Hz, each crafted to resonate with the unique magic of the day's different times – Morning, Day, Evening, and Nighttime.

**AURORA** captures the essence of dawn, the moment when the world awakens from its slumber. This chime embodies the gentle whispers of the morning breeze and the soft glow of the first light, creating a melody that promises new beginnings.

**SOL** reflects the vibrant energy of midday when the sun is at its zenith. This chime echoes the warmth and vitality of the day, its tones bright and uplifting, filling the air with a sense of possibility and the invigorating pulse of life.

**LUNA** embodies the tranquil essence of the evening, when the sun meets the horizon, dipping the sky in warm colours. As the moon rises to take its place in the night sky, this chime's melody is gentle and reflective, a harmonious blend that invites contemplation and a peaceful transition from day to night.

**STELLA** captures the mystical atmosphere of nighttime, under the watchful gaze of the stars. Its sound is delicate and ethereal, like the distant twinkle of starlight, offering a sense of calm and connection to the infinite expanse of the night sky.

Each chime is designed to resonate with the spirit of these special moments, bringing the magic of the day's natural rhythm into your space.

432 Hz

## The Frequency of 432 Hz:

### A Harmonic Connection to Nature

The frequency of 432 Hz is often referred to as the "harmonic frequency" or the "natural tuning" due to its perceived alignment with the vibrations of the universe, nature, and the human body. Many musicians and sound healers believe that music tuned to 432 Hz can create a calming and meditative experience, promoting relaxation and well-being.

# COSMIC BAMBOO CHIMES

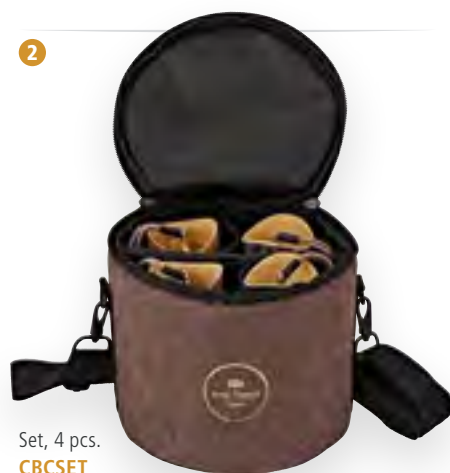


Aurora  
**CBCAURORA**

Sol  
**CBCSOL**

Luna  
**CBCLUNA**

Stella  
**CBCSTELLA**



Set, 4 pcs.  
**CBCSET**



Set, 4 pcs.  
**CBCS4SET**



**CBCB**



**CBCS1**



**CBCS4**

## 1 COSMIC BAMBOO CHIMES

- SIZE** 16.9" / 43 cm height,  
2.6" / 6.5 cm diameter
- MATERIALS** Bamboo, Zambesi Redwood, Alloy Steel,  
Polyester, Acrylic  
**AURORA:** Cherry Wood  
**SOL:** White Oak  
**LUNA:** Walnut  
**STELLA:** Eucalyptus wood and Rosewood
- TUNING** A4/a' 432 Hz  
**AURORA:** E5, F#5, A5, D6, F#6, E4,  
A4, D5  
**SOL:** E5, F#5, G#5, C#6, E6, G#6, G#4,  
C#5  
**LUNA:** C#5, D#5, E5, A#5, C#6, E6,  
E4, A#4  
**STELLA:** G5, A5, Bb5, D6, G6, G4, A4,  
Bb4, D5
- FEATURES** Soft and soothing sound; Tunings to  
match the time of day

- SYMBOLS** **AURORA:** Aurora (morning)  
**SOL:** Sol (day)  
**LUNA:** Luna (evening)  
**STELLA:** Stella (night)
- INCLUDES** Two additional pendulums per chime  
(1 x soft, 1 x hard)

## 2 COSMIC BAMBOO CHIME SETS

- CONTAINS** CBCAURORA, CBCSOL, CBCLUNA,  
CBCSTELLA
- INCLUDES** Two additional pendulums per chime  
(1 x soft, 1 x hard)  
**CBCSET:** Carrying bag  
**CBCS4SET:** Stand; Hex key

## 3 COSMIC BAMBOO CHIME CARRYING BAG

- SIZE** 7.5" / 19 cm height, 8" / 21.5 cm diameter
- FEATURE** Perfect for transporting and storing chimes

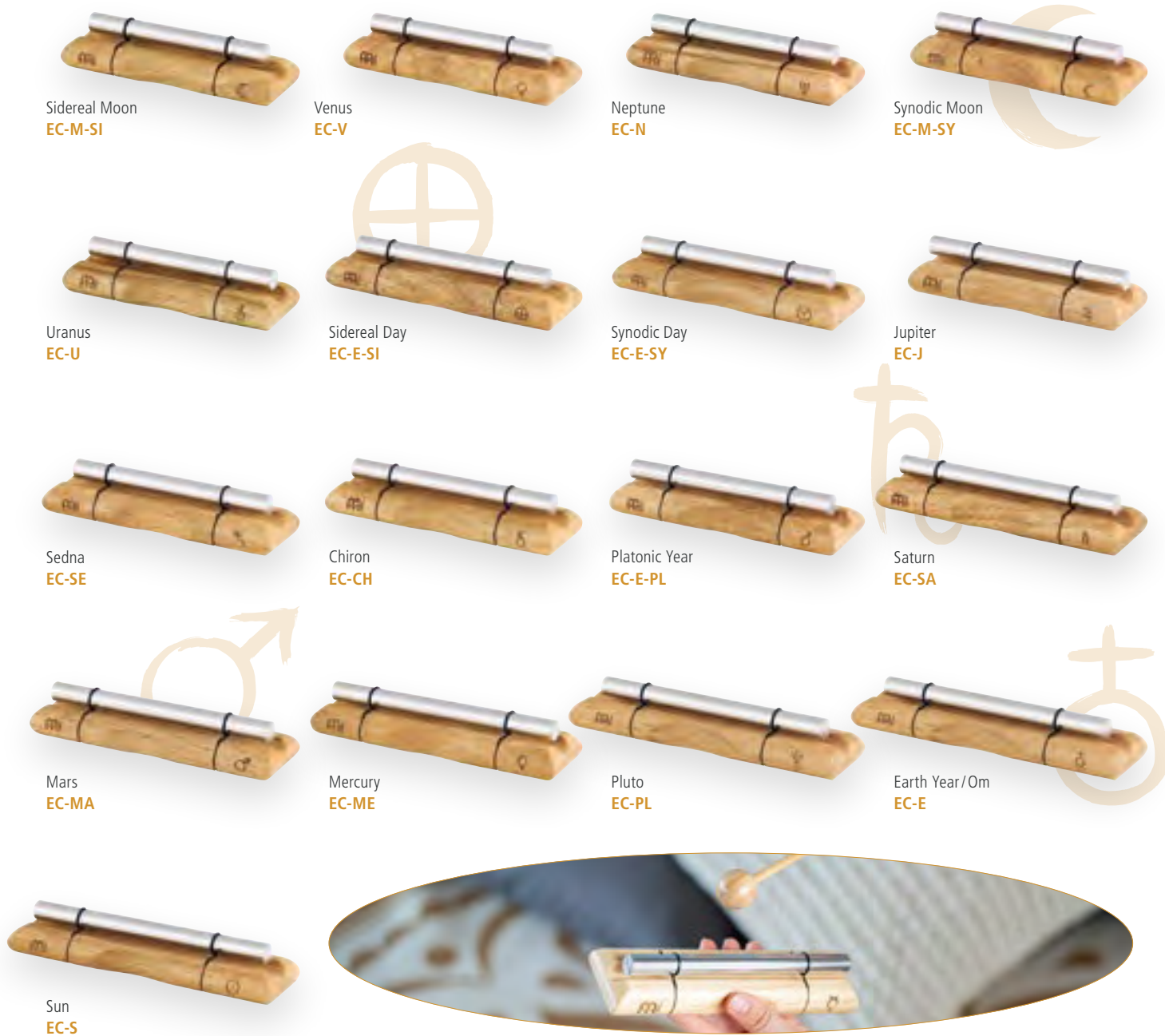
## 4 COSMIC BAMBOO CHIME STANDS

- SIZES** **CBCS1:** 24.1" / 61.3 cm height;  
6.9" / 17.5 cm length; 5.9" / 15 cm width  
**CBCS4:** 23" / 58.5 cm height;  
18.6" / 47.3 cm length; 9.4" / 24 cm width
- MATERIALS** Wood (*Dysoxylum alliaceum*); Steel
- FEATURES** For aesthetic presentation and functional  
play  
**CBCS1:** with one hook  
**CBCS4:** with four hooks
- INCLUDES** **CBCS4:** Hex key



# ENERGY CHIMES

## 1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



### 1 PLANETARY TUNED ENERGY CHIMES

**MATERIALS** Silver-anodized aluminum alloy  
Siam Oak (*Hevea brasiliensis* Muell.-Arg.)

**TUNING** **CH:** Chiron, 172.86 Hz (audible 2765.76 Hz ≈ F7)  
**E:** Earth Year / Om, 136.10 Hz (audible 2177.60 Hz ≈ C#7)  
**E-PL:** Platonian Year, 172.06 Hz (audible 2752.96 Hz ≈ F7)  
**E-SI:** Sidereal Day, 194.71 Hz (audible 3115.36 Hz ≈ G7)  
**E-SY:** Synodic Day, 194.18 Hz (audible 3106.88 Hz ≈ G7)  
**J:** Jupiter, 183.58 Hz (audible 2937.28 Hz ≈ F#7)  
**M-SI:** Sidereal Moon, 227.43 Hz (audible 3638.88 Hz ≈ A#7)  
**M-SY:** Synodic Moon, 210.42 Hz (audible 3366.72 Hz ≈ G#7)

**MA:** Mars, 144.72 Hz (audible 2315.52 Hz ≈ D7)  
**ME:** Mercury, 141.27 Hz (audible 2260.32 Hz ≈ C#7)  
**N:** Neptune, 211.44 Hz (audible 3383.04 Hz ≈ G#7)  
**PL:** Pluto, 140.64 Hz (audible 2250.24 Hz ≈ C#7)  
**S:** Sun, 126.22 Hz (audible 2019.52 Hz ≈ B6)  
**SA:** Saturn, 147.85 Hz (audible 2365.60 Hz ≈ D7)  
**SE:** Sedna, 181.60 Hz (audible 2905.60 Hz ≈ F#7)  
**U:** Uranus, 207.36 Hz (audible 3317.76 Hz ≈ G#7)  
**V:** Venus, 221.23 Hz (audible 3539.68 Hz ≈ A7)

**FEATURES** Handcrafted masterpiece made in Thailand  
Exact fine tuning  
Heat-branded logo and tuning info

**INCLUDES** Wooden beater, cotton bag

### 2 ENERGY CHIMES CHAKRA SET

**CONTAINS** EC-E-PL (Crown Chakra), EC-V (Brow Chakra), EC-ME (Throat Chakra), EC-E (Heart Chakra), EC-S (Solar Plexus Chakra), EC-M-SY (Sacral Chakra), EC-E-SY (Root Chakra)

**INCLUDES** 7 x wooden beater, 7 x cotton bag

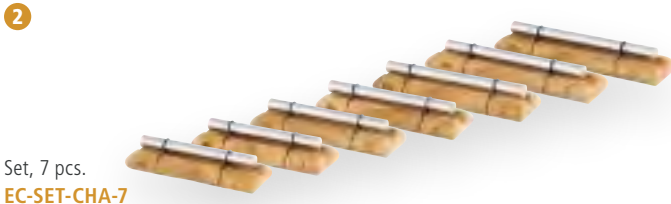
### 3 ENERGY CHIMES 16-PIECE SET-UP

**CONTAINS** EC-CH, EC-E, EC-E-PL, EC-E-SI, EC-E-SY, EC-J, EC-M-SI, EC-M-SY, EC-MA, EC-ME, EC-N, EC-S, EC-SA, EC-SE, EC-U, EC-V

**INCLUDES** 16 x wooden beater, 16 x cotton bag



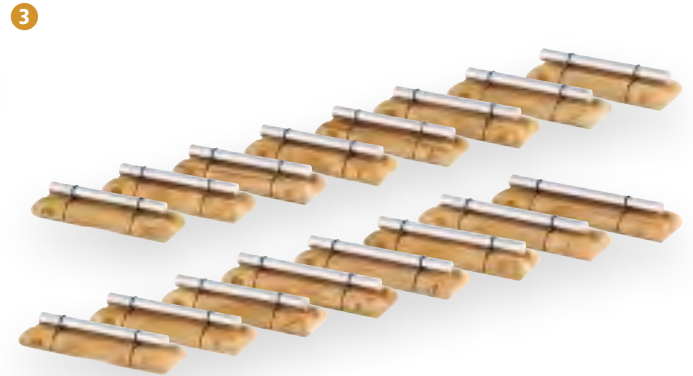
# & SOUND EFFECTS



Set, 7 pcs.  
**EC-SET-CHA-7**



Flower of Life  
**EC-FOL**



Set, 16 pcs.  
**EC-SET-16**



**ECC-8**



**ECTT1**

**ECTT2**

**ECTT3**

**ECTT4**



**TINGSHA**

**TINGSHA-OR**



Small  
**B-S**

Medium  
**B-M**

X-Large  
**B-XL**

**4 FLOWER OF LIFE ENERGY CHIME**  
**MATERIALS** Silver-anodized aluminum alloy  
 Siam Oak (*Hevea brasiliensis* Muell.-Arg.)  
**TUNING** 128 Hz (audible 2048 Hz = C7)  
**FEATURES** Handcrafted masterpiece made in Thailand  
 Exact fine tuning  
 Heat-branded logo and tuning info  
**INCLUDES** Wooden beater, cotton bag

**5 ENERGY CHIME CASE**  
**MATERIALS** Inner material foam  
 Outer material leatherette  
**FEATURES** For safe and easy transportation of up to  
 8 energy chimes

**6 THREE TONE ENERGY CHIMES**  
**SIZES** **ECTT1:** ECTT2: 12.8" / 32.5 cm length  
**ECTT3:** 14.17" / 36 cm length  
**ECTT4:** 13.39" / 34 cm length  
**MATERIALS** Silver-anodized aluminum alloy  
 Siam Oak (*Hevea brasiliensis* Muell.-Arg.)  
**TUNING** A4/a' 432 Hz  
**ECTT1:** Minor triad (A6, C7, E7)  
**ECTT2:** Diminished triad (G#6, B6, D7)  
 A4/a' 440 Hz  
**ECTT3:** Major triad (C6, E6, G6)  
**ECTT4:** Major triad (E6, G#6, B6)  
**INCLUDES** Wooden beater, cotton bag

**7 TINGSHAS**  
**SIZE** 3.15" / 8 cm diameter  
**MATERIAL** Special cast alloy  
**FEATURES** Handcrafted masterpiece made in India  
 Used for meditation  
**INCLUDES** Cotton bag  
**SYMBOL** **OR:** Ornamental

**8 BELLS**  
**DIMENSIONS** **B-S:** (2.87" / 7.3 cm diameter); 280 g  
**B-M:** Medium (3.5" / 8.9 cm diameter);  
 355 g  
**B-XL:** X-Large (4.3" / 10.9 cm diameter);  
 700 g  
**MATERIAL** Bronze  
**FEATURES** Handcrafted masterpiece made in India  
 Used for meditation

CHIMES & SOUND EFFECTS

# THE SOUND OF NATURE

Whether it's birdsong, flowing water, rustling leaves, or ocean waves – the sound of nature is widely recognized for its calming and therapeutic effects. These soothing sounds help reduce stress by lowering cortisol levels, easing anxiety, and creating a profound sense of calm.

Nature's melodies offer more than just a pleasant background noise. They inspire musical instruments that mimic and amplify these soothing sounds.

## From Birds Chirping to Mountain Streams Gently Flowing – Seed Shakers & Chimes

Shaker instruments have ancient roots, with their origins tracing back to early indigenous cultures around the world. Traditionally crafted from natural materials like seeds, nuts, gourds, or bones, shakers were not only musical tools but also held spiritual significance.

In shamanic work, they are often used to invoke the rhythms of nature and to guide journeys of healing, meditation, and trance. The repetitive, grounding sound of shakers helps create a sacred space, aligning the body and mind with natural energies and aiding in the connection with the spirit world. Their rhythmic pulse mirrors the heartbeat of the Earth, making them an essential tool in many shamanic rituals.

A variety of different nut shells and sizes offers an equally wide range of sounds. The smaller shakers evoke the gentle rustling of leaves, while the larger ones resemble the fluttering of a flock of birds. The Pala or Kenari Chimes create a sound reminiscent of the rushing waters of a mountain stream. (See page 68)





## From Gentle Drizzle to Heavy Rainfall – Rainmakers, Rain Sticks and Thunder Drums

Instruments that mimic rain and thunder, like Rainmakers, Rainsticks, and Thunder Drums, can have a powerful cleansing effect. The soft, rhythmic drops of a Rainmaker imitate summer rain, clearing the mind and washing away stress. A slowly turned Rainstick adds the calming flow of cascading water, while the deep rumble of a Thunder Drum channels the grounding energy of a distant storm. The interplay of these instruments can feel like a force of nature. When used in the right context, all pent-up energy can be released, much like a summer thunderstorm breaking through the heat.

(See page 70)



## The Soothing Sound of the Ocean – Wave Drums

Wave Drums capture the calming essence of ocean waves, allowing you to experience the rhythmic ebb and flow of the sea wherever you are. As the beads inside the drum gently roll back and forth, they create the sound of waves lapping at the shore, bringing a sense of relaxation and peace. Perfect for meditation, sound therapy, or simply unwinding, Wave Drums transport you to the tranquil coast, where the soothing sound of the ocean washes away stress and brings balance to both mind and body. (See page 75)



## Echoes of Nature – Didgeridoo

The sound of a Didgeridoo is like the deep, resonant hum of wind moving through ancient caves, swirling and echoing in rhythmic waves. It vibrates like distant thunder rolling across the horizon, steady and powerful, yet grounding. At times, it mimics the low rumble of the earth itself, as if the ground beneath you is alive, breathing in long, slow pulses. The didgeridoo's tones can shift like the call of a distant animal, or the rhythmic heartbeat of the wilderness, creating a primal connection to nature's raw, untamed energy. While these sounds affect us on a deeply mental and emotional level, learning to play the Didgeridoo can also improve your physical health.

(See page 71)



Learn more  
about it



# SOUND EFFECTS

1



SKPCH

2



SKCH

3



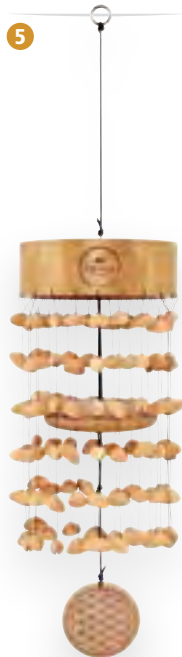
SBCH

4



SKBPCH

5



SKMCHFOL

6



SKMHC

7



Small  
SKFOLS

Medium  
SKFOLM

Large  
SKFOLL

## 1 PALA CHIMES

**SIZE** 16.7" x 15.7" / 42.4 x 39.9 cm  
**MATERIALS** Pala seed nutshells  
Mahogany wood  
**FEATURE** Pleasant, smooth sound

## 2 KENARI CHIMES

**SIZE** 16.7" x 14.6" / 42.4 x 37.1 cm  
**MATERIALS** Kenari seed nutshells  
Mahogany wood  
**FEATURE** Powerful, crisp sound

## 3 BENDO CHIMES

**SIZE** 16.9" x 15" / 42.9 x 38.1 cm  
**MATERIALS** Bendo seed nutshells  
Mahogany wood  
**FEATURE** Clear, crisp sound

## 4 MIXED SEED CHIMES

**SIZE** 20.5" x 16.1" / 52.1 x 40.9 cm  
**MATERIALS** Kenari / Bendo / Pangi seed nutshells  
Mahogany wood  
**FEATURE** Powerful, crisp sound

## 5 KENARI MEDITATION CHIMES

**SIZE** 7.9" x 22.8" / 20.1 x 57.9 cm  
**MATERIALS** Kenari seed nutshells  
Mahogany wood  
**FEATURES** Powerful, crisp sound  
Flower of Life symbol  
Suspension ring

## 6 KENARI MEDITATION HAND CHIME

**SIZE** 7.9" x 15.4" / 20.1 x 39.1 cm  
**MATERIALS** Kenari seed nutshells  
Mahogany wood  
**FEATURES** Powerful, crisp sound  
Suspension ring

## 7 FLOWER OF LIFE KENARI CHIMES

**SIZES** **SKFOLS:** Small (19.7" / 50 cm)  
**SKFOLM:** Medium (23.6" / 59.9 cm)  
**SKFOLL:** Large (26.4" / 67.1 cm)  
**MATERIALS** Kenari seed nutshells  
Mahogany wood  
**FEATURES** Powerful, crisp sound  
Flower of Life symbol

## 8 PALA SHAKERS

**SIZES** **SPRL:** Large (13.7" / 34.8 cm)  
**SPRS:** Small (11" / 27.9 cm)  
**MATERIAL** Pala seed nutshells  
**FEATURE** Pleasant, smooth sound

## 9 KENARI SHAKERS

**SIZES** **SKRS:** Small (9" / 22.9 cm)  
**SKRL:** Large (12.6" / 32 cm)  
**MATERIAL** Kenari seed nutshells  
**FEATURE** Powerful, crisp sound



Small  
SPRS

Large  
SPRL

9

Small  
SKRS

Large  
SKRL

10

Small  
SBR

Large  
SBRL



SBRS



SPGRS



SPH



SKH



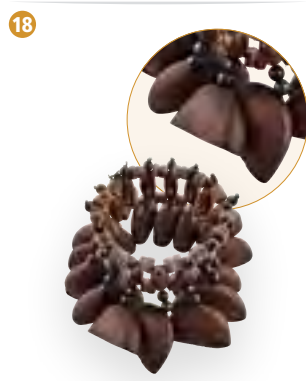
SBHA



SPB



SKB



SBB



**10 BENDO SHAKERS**  
SIZES **SBR:** Small (9.9" / 25.1 cm)  
**SBRL:** Large (13.8" / 35.1 cm)  
MATERIAL Bendo seed nutshells  
FEATURE Clear, crisp sound

**11 BENDO SHAKER**  
SIZE 8.3" / 21.1 cm  
MATERIAL Bendo seed nutshells  
FEATURE Clear, crisp sound

**12 PANGI SHAKER**  
SIZE 8.3" / 21.1 cm  
MATERIAL Pangli seed nutshells  
FEATURE Powerful, deep sound

**13 PALA ROD SHAKER**  
SIZE 9" / 22.9 cm  
MATERIAL Pala seed nutshells  
FEATURE Pleasant, smooth sound

**14 KENARI ROD SHAKER**  
SIZE 9" / 22.9 cm  
MATERIAL Kenari seed nutshells  
FEATURE Powerful, crisp sound

**15 BENDO ROD SHAKER**  
SIZE 9.5" / 24.1 cm  
MATERIAL Bendo seed nutshells  
FEATURE Clear, crisp sound

**16 PALA BRACELET**  
SIZE 3.7" x 2.4" / 9.4 x 6.1 cm  
MATERIAL Pala seed nutshells  
FEATURES Pleasant, smooth sound  
For the wrist or ankle

**17 KENARI BRACELET**  
SIZE 3.7" x 2.4" / 9.4 x 6.1 cm  
MATERIAL Kenari seed nutshells  
FEATURES Powerful, crisp sound  
For the wrist or ankle

**18 BENDO BRACELET**  
SIZE 5.1" x 2.4" / 13 x 6.1 cm  
MATERIAL Bendo seed nutshells  
FEATURES Clear, crisp sound  
For the wrist or ankle

# SOUND EFFECTS

**1** NEW



5 min  
RM1IRO

5 min  
RM1OAK

5 min  
RM1WAL

15 min  
RM2IRO

15 min  
RM2OAK

15 min  
RM2WAL

30 min  
RM3IRO

30 min  
RM3OAK

30 min  
RM3WAL



## **1** RAINMAKERS

**SIZES** RM1: 20.3" / 51.5 cm height;  
4.7" / 12 cm diameter

RM2: 24.6" / 62.5 cm height;  
6.3" / 16 cm diameter

RM3: 40" / 101.5 cm height;  
6.3" / 16 cm diameter

**MATERIALS** IRO: Iroko

OAK: Oak

WAL: American Walnut

**DURATION** RM1: ~5 min

RM2: ~15 min

RM3: ~30 min

**FEATURES** Soothing rain sound backdrop

Perfect for meditation, yoga, and sound  
baths

Elegant design

**FINISH** Oil-finished



# SOUND EFFECTS & DIDGERIDOOS



16.0"  
RS1S

24.0"  
RS1M

39.8"  
RS1L



Small  
TD-S

Large  
TD-L



47.2"  
DD1BK

Note E, 61.2"  
DDPROFPE

Note D, 73.2"  
DDPROFNTD



Note C, 25.3"  
DDPROFZC

Note D, 25.3"  
DDPROFZD



Note C, 19.7"  
DDPROFSC

Note D, 19.7"  
DDPROFSD

## 2 BAMBOO RAINSTICKS

**SIZES** RS1S: Small (16.0" / 40.6 cm)  
RS1M: Medium (24" / 61 cm)  
RS1L: Large (39.8" / 101.1 cm)

**MATERIAL** Bamboo  
**FEATURES** Lightweight; Dot-painted  
**COLOUR** Black

## 3 THUNDER DRUMS

**SIZES** TD-S: Small (7.48" / 19 cm)  
TD-L: Large (9.84" / 25 cm)

**MATERIAL** Synthetic body  
**FEATURES** Durable construction;  
Authentic thunder sounds

## 4 BAMBOO DIDGERIDOO

**SIZE** 47.2" / 119.9 cm  
**MATERIAL** Bamboo  
**FEATURE** Dot-painted  
**COLOUR** Black

## 5 SLICED PRO DIDGERIDOOS

**SIZES** DDPROFNTD: 73.2" / 185.9 cm  
DDPROFPE: 61.2" / 155.4 cm

**MATERIAL** Mahogany  
**TUNING** DDPROFNTD: D  
DDPROFPE: E  
**FEATURES** Screw mechanism to separate into  
two pieces  
DDPROFPE: Dot-painted

**INCLUDES** Bag  
**COLOURS** DDPROFNTD: Natural  
DDPROFPE: Black

## 6 Z-SHAPED PRO DIDGERIDOOS

**SIZE** 25.3" / 64.3 cm height; 6.3" / 16 cm width

**MATERIAL** Mahogany  
**TUNING** DDPROFZC: C  
DDPROFZD: D

**FEATURE** Z-shape offers full tone and volume  
at a compact size  
**COLOUR** Natural

## 7 S-SHAPED PRO DIDGERIDOOS

**SIZE** 19.7" / 50 cm height; 11" / 27.9 cm width

**MATERIAL** Mahogany  
**TUNING** DDPROFSC: C  
DDPROFSD: D

**FEATURE** S-shape offers full tone and volume  
at a compact size  
**COLOUR** Natural

# FIND YOUR OWN RHYTHM IN COMMUNITY

## The Magic of Drum Circles

Drum circles offer a unique space where individuals come together to connect through rhythm and sound. In these circles, the simple act of drumming transforms into something magical, as personal expression blends into a collective beat. It's a space where everyone, regardless of skill level, finds their rhythm and contributes to a shared musical journey.

Drum circles create an environment where the barriers between people dissolve, replaced by the pulse of the rhythm shared by all. Each beat becomes a conversation, a heartbeat of the community, where everyone has a voice, and every sound matters. In this sacred space, time seems to slow down, and participants often find themselves more deeply connected – to themselves, to others, and to something greater beyond words.

The experience can be both invigorating and deeply meditative, as the rhythms become a form of expression that taps into something primal. The simple, repetitive beats can help release stress, spark creativity, and allow participants to let go of inhibitions. There's no right or wrong in a drum circle – just the freedom to create, listen, and respond.

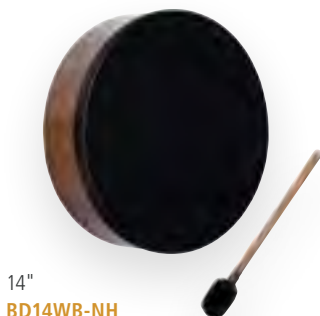
To fully experience the magic of a drum circle, it's important to enter with an open mind. Let go of any expectations, and allow yourself to actively listen to the rhythms around you. Rather than putting pressure on yourself to perform or play perfectly, focus on the joy of participating and connecting with others. The beauty of a drum circle lies in its spontaneity and collective energy – it's a space for everyone to simply enjoy, be present, and find their own rhythm within the community.





# FRAME DRUMS

1



14"  
BD14WB-NH



16"  
BD16WB-NH



18"  
BD18WB-NH



2



14"  
RD14DWB-SH



16"  
RD16DWB-SH



18"  
RD18DWB-SH



20"  
RD20DWB-SH



22"  
RD22DWB-SH



14"  
RD14WB



16"  
RD16WB



18"  
RD18WB



20"  
RD20WB



22"  
RD22WB

**Notice:** Our Sonic Energy Frame Drums are natural products, different skin textures may occur.

## 1 BODHRAN DRUMS

- SIZES** **BD14:** 14", 4" deep  
**BD16:** 16", 4" deep  
**BD18:** 18", 4" deep
- MATERIALS** Poplar Wood (*Populus*) frame  
Napa head
- FEATURES** Warm and powerful sound  
Wooden cross bar for perfect grip
- INCLUDES** Mallet
- COLOUR** **WB:** Walnut Brown

## 2 RITUAL DRUMS

- SIZES** **RD14:** 14", 3.5" deep  
**RD16:** 16", 3.5" deep  
**RD18:** 18", 3.5" deep  
**RD20:** 20", 3.5" deep  
**RD22:** 22", 3.5" deep
- MATERIALS** **DWB-SH:** Poplar Wood (*Populus*) frame  
True Feel synthetic head  
**WB:** Poplar Wood (*Populus*) frame  
Goat head
- FEATURES** Warm and powerful sound  
Cord cross for perfect grip  
**DWB-SH:** Moon phases symbol
- INCLUDES** Mallet
- COLOURS** **DWB:** Dark Walnut Brown  
**WB:** Walnut Brown





# FRAME DRUMS

1



Endless Knot, 15"  
HOD15-EK



Flower of Life, 15"  
HOD15-FOL



Triskele, 15"  
HOD15-TR



Venus Flower, 15"  
HOD15-VF



Tree of Life, 15"  
HOD15-TOL

2



Endless Knot, 16"  
HD16WB-EK



Flower of Life, 16"  
HD16WB-FOL



Triskele, 16"  
HD16WB-TR



Venus Flower, 16"  
HD16WB-VF



Tree of Life, 16"  
HD16WB-TOL

## 1 HOOP DRUMS

- SIZE** 15", 3.2" deep  
**MATERIALS** Hand-selected buffalo head  
 Nylon lacing and grip  
**FEATURES** Crisp and powerful sound;  
 Adjustable hand grip  
**INCLUDES** Leather-padded wooden beater  
**SYMBOLS** **EK:** Endless Knot  
**FOL:** Flower of Life  
**TOL:** Tree of Life  
**TR:** Triskele  
**VF:** Venus Flower

## 2 DESIGNED HAND DRUMS

- SIZE** 16", 2.5" deep  
**MATERIALS** Siam Oak (*Hevea brasiliensis*  
 Muell.-Arg.) frame  
 Hand-selected goat head  
**FEATURES** Warm, rich and resonating tones;  
 Comfortable grip  
**SYMBOLS** **EK:** Endless Knot  
**FOL:** Flower of Life  
**TOL:** Tree of Life  
**TR:** Triskele  
**VF:** Venus Flower  
**COLOUR** **WB:** Walnut Brown





16"  
HD16WB

18"  
HD18WB

20"  
HD20WB



16"  
HD16WB-WH

18"  
HD18WB-WH



16"  
WD16FOL



16"  
WD16WB-WH



16"  
WD16WB

18"  
WD18WB

20"  
WD20WB

22"  
WD22WB

### 3 HAND DRUMS

**SIZES** **HD16:** 16", 2.5" deep  
**HD18:** 18", 2.5" deep  
**HD20:** 20", 2.5" deep

**MATERIALS** Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame  
Hand-selected goat head

**FEATURES** Comfortable grip; Warm, rich and resonating tones

**COLOUR** **WB:** Walnut Brown

### 4 WOVEN SYNTHETIC HEAD HAND DRUMS

**SIZES** **HD16:** 16", 2.5" deep  
**HD18:** 18", 2.5" deep

**MATERIALS** Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame  
Woven synthetic head

**FEATURES** Vegan; Comfortable grip; Durable, synthetic head; Rich and resonating tones

**COLOUR** **WB:** Walnut Brown

### 5 FLOWER OF LIFE WAVE DRUM

**SIZE** 16", 2.5" deep

**MATERIALS** Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame  
Two hand-selected goat heads  
Amaranth and glass beads

**FEATURES** Soft, soothing sound; Sealable filling port allows you to control the amount of beads inside

**SYMBOL** **FOL:** Flower of Life

### 6 WOVEN & SYNTHETIC HEAD WAVE DRUM

**SIZE** 16", 2.5" deep

**MATERIALS** Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame  
Woven head and synthetic head  
Glass and metal beads

**FEATURES** Vegan; Medium loud, soothing sound; Sealable filling port allows you to control the amount of beads inside

### 7 WAVE DRUMS

**SIZES** **WD16:** 16", 2.5" deep  
**WD18:** 18", 2.5" deep  
**WD20:** 20", 2.5" deep  
**WD22:** 22", 2.5" deep

**MATERIALS** Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame  
Hand-selected goat head and synthetic head  
Mixed metal beads

**FEATURES** Strong, soothing sound; Sealable filling port allows you to control the amount of beads inside

**COLOUR** **WB:** Walnut Brown



# SONIC ENERGY ONLINE





### ENHANCING WELLNESS – NOT A MEDICAL ALTERNATIVE

Some of our products are mainly used to strengthen the self-healing process and to find and release energetic blockages. With the correctly applied product, physical and psychological well-being often can be increased, but not guaranteed.

Please note that sound work can be a supportive practice for a lot of processes, but it is important to recognize that it is not a medical alternative. Every individual is unique, and what works for one person may not work for another.

The use of our products is in no case a substitute for a medical or psychotherapeutic treatment or diagnosis. Contact your health-care provider immediately if you suspect that you have a medical problem.

Our instruments are great tools to support your meditation and getting into a relaxed state.

## DISCLAIMER

All features are subject to change without notice. Not responsible for typographic errors. No part of this book may be reprinted, reproduced, or included in any online service in any form in whole or in part, without the prior permission of Meinl.

© 2025 Roland Meinl Musikinstrumente GmbH & Co. KG

### ADVERTISING CONCEPT & DESIGN

ercas GmbH & Co. KG [ercasdieagentur.de]

### CONTENT & DIRECTION

Elisa Kress, Jim Busch

### COPYWRITING

Elisa Kress, Jim Busch

### PHOTOGRAPHY

Christian Habermeier, Sebastian Jäger, Angelika Jakobs [studio-waldeck.de]

Tobias Winklmann, Yannick Steinicke, Danny Lucenara, Manuel Burdeus Mendoza

Lucia Nosko (22), Fernanda Nigro (53), Francesco Fasanaro (53), Kevin Schlatt Photography (74), Bansbach Instrumentos Musicales (75)

Adobe Stock: ANEK (01), jozefklopacka (02-03), Kanokpol (04-05), zinkevych (04-05), 220 Selfmade studio (23), Wiktoria Matynia (22-23), olly (40), Obee (47), hary\_cz (62), The Little Hut (66), cac\_tus (67), SDzoh (67), Leli (70)

### LITHOGRAPHY

Sven Mihm [mihm-werbung.de]

### GLOBAL HEADQUARTERS

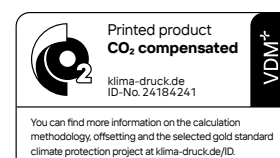
Roland Meinl Musikinstrumente GmbH & Co. KG  
Musik-Meinl-Straße 1  
91468 Gutenstetten  
Germany

### US HEADQUARTERS

Meinl USA L.C.  
3427 Ambrose Avenue  
Nashville, TN 37207  
USA

This catalogue has been printed on climate neutral paper.

Printed in Germany S-CA201024





SE-CATALOG25

